

## Department of Practical Nurse & Health Care Aide

### COURSE OUTLINE – Fall 2024

#### NP1250 (VA2, VL1): Health Assessment –3 (2-0-3) 75 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTOR:** Kristie Bartlett RN, BN    **PHONE:** 780-835-6632  
**OFFICE:** TIB 233    **E-MAIL:** KBartlett@nwpolytech.ca  
**OFFICE HOURS:** By appointment only

#### CALENDAR DESCRIPTION:

Introduction to the nursing process and development of assessment skills.

Incorporates the use of clinical technologies necessary to conduct a thorough health assessment. Focus is on individuals across the lifespan.

Note: Available only to Practical Nursing students

**PREREQUISITE(S):** None

**COREQUISITE:** NP1205, NP1280, NP1500

#### REQUIRED TEXT/RESOURCE MATERIALS:

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M (2019). *Physical examination and health assessment* (4th Canadian ed.). Elsevier

Jarvis, C., Tarlier, D., Van Pelt, L., Labrecque, M., & Newton, L. (2019). *Student laboratory manual for physical examination and health assessment* (4th Canadian ed.). Elsevier.

## REQUIRED ONLINE RESOURCES:

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online resource. The EAQ will assist students with preparing to write the CPNRE registration exam. This resource will provide students with a 24-month online review/prep course to use as they progress through the PN program.

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-requisite-skills-and-abilities/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). Code of ethics for Licensed Practical Nurses in Canada. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). Entry-level competencies for licensed practical nurses. Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns>

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). Competency profile for licensed practical nurses (5th ed.). Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/competency-profile-for-lpns-5th-edition-complete/>

**DELIVERY MODE(S):** In person lecture and lab

## LEARNING OUTCOMES:

Upon successful completion of NP1250 learners will be able to:

1. Describe the nursing process.
2. Demonstrate assessment techniques including subjective and objective data collection, physical assessment, and use of various assessment tools.
3. Identify opportunities for clinical reasoning and clinical judgment during the assessment phase of the nursing process.
4. Apply concepts from anatomy and physiology to health assessments.
5. Identify concepts of client safety and safe nursing practice.
6. Demonstrate professionalism and ethical practice during health assessments.

7. Demonstrate clear and concise documentation of health assessment findings using accurate medical terminology.

## TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

## EVALUATIONS:

| Assignment               | Weight          | Date                                  | Related Course Learning Outcome |
|--------------------------|-----------------|---------------------------------------|---------------------------------|
| Weekly Knowledge Check   | 25% (2.5% each) | Week 2, 3, 4, 6, 8, 9, 10, 12, 13, 14 | 1, 4, 5                         |
| Midterm Exam             | 30%             | Week 7                                | 2, 3, 5, 6                      |
| Laboratory Participation | 10%             | Grade at end of course                | 1, 2, 3, 4, 5, 6, 7             |
| Laboratory OSCE          | Pass/Fail       | Week 13                               | 1, 2, 3, 4, 5, 6, 7             |
| Final Exam               | 35%             | During Exam Week                      | 1, 3, 4, 5                      |

\* All evaluation components must be completed to be successful in the course

### 1. Weekly Knowledge Check

The purpose of the weekly knowledge check is to encourage preparatory reading from the textbook prior to the lecture classes each week. Quizzes will be weighted at 2.5% each and completed either on the D2L/MyClass page or the EAQ. The content, timing, duration, and frequency of the knowledge checks are identified on the MyClass Course page. Students will have 1-attempt to complete each quiz. Missed knowledge checks will be assigned a score of zero. There will be no deferred or make-up quizzes. Knowledge checks are completed outside of class time. Students can use their textbooks during the quizzes but are expected to complete them independently.



## 2. Midterm Exam

The midterm exam includes all content, including lectures, required readings, laboratory components, and posted materials, covered up to Week 7. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. Accommodations may be granted on a case-by-case basis at Instructor discretion.

