

GRANDE PRAIRIE REGIONAL COLLEGE
EARLY CHILDHOOD DEVELOPMENT PROGRAM

CD2080
PERSONAL DEVELOPMENT II

Semester: Winter 2005-2006
Credits: 2
Hours: 30
Dates: Jan. 4 – Feb. 17
Days and Tuesdays & Thursdays
Times: 1:00-2:50
Location: Portable J and on-line delivery
Instructor: Karen Kennedy
Phone: 539-2040
e-mail: kkennedy@gprc.ab.ca
Office: H133
Office hours: posted or by appointment

COURSE DESCRIPTION: This course explores the interrelationship between self-concept, self-awareness and effective communication. Concepts relating to group dynamics will be explored and skills in working with groups will be developed. Strategies for recognizing and dealing with stress and conflict will be examined.

PREREQUISITES: Successful completion of the first year of the Early Childhood Development program or permission of the department.

TEXT: The required course materials will be provided by the ECD program. Access to a computer is essential.

OBJECTIVES: Upon completion of this course, you should be able to:

- discuss the relationship between self-concept and interpersonal relationships
- discuss the influence of self-disclosure in forming and maintaining effective interpersonal relationships
- describe the influences of stress on job performance and personal well-being
- describe strategies to effectively manage stress
- demonstrate skills in identifying and resolving conflict in the workplace
- demonstrate skills in working effectively with others in a group

TEACHING METHODS: This course will be delivered using a combination of on-line course materials and face-face tutorials.

GRADING POLICY: A final grade of D (1.0) must be obtained in order to pass this course. The final grade is based on: Assignments (90%) Attendance/Participation (10%)

Assignments and final grades will be based on the following 4-point grading system:

| Alpha Grade | 4-point equivalence | Percentage |
|-------------|---------------------|------------|
| A+ | 4.0 | 90 - 100 |
| A | 4.0 | 85 - 89 |
| A- | 3.7 | 80 - 84 |
| B+ | 3.3 | 76 - 79 |
| B | 3.0 | 73 - 75 |
| B- | 2.7 | 70 - 72 |
| C+ | 2.3 | 67 - 69 |
| C | 2.0 | 64 - 66 |
| C- | 1.7 | 60 - 63 |
| D+ | 1.3 | 55 - 59 |
| D | 1.0 | 50 - 54 |
| F | 0.0 | 0 - 49 |

CLASS POLICIES:

It is the right of the student and of the instructor to a favorable learning/teaching environment. It is the responsibility of the student and the instructor to engage in appropriate adult behaviors that positively support learning. This includes, but is not limited to, treating others with dignity and respect.

You should be familiar with the ECD student handbook and students' rights and responsibilities described in the College calendar.

- Regular attendance and active class participation help you understand the content and be a successful student. Absence from 20% and over of the class hours will result in a grade of 0 for attendance.
- Active participation in class is required.
- Assignments are due in-class or before 4:30 on the assignment due date. Points will be deducted for late assignments (initial 5% deduction and 1%/per day including weekends) and assignments will be graded '0' after 10 days late.
- All work should be typewritten (or neatly handwritten in dark ink) double-spaced, and single-sided. Points will be deducted for spelling and grammatical errors and when the work does not meet the assignment submission guidelines described in the ECD handbook. Significant errors will require the work to be resubmitted.
- Graded assignments will normally be returned within two weeks.
- Changes to the course outline will be discussed with you in class.