

## DEPARTMENT OF NURSING EDUCATION & HEALTH STUDIES

### COURSE OUTLINE – Winter 2023

#### HC1080 AC1/AC2: HCA Clinical Placement Experience II 5 (0-0-40) 160Hours/4Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTORS:**

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**OFFICE HOURS:**

By Appointment

**CALENDAR DESCRIPTION: 5 (0-0-40) 160Hours/4Weeks**

Under the direction of a regulated health-care professional, learners will work in a health-care setting such as continuing care or acute care, providing person-centred care and support for clients and their families.

**PREREQUISITE(S)/COREQUISITE:**

HC1010, HC1020, HC1030, HC1040, HC1050, HC1060 & HC1070

**REQUIRED TEXT/RESOURCE MATERIALS:**

Alberta Government. (2018, April). *Alberta health care aide competency profile*. Retrieved November 9, 2021, from <https://open.alberta.ca/publications/9781460137253>  
Wilk, M. (2022). *Sorrentino's Canadian clinical skills: Skills for personal support workers*. <https://evolve.elsevier.com>

Wilk, M. (2022). *Sorrentino's Canadian textbook for the support worker* (5th ed.). Elsevier Inc.

Wilk, M., & Sekhon, N. (2022). *Workbook to accompany Sorrentino's Canadian textbook for the support worker* (5th ed.). Elsevier Inc.

Post-secondary institutions may also want to supplement the curriculum with other resources. There are many open resources that have valuable information for developing learning activities

**Note:** Use only the video clips from *Sorrentino's Canadian Textbook for the Support Worker* series (except where indicated) that are referenced in the Learner Guide, as the video clips that are not referenced may have practices that are not taught in the HCA Curriculum.

## **RECOMMENDED TEXTBOOKS**

Murray, L. (2014). *Integrating a Palliative Approach: Essentials for Personal Support Workers*. Saanichton, BC, Canada: Life and Death Matters.

## **ADDITIONAL HCA PROVINCIAL CURRICULUM COURSE RESOURCES**

Nearly all of the courses in the HCA I Curriculum have “references” at the end of each module with direct links for resources that can be accessed by learners or instructors. It is not the role of this Instructor Guide to monitor the accessibility of the website links listed in the references for each course.

If instructors have the Internet available in the classroom, they may wish to link directly to some of the listed references. Learners who have access to the Internet may wish to do further research as a learning enhancement activity. For these learners, it is important that the “source” of the information be obtained.

College libraries have many resources and librarians who can possibly help with journal articles or appropriate audio-visual materials.

There are many federal and provincial government-sponsored websites with current information related to the services provided by HCAs:

- Health Canada
- Government of Alberta
- Alberta Health Services
- Alberta Seniors and Community Supports
- Alberta Continuing Care Association
- Food Safe Alberta

## **DELIVERY MODE(S):**

In-Person. Dates and locations of the onsite components can be found on MyClass.

## **COURSE OBJECTIVES:**

1. Apply the knowledge of the roles and responsibilities of the HCA to provide safe, compassionate, and competent person-centred care in the health-care setting.
2. Demonstrate professional and effective communication and conflict management skills when appropriate with the collaborative care team in the clinical setting.
3. Apply the principles of documentation according to evidence-informed practices and employer policies and procedures using information technology (electronic records and charting) when applicable in the clinical setting.
4. Develop helping relationships, determine and maintain professional boundaries when providing person-centred care in the clinical setting.

5. Apply the principles of privacy and confidentiality and communication strategies specific to diverse clients of different cultural backgrounds and to clients displaying responsive behaviours.
6. Apply knowledge in growth and development, structure and function of the human body, and chronic illness when implementing the client's care plan.
7. Demonstrate skills required within the HCA role to provide holistic care to the client with various health needs in their activities of daily living using evidence-informed practices.
8. Demonstrate time management strategies, organization of care, and situations for decision-making and problem solving within the role of the HCA.
9. Recognize, respond, and report safety hazards and use government legislation, employer policies and procedures, and evidence-informed practices to promote client, self, and environment safety.
10. Utilize professional feedback and demonstrate self-reflection to implement changes to show improvement within the HCA competency profile.

