



Chapter Faculty of Nursing Undergraduate Programs
BScN COLLABORATIVE PROGRAM
Grande Prairie Regional College,
University of Alberta, Keyano College,
Red Deer College,
BScN HONOURS PROGRAM
BScN AFTER DEGREE PROGRAM
BScN BILINGUAL PROGRAM
RPN TO BScN PROGRAM

Course Outline

NS1240 (A3/B3)

Foundations in Nursing 1 – 3 (3-0-0) 45 hours 15 weeks

Winter 2021

INSTRUCTORS:	
Janice King	Email: jaking@gprc.ab.ca
Bonny Townsend	Email: btownsend@gprc.ab.ca

Office Hours: By appointment on Zoom.

Note: Students are expected to familiarize themselves with this course outline, the GPRC Nursing Student Handbook, and the myClass Site.

NS1240 FOUNDATIONS OF NURSING 1

WINTER 2021 DELIVERY:

Remote Delivery. This course is delivered remotely. There are no face-to-face or onsite requirements. Students must have a computer with a webcam and reliable internet connection. Technological support is available through helpdesk@gprc.ab.ca

Note: GPRC reserves the right to change the course delivery.

CALENDAR DESCRIPTION:

NS1240 Foundations of Nursing 1

★3 (fi 6) (first term, 3-0-0). The course explores the meanings of health and healing. It highlights the diversity of beliefs, values, and perceptions of health. The course introduces the Canadian Health Care System, conceptual frameworks of health promotion, determinants of health, disease and injury prevention, and primary health care. The focus is on the nurse/client relationship in a relational practice context.

Prerequisites: NS1500 and NS1205

Co-requisites: MI1330 and NS1250

Notes: Available only to Nursing students

COURSE HOURS:

Lecture: 3 hours/week

Seminar: 0

Lab:0

COURSE OBJECTIVES:

Upon completion of this course, the student must be able to:

1. Examine the meanings and breadth of health, healing and illness
2. Explore theoretical and foundational concepts that inform nursing practice when working with clients across the lifespan.
3. Distinguish diversity of beliefs, values and perceptions of health (culture)
4. Explore the Canadian healthcare system, health promotion, illness and injury prevention and primary health care
5. Appreciate relational practice across the lifespan in varying health care contexts

WEEKLY CONCEPTS COVERED IN NS1240:

- 1) Professional Identity (Nursing Theories and Nursing Process)
- 2) Health and Health Promotion (Groups & Harm Reduction)
- 3) Caregiving
- 4) Healthcare Delivery
- 5) Development
- 6) Family Dynamics

- 7) READING BREAK
- 8) MIDTERM
- 9) Functional Ability
- 10) Patient Education
- 11) Sexuality
- 12) Clinical Judgment
- 13) Health Care Economics
- 14) Leadership

REQUIRED TEXTBOOKS: (*All previously required in NS1205 except How to Nurse):

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2018). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.

*Doane, G.H. & Varcoe, C. (2015). *How to nurse*. (1st ed.). Philadelphia, PA: Wolters Kluwer/Lippincott, Williams & Wilkins.

Giddens, J. F. (2017). *Concepts for nursing practice* (2nd ed.). St. Louis, MI: Elsevier.

(Note: Foundations textbooks will be used as references throughout the program. Please retain your copies, as they will be required resources in future courses).

REQUIRED RESOURCES:

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Retrieved from <https://www.cna-aiic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive.pdf?la=en>

College and Association of Registered Nurses of Alberta. (2011). *Primary health care: Vision, roles, and opportunities*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5_14

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn_professional-boundaries.pdf?sfvrsn=cc43bb24_16

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses*. Edmonton: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/practice-standards-for-regulated-members.pdf?sfvrsn=d4893bb4_12

College and Association of Registered Nurses of Alberta. (2019). *Entry-Level Competencies for the Practice of Registered Nurses*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a_12

COURSE EVALUATION:

ASSIGNMENT/COURSE COMPONENT	DATES	WEIGHTING
1) Forum Postings / Participation	Fridays at 1600h	15%
2) Midterm Exam	February, 23rd	30%
3) Scholarly Paper	March, 23rd	20%
4) Final Exam	TBD	35%

It is expected that **ALL** assignments must be completed to obtain credit in the course.

Assignments are expected to be passed in at the time and place they are due. Extensions may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions. Consent should be in writing.

A penalty of one letter grade for each calendar day that an assignment is submitted after the due date will be deducted from the final mark. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. When submitting **electronically**, it is the **student's** responsibility to ensure the assignment has been received.

ASSIGNMENT DESCRIPTIONS:

1) Forum Postings / Participation : Due Fridays in the Discussion Forum by 1600 hrs.

