GPRC

UNIVERSITY OF ALBERTA
FACULTY OF NURSING

Faculty of Nursing Undergraduate Programs
BScN COLLABORATIVE PROGRAM
Grande Prairie Regional College,
University of Alberta, Keyano College,
Red Deer College,

Course Outline

NS1250 (A3/B3) Revised March 30th, 2020

Nursing Practice – Health Assessment & Nursing Process

Winter 2020

Section A3 Section L1/L5:	Monday 1200 - 1530 L1 Tuesdays 1130-1420/L5 Thursdays 1430 - 1620		
Lecture/Lab INSTRUCTOR:	Teresa Evans		
PHONE:	780-539-2805		
OFFICE:	H201		
	Office hours by appointment only		
EMAIL:	tevans@gprc.ab.ca		
Section L2/L3:	L2 Tuesdays 1430-1620 L3 Mondays 1430 - 1620		
LAB INSTRUCTOR:	Bonnie Hessler MN, RN		
PHONE:	780-539-2757		
OFFICE:	H202		
	Office hours by appointment only		
EMAIL:	bhessler@gprc.ab.ca		
Section B3 Section L6:	Monday 1200 - 1530 L6 Thursdays 1430 - 1620		
Lecture/Lab INSTRUCTOR:	Jim Wohlgemuth		
PHONE:	780-539-2709		
OFFICE:	L223		
	Office hours by appointment only		
EMAIL:	jwohlgemuth@gprc.ab.ca		

Note: Students will familiarize themselves with this course outline, the GPRC Nursing Student Handbook and the Moodle Site.

CALENDAR STATEMENT

NS1250 4 (2-0-2) 75 Hours 15 Weeks

Nursing Practice – Health Assessment & Nursing Process
The focus is on the health assessment of the adult and expected health assessment findings throughout the lifespan. The course provides a beginning foundation of the nursing process as framework for developing assessment skills and use of clinical technologies necessary for determining client health status and provision of care. Course includes 15 clinical hours total.

Prerequisites: NS1500 and NS1205
Corequisites: MI1330 and NS1240
Note: Available only to Nursing students.

COURSE HOURS/DELIVERY MODE(S)

All lecture and lab hours are face-to-face, supported by Moodle an online learning system. Clinical hours occur with an instructor present on the floor with the student.

Lecture: 2 hours/week   Lab: 2 hours/week   Clinical: 15 hours over 13 weeks

COURSE OBJECTIVES

Upon completion of this course, the student must be able to:

1. Understand the role of health assessment in nursing practice and patient care in all settings.
2. Develop and demonstrate the relationship of health assessment and assessment skills in the nursing process through understanding of subjective and objective data collection, validation of findings, and exploration of beginning phases for patient care.
3. Provide rationale underlying for assessment techniques for subjective and objective data collection.
4. Apply therapeutic communication skills to facilitate professional relationship building, conducting health history interviews, health promotion activities, risk reduction identification, and patient learning.
5. Describe and demonstrate a holistic approach to health assessment across the lifespan.
6. Acquire the skills of physical examination and demonstrate safe, competent patient assessments.
7. Demonstrate professionalism and ethical practice during health assessment and nursing practice.
8. Demonstrate accurate, organized, concise documentation of health assessment findings.

REQUIRED TEXTBOOKS

Astle, B.J., & Duggleby, W., Potter, P.A., Perry, A., Stockert, P.A., & Hall, A.M. (2019). Canadian fundamentals of nursing (6th edition). Milton, ON: Elsevier

Jarvis, C. (2014). Jarvis physical examination & health assessment (2nd Canadian Edition). Toronto, ON: Elsevier.

Jarvis, C. (2014). Jarvis physical examination & health assessment: Student Manual (2nd Canadian Edition). Toronto, ON: Elsevier.

