

**GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS**

**PE 2940
A Conceptual Approach to Physical Activity**

Course Outline Fall 1995

I. General Information

Instructor: Harry Stevens
Office: K218
Phone: 539-2974
Class Times: Monday, Wednesday, Friday 11:00 - 11:50
Room J201

Credit: 3.0 Credits
Transferability - Equivalent to PEDS 294 (3 credits)
U. of A., Jr PHED option (3 credits) U. of C.
1 unspecified Educ (3 credits) U. of L.

II. Course Objectives

1. To study the movement concepts as they apply to different physical activities using a variety of settings and equipment.
2. To study the common concepts of movement with emphasis on their practical application to a variety of physical education activities.
3. To provide students with practical opportunities for movement analysis.
4. To experience a variety of instructional styles in particular the indirect method of teaching.
5. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective and psychomotor domains.

III. Resources

Required Text: Seidel, B., Biles, F., Figley, G. & Neaman, B.,
(1992) Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque, Iowa; WM. C. Brown

IV. Class Format

1. Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and / or asked to withdraw from the course. Students who miss class due to medical reasons must present medical verification to their instructor.

2. Course Evaluation

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| a) Performance P's | = 10% |
| b) Assignments / Labs. 2 @ 10% each | = 20% |
| c) Teaching Session | = 30% |
| d) Unit Quizzes | = 40% |

- Please note all late assignments and papers receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.
- Performance P's are Punctual, Prepared to work, Positive attitude, Polite and Professionalism. Self evaluated report due December 1, 1995.
- Dress in appropriate clothing and footwear (eg. shorts and T-shirt, track suit, running shoes, barefoot, gymnastics slippers) for all gymnasium sessions. This will be evaluated in the Performance P's.