

DEPARTMENT OF PHYSICAL EDUCATION,  
ATHLETICS, AND KINESIOLOGY OF  
GRANDE PRAIRIE REGIONAL COLLEGE

P E 2 0 4 0

LEISURE AND SPORT IN CANADIAN SOCIETY:  
HISTORICAL PERSPECTIVES

COURSE OUTLINE: JANUARY 2000

I GENERAL INFORMATION

Instructor: Ray Kardas  
Office: C418 Phone: 539-2990  
Class Days & Times: Tuesdays and Thursdays @ 11:30 to 12:50 (J227)

II COURSE EVALUATION

1.	Five Group Papers: 5 x 15%	=	75%
2.	Final Comprehensive Exam:	=	25%

III REQUIRED COURSE TEXTS

Corbet, E. A., and Rasporich, A. W., eds (1990). *Winter sports in the west*  
Calgary: Historical Society of Alberta

Cosentino, Frank and Howell, Maxwell L. (1971). *A history of physical  
education in Canada*  
Toronto: Gage (Reprinted by GPRC with permission of the author)

Kardas, R. M. (1979). *Biomechanics in Canadian university programs,  
(1970 - 1976)*  
Fredericton: UNBP (Excerpts from a MPE thesis)

Metcalf, Alan (1987). *Canada Learns to Play: the Emergence of Organized  
Sport (1807 - 1914)*  
Toronto: McClelland and Stewart

Morrow, Don, Keyes, M., Simpson, W., Consentino, F. and Lappage, R.  
(1989). *A Concise history of sport in Canada*  
Toronto: Oxform UP

Mott, Morris (1989). *Sports in Canada: Historical Readings*  
Toronto: Copp Clark Pitman (Reprinted with the permission of Irwin Publishing)

#### IV PROPOSED COURSE SEQUENCE

The Instructor reserves the right of adjusting the course material for the perceived and real needs of the students which may result in a deviation from the following plan.

January 4	Course begins: Outline and Introduction of Course
January 6	Historical Papers—Expectations of Research
January 11, 13, 18, 20 & 25	"Early Recreational Activities: (pre-Confederation c. 1840)
January 17, February 1, 3, 8 & 10	"The Beginnings of Organized Competition" (c. 1840 - c. 1880)
February 15, 17, 29, March 2 & 7	"National Organizations and Expanded Opportunities" (c. 1880 - WWI)
February 21 - 25	<b>WINTER BREAK</b>
March 9, 14, 16, 21 & 23	"Developments in Amateur and Professional Sport" (post WWI - c. 1960)
March 28, 30, April 4, 6 & 11	"Recent Developments" (from c. 1960)