



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

COURSE OUTLINE – Fall 2021

PE2070 (A2): Physical Education and Leisure for Special Populations – 3 (3-0-1) UT 60 Hours for 15 weeks

Grande Prairie Regional College respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honoured to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.

INSTRUCTOR: James Phillips **PHONE:** 780-539-2053
OFFICE: K216 **E-MAIL:** Jphillips@gprc.ab.ca
OFFICE HOURS: Available upon request

CALENDAR DESCRIPTION: This is an introduction to current trends in theory and practice in physical education and recreation for special groups. The course includes a survey of special populations and their implications for service delivery.

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

NCCP Coaching Athletes With A Disability eLearning Module (instructions for access will be provided in class)

All other course materials will be provided through an Open Educational Resource on Myclass

DELIVERY MODE(S): This course will provide students with an overview of physical activity and leisure services to special populations, the nature of such groups, models of service delivery, and the role(s) of recreational practitioners and physical educators in serving the needs of special populations. Course content will be presented through various methods such as lectures, guest lectures, films, videotapes, field trips, physical activities, panel discussions, and small group research.

COURSE OBJECTIVES:

1. To dispel common myths and stereotypes related to special populations and to examine the relationship between attitudes(s) and service delivery.
2. To acquire knowledge about important characteristics of people with a disability or special need(s) and the relationship of these characteristics to the development of services in physical activity and leisure.
3. To introduce the students to the process of integration in the school and community settings.
4. Through the completion of projects and assignments, students will have an opportunity to develop

some basic skills and leadership techniques in working with special population.

5. To provide students with the opportunity to conduct research into a particular area of special populations (e.g. persons with brain injuries, youth at risk, elderly persons, persons with alcohol or substance abuse problems or in poverty, etc.).

6. To expose students to physical activity and leisure resources, programs and services currently provided to persons with disabilities or special needs.

LEARNING OUTCOMES:

After successful completion of this course, students will be able to:

1. Identify, and describe basic information including the cause, symptoms, characteristics and physical considerations, for a variety of disabilities.
2. Identify the importance of physical activity for all people.
3. Discuss and apply the concept of seeing people's "strengths before their challenges" in order to enable persons with disabilities to participate in physical activity.
4. Describe and apply inclusive principles when planning and teaching of motor skills and various sports for individuals with disability.
5. Identify information about the support systems, programming and community resources available to practitioners/educators (locally, provincially and nationally).
6. Express beliefs and values around people who communicate, move, think, and learn in different ways.
7. Observe and practice sport for individuals with disabilities.
8. Describe and practice the creation of inclusive environments

TRANSFERABILITY:

UA, UC, UL, AU, GMU, CU, CUC, KUC.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Test #1 & #2 (15% each)	15%	Oct 20 & Nov 22
Final Exam	30%	During Finals: December 11-20
Teaching Assignment	5%	Due throughout semester
Practical Experience Project	15%	Due December 6
Labs	20%	Due throughout semester

GRADING CRITERIA: (The following criteria may be changed to suite the particular course/instructor)

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Days highlighted in RED are mandatory in-person dates unless otherwise discussed with instructor.

Date	Topic	Due
Week 1 Sept 1-3	Wed: Course Introduction Labs: None	
Week 2 Sept. 6-10	Mon: No Class – Labour Day Wed: PARDS (Part #1) LABS: Introduction to Adapted Physical Activity	
Week 3 Sept 13-17	Monday: PARDS (Part #2) Wed: Introduction to Adapted Physical Activity Labs: Adaptation (Location TBA, BB?)	Lab 1 – PARDS Due by Sept 17 th @ 12:00
Week 4 Sept 20-24	M/W: Physical Disabilities Lab: Sitting Volleyball (Gym)	Lab 2 – Sitting Volleyball by Sept 24 th @ 12:00
Week 5 Sept 27-Oct 1	M/W: : Physical Disabilities Labs: Wheelchair Basketball (Gym)	Lab 2 – Adaptations Due by Oct 1st @ 12:00
Week 6 Oct 4-8	M/W: Social Communication Disorders *Mon- Wheel chair instruction Lab: Wheelchair Rugby (Gym)	Lab 2 – Wheelchair Sports by Oct 8 th @ 12:00
Week 7 Oct 11-15	Reading Week	
Week 8 Oct 18-22	Mon: Behavioral & Learning Disabilities Wed: Midterm #1 Lab: Cardio & Strength Training (L129?)	Midterm #1 – Oct 20
Week 9 Oct 25-29	Monday: Intellectual Disabilities Wednesday: Intellectual Disabilities Lab: Special Olympics?	

Week 10 Nov 1-5	Monday: Sensory Impairments Wednesday: Sensory Impairments Lab: Sensory impairments	
Week 11 Nov 8-12	Monday: In Class Case Study #1 Wednesday: Inclusion, Communication & Language Lab: Crystal Park Swimming	Lab 4 – Sensory Impairments by Sept 24 th @ 12:00
Week 12 Nov 15-19	Monday: Person Centered Programming Wednesday: Organized Sport Lab: Boccia (Gym)	
Week 13 Nov 22-26	Monday: Midterm #2 Wednesday: Building Audit - Accessibility Lab: Sledge Hockey (Coca Cola Centre)	Midterm #2 -Nov 22
Week 14 Nov 29-Dec 3	Monday: Rethinking Disability Wednesday: Rethinking Disability Lab: Goal Ball (Gym)	
Week 15 Dec 6-10	Dec 9 – last day of class	

STUDENT RESPONSIBILITIES:

1. Regular attendance is a key to success in this and every other course. It is the student's responsibility to acquire any materials and content missed due to absence. Missed in-class assignments cannot be made up unless it is an excused absence with documentation.
2. Labs will require students to come in activewear and actively participate.
- 3.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

**Note: all Academic and Administrative policies are available on the same page.

Additional Information (Optional):

POLICY ON THE RECORDING OF TEACHING ACTIVITIES

Students may not record classroom activities (such as lectures, group activities, 3rd party presentations, etc.) without the advance written permission of the instructor. This policy is set to protect the privacy and reputation of students, to uphold the copyrights of the instructor and other content creators, and to

facilitate free and open discussion of ideas. The classroom is meant to be a psychologically safe environment, where students are free to explore and think through new and controversial ideas without fear of public repercussions. Recording lectures can undermine this goal. If permission to record an activity is granted, the recorded material can only be used for the student's own private use and is not to be posted online or otherwise distributed. Students will be notified in advance by the instructor when someone has been granted permission to record a classroom activity. Students will also be given the option of being excused from actively participating in recorded activities. In the case of student presentations, the recording student must show proof that the presenting student(s) have agreed to be recorded before the instructor will grant permission.

COPYRIGHT NOTIFICATION

Any course material created by your instructor is his/her intellectual property and is provided to you based upon your registration for this class. As such, the material is for your private use only. It is not to be distributed, publicly exhibited, or sold without the permission of the instructor. Third party materials (such as assigned readings) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.