



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

COURSE OUTLINE – FALL 2018

PE2070 (A2): Physical Education and Leisure for Special Populations – 3 (3-0-1) 60 Hours

INSTRUCTOR: Julia Dutove, Ph.D. **PHONE:** 780-539-2974
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OFFICE HOURS: Drop in or by appointment

CALENDAR DESCRIPTION: This is an introduction to current trends in theory and practice in physical education and recreation for special groups. The course includes a survey of special populations and their implications for service delivery.

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

NCCP Coaching Athletes With A Disability eLearning Module (instructions for access will be provided in class)

All other course materials will be provided through an Open Educational Resource on Moodle

DELIVERY MODE(S): This course will provide students with an overview of physical activity and leisure services to special populations, the nature of such groups, models of service delivery, and the role(s) of recreational practitioners and physical educators in serving the needs of special populations. Course content will be presented through various methods such as lectures, guest lectures, films, videotapes, field trips, physical activities, panel discussions, and small group research.

COURSE OBJECTIVES:

1. To dispel common myths and stereotypes related to special populations and to examine the relationship between attitudes(s) and service delivery.
2. To acquire knowledge about important characteristics of people with a disability or special need(s) and the relationship of these characteristics to the development of services in physical activity and leisure.
3. To introduce the students to the process of integration in the school and community settings.
4. Through the completion of projects and assignments, students will have an opportunity to develop some basic skills and leadership techniques in working with special population.
5. To provide students with the opportunity to conduct research into a particular area of special populations (e.g. persons with brain injuries, youth at risk, elderly persons, persons with alcohol or substance abuse problems or in poverty, etc.).
6. To expose students to physical activity and leisure resources, programs and services currently provided to persons with disabilities or special needs.

LEARNING OUTCOMES:

After successful completion of this course, students will be able to:

1. Identify, and describe basic information including the cause, symptoms, characteristics and physical considerations, for a variety of disabilities.
2. Identify the importance of physical activity for all people.
3. Discuss and apply the concept of seeing people's "strengths before their challenges" in order to enable persons with disabilities to participate in physical activity.
4. Describe and apply inclusive principles when planning and teaching of motor skills and various sports for individuals with disability.
5. Identify information about the support systems, programming and community resources available to practitioners/educators (locally, provincially and nationally).
6. Express beliefs and values around people who communicate, move, think, and learn in different ways.
7. Observe and practice sport for individuals with disabilities.
8. Describe and practice the creation of inclusive environments

TRANSFERABILITY:

UA, UC, UL, AU, GMU, CU, CUC, KUC.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Research Paper	10%	Due September 28 & November 16
Labs	20%	Due October 26 & December 7
Teaching Assignment	10%	Due throughout semester
Practical Experience Project	15%	Due December 3
Midterm	15%	October 22
Final Exam	30%	During Finals: December 10-19

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. This means **DO NOT GET LESS THAN "C-" IF YOU ARE PLANNING TO TRANSFER TO A UNIVERSITY.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Mondays: 11:30am-12:50pm (J202)

Wednesdays: 1:00-1:50pm (J204)

Fridays: 10:00-11:20am (Location varies, see schedule)

This schedule is subject to change based on room and field trip availability, as well as how we progress as a class. Changes will be announced in class and on Moodle.

Date	Topic
Week 1	Wed: Course Introduction
Sept 5-7	Fri: Lab 1 – PARDS Tour (meet at PARDS)
Week 2	Mon & Wed: History of adapted physical activity
Sept 10-14	Fri: Lab 2 – Introduction to adaptations (L104)
Week 3	Mon & Wed: Inclusive and universal design
Sept 17-21	Fri: Lab 3 – Sitting volleyball (Gym)
Week 4	Mon & Wed: Physical disabilities
Sept 24-28	Fri: Lab 4 – TBC Research paper outline due
Week 5	Mon & Wed: Physical disabilities
Oct 1-5	Fri: Lab 5 – Introduction to wheelchairs (Gym)
Week 6	Mon: Thanksgiving (No classes)
Oct 8-10	Wed: Social communication disorders Fri: Lab 6 – Wheelchair basketball (Gym)
Week 7	Mon & Wed: Social communication disorders
Oct 15-19	Fri: Lab 7 – Wheelchair rugby (Gym)
Week 8	Mon: Midterm
Oct 22-26	Wed: Learning disabilities Fri: Lab 8: Boccia (Gym) Lab book hand in Part 1
Week 9	Mon & Wed: Behavioural & intellectual disabilities
Oct 29-Nov 2	Fri: Lab 9 – Strength training (L129)
Week 10	Mon & Wed: Deaf/hard of hearing
Nov 5-9	Thu: PEAK Student for a Day (Gym) Fri: Lab 10 – PEAK Student for a Day
Week 11	Mon: Fall Break (No classes)
Nov 12-16	Wed: Visual impairments Fri: Lab 11 – Visual impairments (Gym) Research paper due
Week 12	Mon & Wed: Paralympics & Special Olympics
Nov 19-23	Fri: Lab 12 – Goalball (L104)
Week 13	Mon & Wed: Aquatics, winter & outdoor sports
Nov 26-30	Fri: Lab 13 – TBC
Week 15	Mon & Wed: Rethinking disability
Dec 3-7	Practical Experience Project due Dec 3 Fri: Final Exam Review (J202) Lab book hand in Part 2

STUDENT RESPONSIBILITIES:

- Unless otherwise noted, all assignments are due in hard copy, in class, on the due date. Late assignments will be deducted 10% per day up to 4 days late. After 4 days late, assignments will not be accepted. If you have an issue or concern (e.g., illness or family emergency), contact the instructor as soon as possible.
- Regular attendance is a key to success in this and every other course. It is the student's responsibility to acquire any materials and content missed due to absence. Missed labs that are not excused will result in a 0 for the lab and cannot be made up. Students with more than 2 unexcused absences for lectures will have their final grade lowered one grade level (e.g., an A- becomes a B+). Excused absences include GPRC Athletics travel or medical issues and require documentation.
- Appropriate clothing (e.g., workout clothes and clean running shoes) is required for labs. Because participation in activities is required as part of the class, please inform the instructor if you are unable to participate for any reason. Modifications will be made if needed to allow all students to participate.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

ADDITIONAL INFORMATION:

Research Paper:

The goal of this paper is to research a specific disability and provide a plan for physical activity programming.

Labs:

There will be one lab per week that will have a related assignment. Students must be present to receive points for the lab. No make-up labs will be permitted unless the student has a documented excused absence.

Teaching Assignment:

You will work in a small group to introduce a sport/physical activity and run a session in the gym. Groups, dates, and activities will be assigned at the start of the semester.

Practical Experience Project:

You are required to work in some form of adapted physical activity or leisure program for a special population for a minimum of 20 hours, with minimum of 5 hours with Wolverines. You will hand in a final project at the end of the semester based on your experiences.

Midterm/Final:

Tests will cover lectures, labs, and related readings/resources. The final exam will cover all material (lectures and labs) but with a heavier emphasis on the content after midterm.