

**GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS & KINESIOLOGY**

DANCE 1000: THE SPECTRUM OF DANCE IN SOCIETY

**COURSE OUTLINE
FALL 2009**

INSTRUCTOR: Beth Goldie
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CLASS SCHEDULE AND LOCATION:

LECTURES: (The whole class for all of these times!)
Mondays: 10:00 am – 10:50 am Gym
Wednesdays: 10:00 am – 10:50 am B202
LABS (split class): Tuesdays L2: 11:30 am – 1:20 pm Gym
Thursdays L1: 11:30 am – 1:20 pm Gym

TRANSFERABILITY: DANCE 200 (3) – University of Alberta
DCED 243 (3) – University of Calgary
PHAC 1xxx (1.5) – University of Lethbridge

COURSE DESCRIPTION:

This course covers the theory and practice of dance as a human physical activity. The focus will be on the aesthetic, expressive, rhythmical dimensions of movement in a culture's artistic and social life. The study will include movement content, techniques, improvisation and composition in a variety of dance forms including modern/creative, social/ballroom, jazz, and folk.

COURSE OBJECTIVES:

To experience, understand, and appreciate:

- a. a variety of dance forms fundamental to the field of dance in today's world,
- b. the roles of dance in society: as a performing art, as a recreational, social, and therapeutic activity, as an educational endeavor, and as a reflection of a culture,
- c. the unique contribution that dance can make to the study of physical education and sport,
- d. human physical activity as an aesthetic, expressive, rhythmic endeavor,
- e. the movement content of dance and relationships of content, technique, and improvisation to dance composition.

COURSE TEXT: Ambrosio, N. (2009). *Learning about dance: dance as an art form and entertainment (6th Ed.)*. Dubuque, Iowa: Kendall/Hunt Publishing Company.

(If you can get a hold of used 3rd or 4th or 5th editions, they will do as well!)

2.

COURSE CONTENT:

Labs: Labs will be practical experiences requiring participation, performance, and creativity in four areas of dance: Folk, Jazz, Modern/Creative, and Social/Ballroom. *Lab schedule attached.*

Lectures: September 9 Introduction
(Wednesday) *Complete lecture schedule to follow.*

October 14 Midterm Exam

THE FINAL EXAM WILL BE GIVEN DURING EXAM WEEK.

ATTENDANCE:

- a.) This course is a participation process. You are expected to participate in **ALL** scheduled classes and labs. Your active involvement **is** the course experience. Make-up lab opportunities are not possible.
- b.) Should medical emergency reasons make attendance impossible, please bring a statement from your doctor to the next class. Late assignments will receive a deduction of 20% per day late. Missed exams (written and practical) will receive a grade of zero unless a proven emergency is accepted by the instructor, at which time the student may write an alternate exam with a 20% per day late deduction.
- c.) If intercollegiate events necessitate your being away from class, consult with your instructor well in advance. Alternate assignments may be required to ensure that you receive full benefit from your program.
- d.) An inordinate number of absences (10% or 5 classes/labs) may be reason for denial of permission to write the final exam. This is our department policy. (Also see the Regulations and Policies section of the GPRC calendar.)
- e.) Attendance will be checked in all classes and labs. A student who is present in a lab but unable to participate actively may be given in-class assignments in order to qualify for attendance.
- f.) If a student is injured prior to the withdrawal deadline and the injury will preclude participation in the labs for a period of more than one week, that student may be required to withdraw from the course.

DRESS: Appropriate apparel for each activity class is expected. As members in the profession of Physical Education, your clean and well-groomed appearance is a necessity. Avoid tight non-stretch clothing like jeans or jean shorts. Also avoid baggy clothing that interferes with proper evaluation of your movements. Suggested clothing is as follows: T-shirts and shorts, or slim-fitting stretch pants, track or gymnastics pants, running or cycling shorts, or dance leotards, unitards, or tights. Required footwear – bare feet for the Modern dance section and jazz oxfords or slippers for all other sections although appropriate dress shoes may be worn for the social dance section. (Get map from Bethe for the location of Stitch & Dance where you may buy your dance slippers for a 20% discount if you show your GPRC ID card.)

3.

EVALUATION:	Folk Dance	10%
	Modern Dance(5+15)	20%
	Jazz Dance	15%
	Critique	5%
	Social Dance	15%
	Midterm Written	15%
	Final Written	<u>20%</u>
		100%

Grading will follow these GPRC approved guidelines as closely as possible:

<u>Alpha Grade</u>	<u>4-pt Equivalent</u>	<u>Designation</u>
A+	4.0	Excellent
A	4.0	Excellent
A-	3.7	First Class Standing
B+	3.3	First Class Standing
B	3.0	Good
B-	2.7	Good
C+	2.3	Satisfactory
C	2.0	Satisfactory
C-	1.7	Satisfactory
D+	1.3	Poor
D	1.0	Minimal Pass
F	0.0	Fail

You are encouraged to buy a blank CD to hand in to the instructor for burning of music used in practical testing.

Folk Dance: Students will be required to perform 2 folk dances of contrasting styles taught in class.

Modern Dance: Two assignments will be given. The first, worth 5%, will be an in-class duet performed in the same class as assigned. The second, for 15%, will be a dance choreographed and performed by the student individually.

Jazz Dance: Student groups will perform a jazz dance sequence learned in class with a portion of their own included. Emphasis will be on technical presentation, choreography, and group cohesion.

Social Dance: Students will be required to perform three dances, as given in class, with a partner of their choice.

YOU MAY USE THIS SPACE TO KEEP TRACK OF YOUR MARKS THROUGHOUT THE TERM:

Folk Dance	/10
Modern Dance(5+15)	/20
Jazz Dance	/15
Critique	/5
Social Dance	/15
Midterm Written	/15
Final Written	<u>/20</u>
	/100

DA 1000 LAB SCHEDULE – FALL 2009

MONDAYS (all in the gym)
(10:00 – 10:50 am)

TUESDAYS/THURSDAYS (labs in the gym)
(11:30 am – 1:20 pm)

SEPTEMBER

7 Intro & Locomotor and
Axial Movement, Stretching
14 Folk Dance
21 Folk Dance – practice
28 Intro to Modern Dance

8/10 Folk Dance
15/17 Folk Dance (Test dances)
22/24 **Folk Dance – TESTING**
29/Oct. 1 Modern Dance

OCTOBER

5 Modern Dance
12 NO CLASS (Thanksgiving)
19 Hip Hop
26 Jazz Intro

6/8 Modern Dance
13/15 Modern Dance
20/22 **Modern Dance – TESTING**
27/29 Jazz Routine

NOVEMBER

2 Jazz Routine
9 **Jazz Dance – TESTING**
16 Social Dance
23 Social Dance
30 Social Dance

3/5 Jazz Routine
10/12 Intro to Social Dance
17/19 Social Dance
24/26 Social Dance

DECEMBER

1/3 Social Dance-practice on your own

7 **Social Dance - TESTING**