

Department of Practical Nurse and Health Care Aide

COURSE OUTLINE – Fall 2025

NP1205: Practical Nursing Theory I – 3 (3-1-0) 60 Hours in 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Ellen Davies LPN	PHONE:	(780)835-6631
OFFICE:	T.I.B. 237	E-MAIL:	EDavies@nwpolytech.ca
OFFICE HOURS:	By appointment only		

CALENDAR DESCRIPTION: Introduction to self as a learner, practical nursing in Canada, contemporary Canadian healthcare context, foundations of professional nursing, and a caring nursing practice. NOTE: Available only to Practical Nursing Students

PREREQUISITE(S): None.

COREQUISITE(S): NP1205, NP1250, NP1500

REQUIRED MATERIALS:

Potter, P., Perry, A. G., Hall, A., Astle, B., & Duggleby, W. D. (2024). *Canadian fundamentals of nursing* (7th ed.). Elsevier.

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). American Psychological Association.

ONLINE RESOURCES:

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-requisite-skills-and-abilities/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada>

DELIVERY MODE(S): In person- Lecture and Seminar

LEARNING OUTCOMES:

Upon successful completion of NP1205 learners will be able to:

1. Summarize key milestones in the development of nursing in Canada.
2. Explain professional nursing at an introductory level.
3. Explain the nurse's scope of practice and the nursing roles and responsibilities of nurses in Canada.
4. Describe the functions of regulatory bodies, professional associations, and nursing unions in supporting nursing practice.
5. Identify ethical considerations in nursing practice, including patient rights and confidentiality.
6. Describe the concept of caring and how it is integrated into nursing practice.
7. Describe self-care strategies that promote well-being and resilience in nursing practice.
8. Reflect on personal beliefs and values and their influence on nursing practice.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferralberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Weight	Date	Related Course Learning Outcome
Personal Values Assessment	15%	Friday, October 3/2025 @ 2100H	6,7,8
Midterm Exam	25%	October 21/2025 during scheduled class	1,2,5,6,7,8
Professional Testament	25%	Wednesday, November 12/2025 A 2100H	3,5,6,7,8
Final Exam	35%	As per finals schedule	1,2,3,4,5,6,7,8

*** All evaluation components must be completed to be successful in the course.***

1) Personal Values Assessment 15%

The purpose of this assignment is to introduce self-reflection and assessment of personal values and beliefs. Students will reflect on their values that make them who they are today. This will serve as a starting point for the Professional Testament assignment. Students will submit a written reflection of no more than four (4) pages, double spaced. **Full rubric added to D2L.**

2) Midterm Exam 25%

The midterm exam includes all content covered up to and including Week 7. Question format includes a variety of styles including, but not limited to multiple choice, short answer, long answer, matching, and select all that apply.

3) Professional Testament 25%

The purpose of this assignment is to compare individual values/beliefs with professional values/beliefs. Using the Personal Values Assessment as a starting point, students will compare their personal values/beliefs with the professional standards for practical nursing and the Code of Ethics. Students will submit a written paper of no more than six (6) pages, double spaced. **Full rubric added to D2L.**

4) Final Exam 35%

The final exam is cumulative and includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to multiple choice, short answer, long answer, matching, and select all that apply.

GRADING CRITERIA

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Resources/Readings
1	Self-reflection, personal values and beliefs	OER posted on D2L
2	Well-being & resiliency in nursing, cultural humility, bias recognition & professional boundaries	OER posted on D2L
3	Health and Wellness	Chapter 1 Potter and Perry
4	The Canadian Health Care Delivery System	Chapter 2 Potter and Perry
5	The Development of Nursing in Canada Personal Values Assessment Due Friday, October 3/2025 @ 2100H	Chapter 3 Potter and Perry
6	Nursing Values and Ethics	Chapter 9 Potter and Perry

7	Nursing Values and Ethics	Chapter 9 Potter and Perry
8	MIDTERM EXAM	
9	Practical Nursing in Canada	Chapter 5 Potter and Perry
10	Theoretical Foundations of Nursing Practice & Introduction to Nursing Diagnosis Professional Testament Assignment Due Friday, November 7/2025 @2100H	Chapter 6 Potter and Perry
11	FALL BREAK	
12	Roles of the Regulatory Body, professional associations, and nursing unions	OER posted on D2L
13	Roles of the Regulatory Body, professional associations, and nursing unions	OER posted on D2L
14	Integration of Caring into Nursing Practice	Case Studies
15	FINAL EXAM REVIEW	

*Subject to change.

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Practical Nurse & Health Care Aide, [PN Student Handbook](https://docs.google.com/document/d/1rC9OZjozQmSUDuEdrgUaiC0g5_8GtIJYx6y7PAthHyA/edit?tab=t.0)
https://docs.google.com/document/d/1rC9OZjozQmSUDuEdrgUaiC0g5_8GtIJYx6y7PAthHyA/edit?tab=t.0

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

ADDITIONAL INFORMATION

Turnitin Software

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.

Late Assignments

To obtain credit in the course ALL assignments, examinations, and knowledge checks must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

