

**KINESIOLOGY AND HEALTH SCIENCES
COURSE OUTLINE – Fall 2025**

DA1000 (A2/L1/L2/L3): The Spectrum of Dance in Society – 3 (2-0-2) 60 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR: Brendan Shaffick

OFFICE: K217

OFFICE HOURS: By Appointment

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CALENDAR DESCRIPTION: The course will present the theory and practice of dance as a human physical activity. Focus will be on the aesthetic, expressive, rhythmical dimensions of movement in a culture's artistic and social life. The study will include movement content, techniques, improvisation, and composition in a variety of dance forms including modern/creative, social, jazz, and folk dance.

PREREQUISITE/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

- Additional resources provided by the Instructor

DELIVERY MODE(S): In person

LEARNING OUTCOMES:

Through completion of this course, students will have the opportunity to:

- Learn various dance forms, and understand their significance in today's culture.
- Explore the multifaceted role of dance in society, from performance and recreation to its cultural reflection and therapeutic benefits.
- Gain insights into dance as an aesthetic, expressive, and rhythmic physical activity, emphasizing its content, technique, and improvisational aspects.
- Develop skills in recognizing components of various dance forms, understanding their historical context, and linking dance to broader societal aspects.
- Acquire practical expertise in choreography, teaching methodologies, and crafting synchronized movements, catering to diverse individual needs.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Lab Participation	10%	Continuous Assessment
Coursework	10%	Continuous Assessment
Practical Assessment I - Ballet	10%	Week 4
Practical Assessment II - Modern/Contemporary Improvisation/Creative	10%	Week 7 & 8
Practical Assessment III - Jazz, Tap and Musical Theatre	10%	Week 10
Term Project	20%	Week 13
Final Exam	30%	Exam Week TBD

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Lecture: Wednesday & Friday – 1:00pm - 1:50pm (**D208**)
Lab: **L1:** Friday – 2:30pm - 4:20pm (**L106**)
L2: Monday – 2:30pm - 4:20pm (**L106**)
L3: Monday – 11:30am - 1:20pm (**L106**)

Wk	Dates	Lecture 1	Lecture 2	Lab	Assessments
1	Sept 1-5	Course Introduction & Origins of Dance I	Origins of Dance II	No Labs	
2	Sept 8-12	Student Showcase & Critique	Ballet	Ballet	
3	Sept 15-19	Dance & Music Theory			
4	Sept 22-26	Contemporary Perspectives in Dance in Society I		Practical Assessment I <i>Ballet</i>	
5	Sept 29-Oct 3	Student Showcase & Critique	Modern & Contemporary	Modern & Contemporary	Term Project Assigned
6	Oct 6-10	Dance Composition			
7	Oct 13-17	Contemporary Perspectives in Dance in Society II		Practical Assessment II <i>Modern/Contemporary</i> <i>Improvisation / Creative</i> *Sections L2 & L3 Mon Oct, 20*	
8	Oct 20-24	Student Showcase & Critique	Jazz, Tap & Musical Theatre	Theatre Dance	Project Groups Due
9	Oct 27-31	Motor Learning & Skill Acquisition			
10	Nov 3-7	Contemporary Perspectives in Dance in Society III			
11	Nov 10-14	No Classes: Fall Break			
12	Nov 17-21	Student Showcase & Critique	Dance Production - Cinematography	Bachata & Salsa	Term Project Due
13	Nov 24-28	Dance Production - Perspective Basics	Dance Production - Light & Colour	Two-Step & Swing	
14	Dec 1-5	Term Project Showcase		Line Dance	
15	Dec 8	Review - Final Exam	No Classes	No Labs	
		Final Exam			

STUDENT RESPONSIBILITIES:

1. Participation and Engagement:

Active participation is key in this experiential course. It's essential to attend and be engaged in all scheduled sessions; unfortunately, we cannot offer make-up labs, however exceptions may be made on a case-by-case basis. , see Attendance and Exceptions below.

2. Assignment Submissions

Some assignments will require you to submit a video or audio recording of your work. These assignments are designed to assess your practical understanding and application of the course material. When submitting a video ensure that your video clearly demonstrates the required skills or concepts outlined in the assignment instructions. The video should be well-lit, with clear audio and visuals, so your assignment is easily understood.

3. Attendance Protocols:

Attendance is noted during each session. Those present but inactive may be given in-class tasks to ensure they remain engaged. Students arriving up to 15 minutes late should discreetly join the session and may be asked to complete a brief catch-up task after class. If over 15 minutes late, students may be marked

as absent or asked to leave, given the significant amount of content missed. If you anticipate being late, please try your best to inform the instructor in advance.

4. Attendance and Exceptions:

For medical-related absences or injuries, a note from a doctor or qualified medical professional may be required. If you sustain an injury and expect prolonged absences, please liaise with the instructor promptly. Students involved in intercollegiate events should preemptively consult with the instructor about possible scheduling conflicts. Alternate assignments might be offered to accommodate unforeseen situations. Please be aware that exceeding 10% (or 5 sessions) absence could render you ineligible for the final exam.

5. Late Policy:

Assignments are due by 12 midnight MST/MDT on the specified due date. Late assignments face a 5% daily deduction, to a maximum of 7 days. Missed exams, barring validated emergencies will result in a grade of zero.

6. Dress Code:

To optimize our Lab sessions, please arrive to class dressed in movement-friendly clothing that allows for flexibility and ease. Footwear please wear clean indoor shoes, be it workout shoes, runners or specialized dance shoes. Ensure they are appropriate for physical activities and provide adequate support. For certain dance sessions, ensure you have either socks or ballet slippers on hand.

7. Electronic Devices:

You're welcome to use electronic devices as long as they don't disrupt the learning environment. If they become a distraction, you may be asked to step out or adjust your usage. Remember, our primary goal is a focused and respectful classroom for everyone. If you have an essential call, please step outside discreetly.

8. Code of Conduct:

Let's keep our class environment positive and respectful. Kindly avoid using offensive, inappropriate language or being disruptive to the learning of others during class. As we navigate through this course, conduct yourself in a manner that reflects leadership and inspires others. Students violating this policy may be asked to leave the class.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

INFORMED CONSENT FOR PARTICIPATION IN PHYSICAL ACTIVITY

This course includes physical activity, exercise, and/or fitness assessments as part of its learning and evaluation components. By enrolling in this course, you acknowledge and accept the following:

- You may be asked to participate in physical activity sessions, which include aerobics and/or musculoskeletal training.
- While the risk is minimal, physical activity may involve potential adverse effects such as episodes of transient lightheadedness, loss of consciousness, abnormal heart rate and/or blood pressure, chest discomfort, leg cramps, nausea). You voluntarily assume these risks.

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- You are responsible for promptly informing your instructor(s) of any pain, discomfort, fatigue, or other symptoms experienced during or within 48 hours of the course session.
- You must disclose any health conditions that could be affected by physical activity. The instructor(s) will make reasonable modifications, where appropriate, and may request documentation from a qualified health professional.

ADDITIONAL INFORMATION:

Your success in this course is a priority. Please know that we are here to support your academic journey. If you encounter challenges or need clarification on any aspect of the course, do not hesitate to reach out. Together, we'll work towards your growth and achievement.