

## DEPARTMENT of Practical Nurse & Health Care Aide

### COURSE OUTLINE – Fall 2024

#### NP1205: Practical Nursing Theory I – 3(3-1-0) 60 Hours in 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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<b>OFFICE HOURS:</b>	By Appointment		

**CALENDAR DESCRIPTION:** Introduction to self as a learner, practical nursing in Canada, contemporary Canadian healthcare context, foundations of professional nursing, and a caring nursing practice.

Note: Available only to Practical Nursing Students.

**PREREQUISITE(S):** None

**COREQUISITE(S):** NP1250, NP1280, NP1500

**REQUIRED TEXT:**

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2019). Canadian fundamentals of nursing (6<sup>th</sup> ed.). Toronto, ON: Elsevier Canada.

**REQUIRED ONLINE RESOURCES:**

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities. Retrieved from



<https://www.clpna.com/lpn-knowledge-hub/ccpnr-requisite-skills-and-abilities/>

Canadian Council for Practical Nurse Regulators [CCP NR] (2013). Code of ethics for Licensed Practical Nurses in Canada. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>

Canadian Council for Practical Nurse Regulators [CCP NR] (2019). Entry-level competencies for licensed practical nurses. Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns>

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). Competency profile for licensed practical nurses (5th ed.). Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/competency-profile-for-lpns-5th-edition-complete/>

**DELIVERY MODE(S):** Lecture & Seminar – In-Person

#### **LEARNING OUTCOMES:**

Upon successful completion of NP1205 learners will be able to:

1. Discuss the history of practical nursing in Canada.
2. Describe the current role of practical nurses in Canada.
3. Describe caring and the integration into nursing practice.
4. Reflect on personal beliefs and values and how they influence their learning.
5. Reflect on personal beliefs and values and how they influence caring.
6. Identify concepts of self-care.
7. Identify the role of the regulatory body, professional associations, and nursing unions.
8. Demonstrate various learning strategies.

#### **CLPNA COMPETENCIES:**

A-Nursing Knowledge

C-Professionalism and Leadership

#### **TRANSFERABILITY:**

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

## EVALUATIONS:

Assignment	Weight	Date	Related Course Learning Outcome
Personal Values Reflection	10%	Week 5 – In-Class	4, 5, 8
Midterm Exam	25%	Week – 8 – In-Class	1, 2, 3, 4, 5, 6, 7
Case Study – Partner Project	15%	Week 14	2, 3, 4, 5, 6, 7
Theorist Presentation	10%	Week 10	1, 2, 7, 8
Review Quizzes	10%	Throughout Course - Weekly	1, 2, 3, 4, 5, 6, 7, 8
Final Exam	30%	Exam Week: In Person	1, 2, 3, 4, 5, 6, 7

\*All evaluation components must be completed to be successful in the course

### 1. Personal Values Reflection

The purpose of this assignment is to introduce self-reflection and assessment of personal values and beliefs. Students will reflect on their values that make them who they are today. Students will submit a written reflection of no more than four (4) pages, double spaced, which addresses the following:

- What values/beliefs do you live by?
- Which of your values/beliefs do you deem necessary for practical nurses?
- How do you learn best?
- What does self-care mean to you?
- How do you practice self-care?

Use APA 7<sup>th</sup> edition formatting and citation. First person allowed, to be done in class. The rubric is posted on the class D2L page.



## Assessment Criteria – 25 Points

- 1) Content & Depth of Reflection – 5 points
- 2) Connection to Nursing Values – 5 points
- 3) Self-Care Reflection – 5 points
- 4) Learning Style Reflection – 5 points
- 5) Structure & Organization – 3 points
- 6) APA Formatting and citation – 2 points

## 2. Midterm Exam

The midterm exam includes all content covered up to and including Week 7. Question format includes a variety of styles including, but not limited to multiple-choice, short answer, long answer, matching, and select all that apply. This is an in-class exam.

## 3. Case Study – Partner Presentation

This partner case study presentation assignment will help students explore and reflect on key concepts related to practical nursing. This includes the role of practical nurses, caring in nursing, personal beliefs, self-care, and the importance of regulatory bodies.

Students will receive a case study that illustrates a scenario that presents an ethical, professional, or personal dilemma/s. You and a partner will give a 10-minute presentation that highlights your case study analysis – this can be in class or handed in via video or other approved method. Rubric available on D2L.

### Assessment Criteria – 20 Points

- 1) Understanding of Ethical Issues – 4 points
- 2) Application of Ethical Principles – 4 points
- 3) Partner Collaboration – 4 points (there will be peer feedback provided to the instructor after the assignment completed)
- 4) Solutions & Recommendations – 4 points
- 5) Presentation Skills

## 4. Theorist & Theories Presentation

Choose a nursing theorist, care model, or milestone that has influenced modern nursing practice (Pages 78 & 79 in your P&P Textbook). Research the person, the nursing theory, and its relevance to nursing today. You will select a presentation format that best suits your strengths and learning styles, please seek approval

from the instructor to ensure if doing a class presentation, time is allotted for you. The rubric is posted on the class D2L page.

## Assessment Criteria

1. Understanding of Nursing Theorist & Theory (4 points)
2. History of Practical Nursing in Canada (4 points)
3. Current Role of Practical Nurses in Canada (4 points)
4. Understanding of Regulatory Bodies, Associations, & Unions (4 points)
5. Demonstration of Learning Strategies (4 points)

## 5. Review Quizzes

Review quizzes will be on D2L and on paper in class. These will be reviews on different topics done during the process of the course. Question format includes a variety of styles including, but not limited to multiple-choice, short answer, long answer, matching, and select all that apply.

## 6. Final Exam

The final exam is cumulative and includes all content covered throughout the course, but larger focus on after Midterm material. Question format includes a variety of styles including, but not limited to multiple-choice, short answer, long answer, matching, and select all that apply.

The Registrar's Office sets the scheduling of the final exam.

## GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

## COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Text Resource
Week 1	Self-reflection, personal values and beliefs	OER posted on MyClass
Week 2	Self-care and learning strategies	OER posted on MyClass
Week 3	Health and Wellness	Chapter 1 – Potter and Perry
Week 4	Canadian Healthcare <b>Assignment: Personal Values Assessment to be done in class</b>	Chapter 2 – Potter and Perry
Week 5	Nursing in Canada	Chapter 3 – Potter and Perry
Week 6	Roles of the Regulatory Body, professional associations, and nursing unions	OER posted on D2L
Week 7	Roles of the Regulatory Body, professional associations, and nursing unions	OER posted on D2L
Week 8	<b>Midterm Exam</b>	
Week 9	Foundations of Nursing Practice	Chapter 5 – Potter and Perry
Week 10	Foundations of Nursing Practice <b>Theorist Presentation</b>	Chapter 5 – Potter and Perry
Week 11	<b>READING WEEK – No classes Nov 11-15</b>	
Week 12	Nursing Values, Caring, and Ethics	Chapter 7 – Potter and Perry
Week 13	Nursing Values, Caring, and Ethics	Chapter 7 – Potter and Perry
Week 14	Integration of Caring into Nursing Practice <b>Case Study Partner Presentation</b>	Case studies
Week 15	Integration of Caring into Nursing Practice	Case studies
Week 16	<b>Final Exam</b>	

**\*Subject to change.**

## STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that impact you while you are here:

- Department of Practical Nurse & Health Care Aide Handbook [PN Student Handbook](#)
- NWP Policies: Northwestern Polytechnic administrative/academic policies
- NWP Student Rights & Responsibilities Students [Rights & Responsibilities Policy](#)

## STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.

## LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.