## 3. Laboratory Participation

Attendance is recorded for each student in each lab. Marks are deducted for missed labs. Should a student have an excusable absence, the student must initiate a replacement lab with the instructor. An email must be submitted prior to the missed lab. It is the instructor's discretion to determine if the absence is excusable or not. To receive full marks for laboratory participation, students must: arrive prepared with the appropriate materials, in appropriate attire, and participate actively in each lab. Rubric posted on D2L.

## 4. Laboratory OSCE (Objective Structured Clinical Examination)

Students will perform a focused assessment on a standardized patient. Further instruction will be provided prior to OSCE's. Students must pass the OSCE to receive credit in the course. Students will have a total of three attempts to pass the OSCE. The three attempts include the initial OSCE test and no more than two OSCE re-tests. All OSCE re-testing must be completed prior to the end of the course to receive a pass in NP 1250. If the student is unsuccessful in passing the OSCE after three attempts, the student will be deemed unsuccessful in the course.

## 5. Final Exam

The final exam is cumulative and includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. Scheduling of the final exam is set by the Registrar's Office.

### GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|-------------|--------------------|-----------------------|
| A+          | 4.0                | 95-100                | C+          | 2.3                | 67-69                 |
| A           | 4.0                | 85-94                 | C           | 2.0                | 63-66                 |
| A-          | 3.7                | 80-84                 | C-          | 1.7                | 60-62                 |
| B+          | 3.3                | 77-79                 | D+          | 1.3                | 55-59                 |
| B           | 3.0                | 73-76                 | D           | 1.0                | 50-54                 |
| B-          | 2.7                | 70-72                 | F           | 0.0                | 00-49                 |

## COURSE SCHEDULE/TENTATIVE TIMELINE:

\*Subject to change

| Week   | Lecture   | Lab   | Text Resource  |
|--------|---|---|--|
| Week 1 | <ul style="list-style-type: none"> <li>No Lecture</li> </ul>  | <ul style="list-style-type: none"> <li>Critical Thinking and Evidence-Informed Assessment</li> <li>Assessment Techniques and the Clinical Setting</li> <li>Introduction to Lab; Hand hygiene</li> </ul> | <ul style="list-style-type: none"> <li>Chapter 1</li> <li>Chapter 9</li> </ul>   |
| Week 2 | <ul style="list-style-type: none"> <li>General Survey, Measurement, and Vital Signs</li> <li>Skin, Hair &amp; Nails Assessment</li> </ul> | <ul style="list-style-type: none"> <li>Lab A: General Survey, Measurement, &amp; Vital Signs</li> <li>Lab B: Skin, Hair &amp; Nail Assessment</li> </ul>  | <ul style="list-style-type: none"> <li>Chapter 10</li> <li>Chapter 13</li> </ul> |
| Week 3 | <ul style="list-style-type: none"> <li>Eyes, Ears, Nose, Mouth &amp; Throat Assessment</li> </ul>   | <ul style="list-style-type: none"> <li>Vital Signs</li> </ul>   | <ul style="list-style-type: none"> <li>Chapters 15, 16, &amp; 17</li> </ul>      |