REQUIRED RESOURCES

American Psychological Association *(APA) 6th edition: Referencing tips.*

Canadian Nurses Association. (2017). Code of ethics for registered nurses. Retrieved from:

College and Association of Registered Nurses of Alberta. (2011) *Primary health care: Visions, roles, and opportunities.* Edmonton, AB: Author. Retrieved from:

College and Association of Registered Nurses of Alberta. (2010). *Ethical decision-making for registered nurses in Alberta. Guidelines and recommendations.* Edmonton, AB: Author. Retrieved from:

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship.* Edmonton, AB. Author. Retrieved from:

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses.* Edmonton, AB: Retrieved from:

College and Association of Registered Nurses of Alberta. (2019). *Entry-level competencies for the practice of Registered Nurses.* Edmonton, AB: Author. Retrieved from:

Department of Nursing Education and Health Studies. *Graduate Competencies. Retrieved from*

Department of Nursing Education and Health Studies. *Undergraduate nursing program student handbook.* Retrieved from

REQUIRED SUPPLIES

Stethoscope
Penlight
A watch with timing capability (second hand)
GPRC uniform (red scrub top) any black scrubs
Appropriate footwear
Black pen
Student Identification Card

CLINICAL PRACTICE PREPARATION

Professional responsibility for nursing students includes clinical practice preparation to evidence-informed practice and patient safety. Preparation includes appropriate understanding, synthesis, and integration of relevant knowledge. The clinical instructor, in conjunction with the clinical site, will identify appropriate timeframes for students to access patient records.

Clinical practice preparation is required in addition to direct course hours. Student who are not adequately prepared to provide safe and competent patient care will not participate in clinical activities.

COURSE EVALUATION

Assignments/ Course Components	Dates	Weight
1. Lecture/Lab Quizzes	Online due Mondays @ 1100 hr	10%
2. Midterm Exam	Feb 24th	30%
3. ~~Jigsaw Puzzle Critical Reflection~~Functional Assessment Case Study	~~April 6th~~March 27th at 1200 hours	10%
4. Final Exam	During Exam week in April TBA	35%
5. Clinical Practice (Clinical Assessment Tool)	April 9th @ 0800 via drop box	15%
6. SafeMedicate	April 13th (online open for 24 hours)	Complete

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ASSIGNMENT DESCRIPTIONS

1) Lecture/Lab Pre-Quizzes: (10%)
The lecture pre-quizzes are completed on Moodle. These pre-quizzes will be multiple choice and completed by students individually on Moodle unless otherwise indicated. The content, timing, and frequency of the lecture quizzes are identified on the Moodle site for each week. Missed pre-quizzes will be assigned a score of zero. There will be no deferred or make-up quizzes. The average of all pre-quizzes will be worth 10% of the final grade. Quizzes are open-book.

2) Midterm Examination (30%)
The midterm exam will be administered over a 1-hour period. The exam will include content from lectures, required readings, and labs from Week 1 – Week 6 inclusive.

3) ~~Jigsaw Puzzle Critical Reflection~~Functional Assessment Case Study (10%)
~~Students will participate in a Jigsaw Puzzle activity to collaboratively learn about health assessment and the older adult. Following the activity, students will individually write a critical reflection (word limit of 250) on their participation in the Jigsaw Puzzle Activity along with any resources that their group developed for the activity.~~ Students will complete a Functional Assessment Case Study as a homework assignment following the class on Monday March 23rd, 2020. Students will submit a copy of the Functional Assessment Case

Study ir critical reflection in Moodle for grading. Grading guideline located on Moodlewill be based on the depth and breadth of the student's answering the questions of the case study. Students are to complete this case study individually.

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4) Final Examination (35%)

The final examination will be a computer based exam administered ~~over a 3.0 hour period~~ during exam week via GPRC's online learning platform Moodle. ~~as per the Registrar's Schedule of exams.~~ The content is ~~cumulative~~from midterm, and covers all lectures, required readings, and laboratory experiences. The exam will be composed of multiple choice, fill in the blank and possible matching questions. Accommodations will be granted if needed for students requesting changes in time or length of exam and at the instructor's discretion.

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Deferred final examinations may be granted when an examination has been missed or interrupted because of illness, or a conflict with religious beliefs. In the case of illness (physical, mental or emotional), medical documentation will normally be required. See page 42 of the 2019/2020 GPRC calendar for further information.

5) Clinical Practice (Clinical Assessment Tool) (15%)

A summative assessment of nursing practice will be completed by the student and the clinical instructor. This will be accomplished through observation, assessment and evaluation of the student during various clinical activities as well as the 3 Clinical Assessment Tool Activities students must complete during the clinical experience which are located on Moodle. Students will complete the Clinical Assessment Tool at the end of the semester and the instructor will also provide comments in this tool.

