

### DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS AND KINESIOLOGY

# COURSE OUTLINE – FALL 2010 PA2940 A CONCEPTUAL APPROACH TO MOVEMENT- 3(1-2-0) 45 HOURS

INSTRUCTOR: Mr. Chris Nicol PHONE: 780-539-2838 w

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**OFFICE HOURS:** T.B.A.

PREREQUISITE(S)/COREQUISITE: none

## **REQUIRED TEXT/RESOURCE MATERIALS:**

- Course Notes Package, Additional Resources as designated by the instructor
- External links posted on Moodle.
- Seidel, B., Biles. F, Figley, G. & Neaman, B., 1992. <u>Sports Skills: A Conceptual Approach to Meaningful Movement</u> Dubuque, Iowa; WM. C. Brown

**CALENDAR DESCRIPTION:** A study of the fundamental movement concepts

CREDIT/CONTACT HOURS: 3(1-2-0) 45 HOURS

**DELIVERY MODE(S): Lecture, Lab Activities** 

## **OBJECTIVES (Optional):**

- 1. To study the common concepts of movement with emphasis on practical application in a variety of physical education activities.
- 2. To provide students with practical opportunities for movement analysis.
- 3. To experience a variety of teaching styles.
- 4. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.
- 5. To create a safe learning environment.

#### TRANSFERABILITY:

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

#### **GRADING CRITERIA:**

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point	Percentage	Designation
	Equivalent	Guidelines	
$\mathbf{A}^{\dagger}$	4.0	90 – 100	EXCELLENT
Α	4.0	85 – 89	
<b>A</b> <sup>-</sup>	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
В	3.0	73 – 76	GOOD
B <sup>-</sup>	2.7	70 – 72	
C <sup>+</sup>	2.3	67 – 69	SATISFACTORY
С	2.0	63 – 66	
C_	1.7	60 – 62	
D <sup>+</sup>	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

**EXAMINATIONS:** Term Exam 30%

Assignments: 20% Peer Instruction: 10%, Research Assignment: 20% Quizzes 20% The research assignment is an opportunity to utilize the conceptual approach in a practical application. Details TBA. The Peer Instruction presentation will consist of 2-3 students utilizing the common concepts of a "not so common sport" by involving the class in that activity. Arrangements for activities requiring a space other than the gym must be approved/scheduled in advance.

• Note that a 10% per day penalty will be assessed to all late assignments.

#### STUDENT RESPONSIBILITIES:

Regular attendance and participation are expected at <u>ALL</u> sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may <u>NOT</u> be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons <u>MUST</u> present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

#### STATEMENT ON PLAGIARISM AND CHEATING:

Please refer to pages 49-50 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**