

GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS

PE 2940
A Conceptual Approach to Physical Activity
of Youth
Course Outline Winter 1995

I. General Information

Instructor: Harry Stevens
Office: K218
Phone: 539-2974
Class Times: Tuesday, Thursday 11:00 - 12:20
Room J226

Credit: 3.0 Credits
Transferability - Equivalent to PESS 294 (3 credits)
U. of A., Jr PHED option (3 credits) U. of C.
1 unspecified Educ (3 credits) U. of L.

II. Course Objectives

1. To study the movement concepts as they apply to different physical activities using a variety of settings and equipment.
2. To study the common concepts of movement with emphasis on their practical application to a variety of physical education activities.
3. To provide students with practical opportunities for movement analysis.
4. To experience a variety of instructional styles in particular the indirect method of teaching.
5. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective and psychomotor domains.

III. Resources

Required Text. Seidel, B., Blies, F, Figley, G. & Neaman, B.,
(1992) Sports Skills: A Conceptual Approach to Meaningful
Movement Dubuque, Iowa; WM. C. Brown

IV. Class Format

1. Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and / or asked to withdraw from the course. Students who miss class due to medical reasons must present medical verification to their instructor.

2. Course Evaluation

a) Assignments / Labs. 3 @ 10% each	= 30%
b) Teaching Session	= 20%
c) Mid-Term Test Feb 16th	= 20%
d) Final Exam April 18 - 26 to be scheduled	= 30%

• Please note all late assignments and papers receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.

3. Dress in appropriate clothing and footwear (eg. shorts and T-shirt, track suit, running shoes, barefoot, gymnastics slippers) for all gymnasium sessions.