Students will receive ongoing verbal and/or written feedback from the clinical instructor throughout the course in order to support learning. Feedback may be supplemental with input from peers, the staff of an agency, and the client.

Students completed 2 (5) hour shifts for this course rather than 3. Students will be evaluated for the 15% on the 2 clinical days that were completed. Dates and times do not change to submit the Clinical Assessment Tool.

Students must pass the Clinical Assessment Tool with a C+ in order to receive credit in NS 1250. Students who are absent from clinical days may be unable to meet the course objectives and will be unsuccessful in this course.

Students at risk in any of the indicators on the Clinical Assessment Tool will develop a Learning Support Plan in collaboration with their Clinical Instructor. Students must successfully meet the Learning Support Plan by the agreed upon date. At final, students much achieve a "Pass" on all areas of the Clinical Assessment Tool in order to successfully complete NS1250. The Clinical Assessment Tool is on Moodle.

6) **SafeMedicate – Complete/Incomplete (April 13th – assessment open for 24 hours)**

Students will complete a health numeracy assessment on-line through the SafeMedicate program. The assessment focuses on basic math skills to ensure success in the dosage calculation required in nursing. There is no grade associated with the assessment, but completion is required to proceed to 2nd year.

The assessment will be open for 24 hours starting at 0800 on April 13th until 0800 on April 14th. Once you have begun the assessment you have one hour to complete the questions. This program is used in all clinical practicums for the remainder of the nursing program. Information to purchase this program will be given in March 2020.

LATE ASSIGNMENTS

It is expected that **ALL** assignments must be completed to obtain credit in the
course. Assignments are expected to be passed in at the time and place they are due. Extensions
may be granted and must be negotiated with the instructor prior to the due date and with a date
specified for late submissions.

A penalty of one letter grade for each calendar day that an assignment is submitted after the due
date will be deducted from the final mark. For example, a paper marked as an A, would receive
an adjusted grade of A- if handed in one day late. When submitting assignments **electronically**,
it is the **student's** responsibility to ensure the assignment has been received.

GRADING CRITERIA

GRANDE PRAIRIE REGIONAL COLLEGE GRADING CONVERSION CHART			
Alpha Grade	**4-point Equivalent**	**Percentage Guidelines**	**Designation**
A$^+$	4.0	90 – 100	**EXCELLENT**
A	4.0	85 – 89	
A$^-$	3.7	80 – 84	**FIRST CLASS STANDING**
B$^+$	3.3	77 – 79	
B	3.0	73 – 76	**GOOD**
B$^-$	2.7	70 – 72	
C$^+$	2.3	67 – 69	**MINIMAL PASS**
C	2.0	63 – 66	**CREDIT NOT GRANTED FOR PROGRESSION IN BScN PROGRAM**
C$^-$	1.7	60 – 62	
D$^+$	1.3	55 – 59	
D	1.0	50-54	
F	0.0	0-49	**FAIL**
WF	0.0	0	**Fail - Withdrawal after Deadline**

The assignments are marked as raw scores according to the percentage weight assigned to each
or provided with a grade.

The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below.

The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

TRANSFERABILITY: U of A NURS 125

Please note that a grade less than C+ is not accepted for transfer to the U of A for NURS125. A minimum grade of C+ is required to receive credit in NS1250.

*Warning: Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities**. Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page http://www.transferalberta.ca or, if you do not want to navigate through few links, at http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Disability Support Services: Learner Assistance Program If you have a documented disability or you think that you would benefit from some assistance from a disability's counselor, please call or visit the Disability Supports Office (780) 539-2722 to book an appointment. Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of GPRC. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at GPRC College.

Specialized Supports and Duty to Accommodate:

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of GPRC Policies. GPRC is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

POLICY STATEMENTS

The course outline acts as an agreement between the student and instructor of this class regarding the details of the course.

Policy about course outlines can be found under the Course Requirements, Evaluation Procedures and Grading in the Grande Prairie Regional College Calendar 2019-2020.

Grande Prairie Regional College is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the College in this respect. Students are urged to familiarize themselves with the provisions of Student Rights and Responsibilities and the Student Misconduct: Academic and Non-Academic and avoid any behaviour which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offense and can result in suspension or expulsion from the College.

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with prior written consent of the instructor or as part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

Student Rights and Responsibilities
https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=69:
Student Misconduct Academic and Non-Academic
https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=68