



**DEPARTMENT OF ARTS AND EDUCATION**

**COURSE OUTLINE – WINTER 2022**

**PY1050 (A3): Social and Individual Behaviour – 3 (3-0-0) 45 Hours for 15 Weeks**

**INSTRUCTOR:** Dr. Ali M. AL-Asadi      **PHONE:** 780-539-2061  
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**OFFICE HOURS:** By appointments

**WINTER 2022 DELIVERY:** Remote Delivery. This course is delivered remotely. There are no face-to-face or onsite requirements. Students must have a computer with a webcam and a reliable internet connection. Technological support is available through [helpdesk@gprc.ab.ca](mailto:helpdesk@gprc.ab.ca)

**CALENDAR DESCRIPTION:**

This second introductory course in psychology follows PY1040 and gives students an understanding of themselves and other people through the study of basic concepts, principles, theories, and methods used in the scientific study of behaviour. The course covers biological and cognitive development, emotion and motivation, social psychology, personality theories, mental and behavioural disorders, treatment of mental and behavioural disorders, and stress and health.

**PREREQUISITE(S)/COREQUISITE: PY1040**

**REQUIRED TEXT/RESOURCE MATERIALS:**

- AL-Asadi, A. M. (2020). Principles of Psychology. Chapters of the textbook are posted on this course's D2L site at: <https://myclass.gprc.ab.ca/d2l/home>

**DELIVERY MODE(S):** Lectures, Discussions, Recorded Lectures & Video Conference

**COURSE OBJECTIVES:** This course introduces students to:

- the major theories, perspectives and concepts in the areas of intelligence and its assessment and human development
- the major theories, perspectives and concepts in the areas of motivation, emotion, and health psychology
- the major theories, perspectives and concepts in the areas of personality development and social psychology
- the various perspectives and research in the areas of psychological disorders and treatment
- the relationships between psychological disorders and biological and social aspects

**LEARNING OUTCOMES:** As a result of taking this course, students will be able to:

- define, describe, and evaluate the methods of measurement of intelligence, personality, knowledge, and creativity
- identify and articulate the theories of Human Development, including biological, physical, intellectual, social, and moral development across the lifespan

- explain the theories of emotion and the relative contributions of nature and nurture: Darwin's reflexive theory, James-Lange, Schachter and Singer's Two Factor theory
- explain the theories of motivation: Hull, Maslow, McClellan, and others
- identify and articulate the current understanding of health and stress in normal and abnormal psychology and its application to daily living and self-healing
- identify and articulate the established historical and current theories of Personality: Psychodynamics, Humanism/Existentialism/Phenomenology, Behaviourism, Cognitivism, and Trait theory
- identify and describe the causes of psychological abnormalities and disorders.
- identify and explain the current and established treatments of abnormal and disorder psychology: Psychoanalysis, Behavioural Modification, Humanistic, Cognitive, and Drug Therapy
- identify, describe, and apply the following concepts in the area of Social Psychology: person perception, social perception, attribution theory, conformity, obedience, attitude formation and change, leadership, love and friendship

### TRANSFERABILITY:

This course is considered a Transferable University Course; however, the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide at <http://transferalberta.alberta.ca/transfer-alberta-search/#/audienceTypeStep>

**\*\* Grade of D or D+ may not be accepted for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability and transferable grades.**

### EVALUATIONS:

|            |                  |     |
|------------|------------------|-----|
| Exam 1     | Chapters 9 & 10  | 25% |
| Exam 2     | Chapters 11 & 12 | 25% |
| Exam 3     | Chapters 13 & 14 | 25% |
| Final Exam | Chapters 15 & 16 | 25% |

\* Remember, all exams may include questions from lectures that may not be covered by your textbook.

### GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|-------------|--------------------|-----------------------|
| A+          | 4.0                | 95-100                | C+          | 2.3                | 66-69                 |

|    |     |       |  |    |     |       |
|----|-----|-------|--|----|-----|-------|
| A  | 4.0 | 90-94 |  | C  | 2.0 | 63-65 |
| A- | 3.7 | 85-89 |  | C- | 1.7 | 60-62 |
| B+ | 3.3 | 80-84 |  | D+ | 1.3 | 55-59 |
| B  | 3.0 | 75-79 |  | D  | 1.0 | 50-54 |
| B- | 2.7 | 70-74 |  | F  | 0.0 | 00-49 |

### COURSE SCHEDULE/TENTATIVE TIMELINE:

| Week    | Topics  | Evaluation                        |
|---------|---|-----------------------------------|
| Week 1  | Introduction  |                                   |
| Week 2  | Chapter 9: Intelligence and Assessment  |                                   |
| Week 3  | Chapter 10: Human Development   |                                   |
| Week 4  | <b>Test 1</b>   | <b>Exam 1 25%: Ch 9, 10</b>       |
| Week 5  | Chapter 11: Emotion and Motivation  |                                   |
| Week 6  | Chapter 12: Personality   |                                   |
| Week 7  | <b>Test 2</b>   | <b>Exam 2 25%: Ch 11 &amp; 12</b> |
| Week 8  | Chapter 13: Psychological Disorder  |                                   |
| Week 9  | Chapter 14: Treatment   |                                   |
| Week 10 | <b>Test 3</b>   | <b>Exam 3 25%: Ch 13 &amp; 14</b> |
| Week 11 | Chapter 15: Health Psychology   |                                   |
| Week 12 | Chapter 16: Social Psychology   |                                   |
| Week 13 | Review  |                                   |
| Week 15 | No Classes. Final Exam Period. <b>The Registrar Office schedules the Final Exam</b> | <b>Exam 4 25% Ch 15 &amp; 16</b>  |

### STUDENT RESPONSIBILITIES:

Each class's assigned readings and exercises should be completed before attending that class, except for the first class. As this course depends heavily on practice exercises, attendance at all sessions is required and is critical to the student's success. In case of illness or emergency, notify the instructor as soon as possible. If you find yourself having difficulty in this course, please contact the instructor immediately for assistance. If you simply want more discussion with the instructor about any aspect of the course, please visit my office during office hours or at a more convenient pre-arranged time.

If a student is unable to attend an in-class test or quiz, the instructor must be advised before the test/quiz is administered. Voice mail or e-mail notification is fine. The test/quiz will then be written later at the testing center or pre-arranged location. Failure to notify the instructor of an absence will result in a grade of 0 on that test/quiz.

It is expected that all students will display a professional attitude and behaviour in the classroom. This includes reliability, respect for and cooperation with your fellow students and the instructor, attention to fellow student questions and instructor's response, determination to achieve first-class work while meeting deadlines, and constructive response to criticism.

## **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated, and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the section on Plagiarism and Cheating in the College policy titled Student Misconduct: Academic and Non-Academic at (<https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=68>).

Instructors reserve the right to use electronic plagiarism detection services on written assignments. **Instructors also reserve the right to ban the use of any form of electronics (cell phones, Blackberries, iPods, tablets, scanning pens, electronic dictionaries, etc.) during class and during exams.**

\*\*Note: all Academic and Administrative policies are available at <https://www.gprc.ab.ca/about/administration/policies/>

### **Additional Information**

1. The format of each exam will be discussed in class.
2. Exam grades are final, and there is no substitute work for your poor exam grade.
3. The nature and topics of your written paper will be discussed in class
4. It is your responsibility to read each and every chapter and assigned reading (if any) and attend all lectures.
5. Lectures will not always cover material in your chapters. Lectures may cover topics and include materials that are not covered by your textbook. Therefore, you must attend every class as your exams may include materials from the lectures that are not covered by your textbook.
6. It is expected that students will display a professional attitude and behaviour. These attitudes and behaviours are many and will be discussed in class. Any violation or misconduct may result in dismissal from the class.
7. Talk to me if you have concerns or are experiencing difficulties that may negatively impact your academic performance.