The forum postings provide students with opportunities to develop reflection skills, critical thinking and application of nursing knowledge skills.

Each week there will be an “in reflection” question posted to the forum. Students will post a response to the question related to the weekly concept in the discussion forum. Full marks will be given for excellent quality responses to all forum questions. Posts will demonstrate critical thinking and insightful application of nursing knowledge.

2) Scholarly Paper: Due date: March 23rd

Students will write a scholarly paper discussing health considerations and health promotion strategies that a nurse could implement for the Clarence and Jenny exemplar found on myClass. The student will choose 2 concepts found on the concept list for NS1240 and will apply each to the Clarence and Jenny exemplar found on myClass.

A. Writing Process:

- a. Students will identify two concepts from the concept list in NS1240 they wish to apply to the Clarence and Jenny exemplar.
- b. Using peer reviewed articles students will write a four-page paper discussing health considerations / health promotion strategies related to older adults in relation to each of the two chosen concepts. The paper will include how the nurse could promote health for Clarence and Jenny in relation to the two chosen concepts. The title page and reference page are not included in the page limit. Peer reviewed articles should be within the last five years.

B. Writing requirements:

- **APA 7th** edition throughout the document
- **Title Page:** Note: Please use your name.
- **Abstract and Author's note: None required for this assignment**
- **Introduction**
 - Background related to the topic to provide a context for the reader
 - Statement of aim/purpose of paper and how paper will unfold
 - Thesis statement
- **Body of Paper**
 - The main body of your paper should include discussion related to the concepts you have chosen. General statements are supported with specific details **from scholarly sources** that further your point. Paragraphs are crafted to support and **extend your own ideas**.
 - Use professional literature to explore and support your ideas.
- **Conclusion**
 - Bring together what you have discussed as it relates to your thesis statement.
 - Summarize key points and provide a concluding statement
- **References**
 - Complete list of references for each source cited in your paper in APA style.

3) Midterm Exam: February 23rd

Multiple choice exam assessing concepts in the first six weeks of the course. The midterm exam will be completed within a scheduled class time.

4) Final Exam: During Final Exam Week – TBA

Multiple choice exam assessing concepts from the entire course. Date, time, and location of the final examination is scheduled by the Office of the Registrar in accordance with Grande Prairie Regional College Calendar and will be available on MyGPRC.

Exams are supervised on Zoom and may utilize Lock Down Browser and/or Respondus to protect the integrity of the exam.

Deferred final examinations may be granted when an examination has been missed or interrupted because of illness, or a conflict with religious beliefs. In the case of illness (physical, mental or emotional), medical documentation will normally be required. See page 42 of the 2019/2020 GPRC calendar for further information.

GRADING CRITERIA:

Please note that a grade less than C+ is not accepted for transfer to the U of A for NURS124. A minimum grade of C+ is required to receive credit in NS1240.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B⁻	2.7	70 – 72	
C⁺	2.3	67 – 69	MINIMAL PASS
C	2.0	63 – 66	CREDIT NOT GRANTED FOR PROGRESSION IN BScN PROGRAM
C⁻	1.7	60 – 62	
D⁺	1.3	55 – 59	
D	1.0	50-54	
F	0.0	0-49	FAIL
WF	0.0	0	Fail - Withdrawal after Deadline

The assignments are marked as raw scores according to the percentage weight assigned to each. The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below. The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Refer to the NS1240 myClass page for the Course Calendar.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

As per the GPRC Course Calendar a grade of C+ is the minimum passing grade for the following courses: NS1500, NS1205, NS1160, NS1240, NS1250, MI1330, NS2200, NS2160. A grade of C- is the minimum passing grade for all other Nursing courses in the program. For promotion from year to year in the program and for graduation, students must have successfully completed all the required Nursing and non-Nursing courses of the previous year.

POLICY STATEMENTS:

The course outline acts as an agreement between the student and instructor of this class regarding the details of the course.

Policy about course outlines can be found under the Course Requirements, Evaluation Procedures and Grading in the Grande Prairie Regional College Calendar 2019-2020.

Grande Prairie Regional College is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the College in this respect. Students are urged to familiarize themselves with the provisions of Student Rights and Responsibilities and the Student Misconduct: Academic and Non-Academic and avoid any behaviour which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offense and can result in suspension or expulsion from the College.

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with prior written consent of the instructor or as part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to

be used or distributed for any other purpose without prior written consent from the content author(s).

STUDENT RESPONSIBILITIES: Refer to the College Policy on Student Rights and Responsibilities at: www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the GPRC Department of Nursing Education & Health Studies Student Handbook on myClass.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

**Note: all Academic and Administrative policies are available on the same page.

