

## DEPARTMENT OF ACADEMIC UPGRADING

### COURSE OUTLINE – Winter 2025

#### **AD0101 (A3): Study Skills Tutorial – 5 (0-0-5) HS 75 Hours for 15 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTOR:** James Iverson                      **PHONE:** 780-539-2850  
**OFFICE:** C407    **E-MAIL:** jiverson@nwpolytech.ca  
**OFFICE HOURS:** Tuesday 1:00-2:00PM, Friday 10:00-11:00PM or by appointment

**CALENDAR DESCRIPTION:** This is an individualized program of study skills, planned and supervised study time and tutorial assistance. Components of the course include developing study skills needed for success in NWP courses, managing and prioritizing study time and working on assignments and projects with supervised tutorial assistance for select courses

**PREREQUISITE(S):** Students who meet the admission requirements for entry into NWP's Academic Upgrading are eligible to take AD0101 Study Skills Tutorial.

**REQUIRED MATERIALS:** Access to computer and internet

**DELIVERY MODE(S):** Classroom instruction and lab. Use of D2L required. This course will consist of seminars, discussion, and self- study tutorials.

**LEARNING OUTCOMES:** Students should be able to:

- Recognize, discuss, and evaluate personal and academic qualities
- Identify and practice effective learning and study strategies
- Differentiate between positive and negative practice self-management skills (time management, priority setting and decision-making)
- Appraise individual self-management skills and identify strategies for improvement
- Discuss and analyze techniques to organize home and studying around other life/work commitments
- Recognize, practice, and use high-performance academic skills (including note taking, test taking, memory building)
- Analyze decision-making processes and plan for positive/advantageous choices
- Explain and discuss emotional barriers that sabotage personal, academic and/or career success
- Consider, analyze, and discuss the outcomes of present and future choices/decisions
- Compare basic education to lifelong learning
- Describe and discuss how to access both NWP and community support services

**TRANSFERABILITY:** N/A

**EVALUATIONS:** Regular attendance is required. **If more than FIVE (5) classes are missed, you will receive no-credit for the course.** Activity assignments must be completed and handed in every Monday. **If more than two weekly activity assignments are missed, you will receive no-credit for the course.**

**GRADING CRITERIA:**

Alpha Grade	4-Point Equivalence	Percentage Conversion (unless otherwise specified in the Course Outline)	Descriptor
CR	N/A	50-100	Credit
NC	N/A	0-49	No Credit

## STUDENT RESPONSIBILITIES:

Refer to the NWP Policy on Student Rights and Responsibilities at <https://www.nwpolytech.ca/about/administration/policies/fetch.php?ID=69>

**Lateness:** Arriving late is distracting to other students working in the class

**Noise:** Please keep noise to a minimum as to not disrupt other students work

**Cell Phone Use:** Turn them off during class time.

**Assignments:** These are due on Mondays at the beginning of class.

## STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.