### **LEARNING OUTCOMES:**

1. Incorporate knowledge of growth and development and of structure and function of the human body when providing person-centred care.
2. Demonstrate effective time management, decision-making, and problem-solving skills (e.g., prioritization).
3. Demonstrate the role of HCA within the health-care system in these areas.
  - a. Applying legislative knowledge governing the HCA
  - b. Completing daily care plans
  - c. Providing person-centred care
4. Demonstrate collaboration when working within the collaborative care team to provide person-centred care.
5. Demonstrate evidence-informed principles associated with meeting the client's care needs and practices including assisting with activities of daily living and complex skills.
  - a. Range of motion
  - b. Skin care
  - c. Wound care
  - d. Nasogastric/gastrostomy tube feeds
  - e. Urinary catheters and drainage systems
  - f. Measuring vital signs, pain, height/weight
  - g. Specimen collection
  - h. Ostomy care
  - i. Respiratory care including oral suctioning
  - j. Medication assistance
6. Maintain the skills required to meet the client's:
  - a. Nutritional needs
  - b. Bathing needs
  - c. Mobility needs
  - d. Elimination needs
  - e. Personal hygiene and grooming
  - f. Bed making
7. Demonstrate effective, assertive communication strategies when:
  - a. Providing collaborative person-centred client care
  - b. Using telephone communication
  - c. Using electronic forms of communication (e.g., email)
  - d. Reporting to members of the collaborative care team, including regulated health-care professionals
8. Implement effective communication strategies in specialized situations.

- a. Speech and language disorders
- b. Mental health and addictions
- c. (D) Dementia
- d. (P&E) End-of-life care
- e. (CCD) Cultural diversity
- 9. Demonstrate accurate legal documentation in client records by using:
  - a. Approved legal abbreviations
  - b. (IT) Information technology (digital literacy)
- 10. Demonstrate confidentiality in all interactions.
- 11. Implement safety practices in providing person-centred care through the use of the following.
  - a. Proper body mechanics
  - b. Positioning and transfer aids
  - c. Restraints
  - d. Appropriate client handling and transfers
  - e. Safe operation of mechanical lifts and other health equipment
  - f. Infection control practices (hand hygiene and cleaning personal protective equipment and other equipment)
  - g. Environmental safety (WHIMIS)
- 12. Respond to and report safety hazards to the appropriate member(s) of the collaborative care team.
- 13. (PD) Demonstrate professional growth through self-reflection.
  - a. Accept and incorporate constructive feedback.
  - b. Compare self to HCA competencies

**EVALUATIONS: Pass/Fail**

<b>Evaluation</b>	<b>Value</b>	<b>Date</b>
<b>Midterm Evaluation</b>	Met/Unmet Expectations	March 31,2023
<b>Final Evaluation</b>	Met/Unmet Expectations	April 14, 2023
<b>CARE Approach Assignment</b>	Complete/Incomplete	April 1, 2023
<b>Clinical Reflection Assignment</b>	Complete/Incomplete	April 15, 2023

This course follows the Health Care Aid Provincial Curriculum Program Standards and Policies developed by the Government of Alberta.

**LECTURES AND LABS:**

Attendance at all lectures and labs is expected prior to clinical sessions. Absences from any lecture, or lab will jeopardize overall performance.

## **ATTENDANCE AND PARTICIPATION(CLINICAL):**

By the end of each clinical, students are responsible to demonstrate beginning proficiency and competence with each of the skills offered in this course. Attendance at all clinical dates is required and students are responsible to consult with the Instructor to make up for missed days. To develop proficiency and psychomotor expertise students are encouraged to practice at home or during regularly schedule practice labs.

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**

Refer to the HC1080 MyClass site for the course calendar and course schedule/ tentative timeline.

## **STUDENT RESPONSIBILITIES:**

Refer to the College Policy on Student Rights and Responsibilities at:

[www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES](http://www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES)

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the GPRC Department of Nursing Education & Health Studies Student Handbook on MyClass.

## **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.nwpolytech.ca/about/administration/policies/index.html>

\*\*Note: all Academic and Administrative policies are available on the same page.