



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY.

COURSE OUTLINE – FALL 2017

PE2940 (A2): A Conceptual Approach to Physical Activity 3 (1-2-0) 45Hours

INSTRUCTOR: Mr. Chris Nicol **PHONE:** (780) 539-2838
OFFICE: K219 **E-MAIL:** cnicol@gprc.ab.ca

OFFICE HOURS: M, T, W 1:30-2:30pm, by appointment or drop in.

CALENDAR DESCRIPTION: A study of the fundamental movement concepts that underlie the physical activities engaged in by youth of secondary school age.

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS:

Burket, B. (2010). Sport Mechanics for Coaches (3rd ed.) Champaign IL: Human Kinetics
Lecture Notes and Alternate Course Package on Moodle.
Additional Resources as designated by the instructor.

DELIVERY MODE(S): A variety of methodologies will be employed including lecture, discussion, sport skill acquisition and application, lab activities, games, group/ individual work.

COURSE OBJECTIVES:

- Students will be exposed to a variety of teaching methodologies.
- Students will study the physical principles and concepts that underlie movement patterns.
- Students will understand the commonalities that exist between sports and activities.
- Students will be provided with opportunity for application of theory through activity.
- Students will develop an understanding of the importance and practical application of the conceptual approach and how this can assist the physical educator in providing quality instruction and assessment.

LEARNING OUTCOMES:

- Students will complete a number of activity labs that employ the conceptual approach.
- Students will demonstrate the ability to teach and analyze skill
- Students will provide appropriate feedback for skill improvement.

- Students will demonstrate competency and understanding of the principles of body and object management and manipulation.
- Students will demonstrate competency and understanding of the use of space, time and force in sport.
- Student will complete a thorough skill and sport analysis.

TRANSFERABILITY: UA*, UC, UL, AU, AF, CU, CUC, KUC

UA will grant credit for only one of PA1010 or PE2940

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlineearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Coursework: (Labs, Activities, Assignments)	25
Peer Teaching (10)	
Midterm Exam	20
Term Project	20
Final Exam	35

GRADING CRITERIA: (The following criteria may be changed to suite the particular course/instructor)

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. This means **DO NOT GET LESS THAN “C-” IF YOU ARE PLANNING TO TRANSFER TO A UNIVERSITY.**

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

TU	TOPIC	TH	TOPIC
		A31	Introduction to course
S5	FOOTBALL SKILLS	S7	FOOTBALL SKILLS
S12	FLAG FOOTBALL	S14	DISC GOLF
S19	Commonalities in Sport	S21	Ch2: Starting with Basics
S26	Ch3: Get a Move On	S28	Ch3: Get a Move On
O3	Ch4: Rocking and Rolling	O5	Ch5: Don't Be a Pushover
O10	MIDTERM EXAM	O12	STABILITY LAB
O17	Targeting Concepts	O19	TARGETING LAB
O24	Space Concepts	O26	SPACE LAB
O31	Aesthetic Concepts	N2	PEAK Student for Day
N7	Ch 7: Sk Analysis Ch8: Error Correct	N9	DANCE LAB
N14	TBA	N16	SKILL ANALYSIS LAB
N21	STUDENT LED	N23	STUDENT LED
N28	STUDENT LED	N30	STUDENT LED
D5	TBA	D7	TBA
<i>Note: Minor schedule changes or adjustments are possible</i>			
FINAL EXAMS Dec 9 to Dec 19, 2017			

STUDENT RESPONSIBILITIES: Regular attendance and participation is expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Notify the instructor of any allergies or medical conditions. Dress in appropriate clothing and footwear for all gymnasium sessions.

Refer to the College Policy on Student Rights and Responsibilities at www.gprc.ab.ca/d/STUDENTRIGHTSRESPONSIBILITIES

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.