|        |   |   |  |
|--------|---|---|--|
|        |   | <ul style="list-style-type: none"> <li>Eyes, Ears, Nose, Mouth &amp; Throat Assessment</li> </ul>   |  |
| Week 4 | <ul style="list-style-type: none"> <li>Musculoskeletal</li> <li>Head &amp; Neck</li> </ul>              | <ul style="list-style-type: none"> <li>Vital Signs</li> <li>Lab A: Musculoskeletal Assessment</li> <li>Lab B: Head &amp; Neck Assessment</li> </ul> | <ul style="list-style-type: none"> <li>Chapter 24</li> <li>Chapter 14</li> </ul> |
| Week 5 | <ul style="list-style-type: none"> <li>No Lecture</li> </ul>  | <ul style="list-style-type: none"> <li>Vital Signs</li> <li>Pain Assessment (Lecture)</li> <li>Pain Assessment (Lab)</li> </ul>                     | <ul style="list-style-type: none"> <li>Chapter 11</li> </ul>                     |
| Week 6 | <ul style="list-style-type: none"> <li>Thorax &amp; Lung</li> <li>Functional Assessment</li> </ul>      | <ul style="list-style-type: none"> <li>Vital Signs</li> <li>Thorax and Lung Assessment</li> </ul>   | <ul style="list-style-type: none"> <li>Chapter 19</li> <li>Chapter 31</li> </ul> |
| Week 7 | <ul style="list-style-type: none"> <li>No Lecture</li> </ul>  | <ul style="list-style-type: none"> <li>Vital Signs</li> <li>Functional Assessment</li> <li><b>Midterm</b></li> </ul>                                | <ul style="list-style-type: none"> <li>Chapter 31</li> </ul>                     |
| Week 8 | <ul style="list-style-type: none"> <li>Heart &amp; Neck Vessels</li> <li>Peripheral Vascular</li> </ul> | <ul style="list-style-type: none"> <li>Vital Signs</li> <li>Lab A: Heart &amp; Neck Vessels Assessment</li> </ul>                                   | <ul style="list-style-type: none"> <li>Chapter 20</li> <li>Chapter 21</li> </ul> |

|         |   |   |  |
|---------|---|---|--|
|         |   | <ul style="list-style-type: none"> <li>• Lab B: Peripheral Vascular</li> </ul>  |  |
| Week 9  | <ul style="list-style-type: none"> <li>• Neurological Assessment</li> </ul>                           | <ul style="list-style-type: none"> <li>• Vital Signs</li> <li>• Neurological Assessment</li> </ul>  | <ul style="list-style-type: none"> <li>• Chapter 25</li> </ul>                                 |
| Week 10 | <ul style="list-style-type: none"> <li>• Abdominal</li> <li>• Genitourinary</li> </ul>                | <ul style="list-style-type: none"> <li>• Vital Signs</li> <li>• Lab A: Abdominal Assessment</li> <li>• Lab B: Genitourinary Assessment</li> </ul> | <ul style="list-style-type: none"> <li>• Chapter 22</li> <li>• Chapters 26 &amp; 27</li> </ul> |
| Week 11 | <b>Fall Break</b>   |   |  |
| Week 12 | <ul style="list-style-type: none"> <li>• Bedside Assessment</li> <li>• Complete Assessment</li> </ul> | <ul style="list-style-type: none"> <li>• Vital Signs</li> <li>• Lab A: Bedside Assessment</li> <li>• Lab B: Complete Assessment</li> </ul>        | <ul style="list-style-type: none"> <li>• Chapter 28</li> <li>• Chapter 29</li> </ul>           |
| Week 13 | <ul style="list-style-type: none"> <li>• Mental Health Assessment</li> </ul>                          | <ul style="list-style-type: none"> <li>• Vital Signs</li> <li>• Mental Health Assessment</li> <li>• OSCE's</li> </ul>                             | <ul style="list-style-type: none"> <li>• Chapter 6</li> </ul>                                  |
| Week 14 | <ul style="list-style-type: none"> <li>• Pregnancy</li> <li>• Nutritional Assessment</li> </ul>       | <ul style="list-style-type: none"> <li>• Vital Signs</li> <li>• Lab A: Pregnancy Assessment</li> </ul>  | <ul style="list-style-type: none"> <li>• Chapter 30</li> <li>• Chapter 12</li> </ul>           |

|         |   |   |   |
|---------|---|---|---|
|         |   | <ul style="list-style-type: none"> <li>• Lab B: Nutritional Assessment</li> <li>• OSCE repeat if necessary</li> </ul> |   |
| Week 15 | <ul style="list-style-type: none"> <li>• Review/Final Exam</li> </ul> | <ul style="list-style-type: none"> <li>• No Lab</li> </ul>  | <ul style="list-style-type: none"> <li>• Review of all systems</li> </ul> |

## STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Nursing Education & Health Studies Handbook [PN Student Handbook](#)
- NWP Policies: [Northwestern Polytechnic administrative/academic policies](#)
- NWP Students Rights & Responsibilities Policy: [Students Rights & Responsibilities Policy](#)

## STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.