

Department of Practical Nurses and Health Care Aide

COURSE OUTLINE –Winter 2025

NP1250 (A3, L1, L2, L3): Health Assessment – 3 (2-0-3) 75 Hours in 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR: Andrea Carnell LPN
(Course Lead)

OFFICE: HEC361

OFFICE HOURS: By Appointment Only

PHONE: 780-539-2054

E-MAIL: ACarnell@nwpolytech.ca

INSTRUCTOR: Amanda Hickson LPN

OFFICE: HEC360

OFFICE HOURS: By Appointment Only

PHONE: 780-539-2070

E-MAIL: AHickson@nwpolytech.ca

INSTRUCTOR: Rebecca Groenen LPN

OFFICE: HEC356

OFFICE HOURS: By Appointment Only

PHONE: 780-539-2827

E-MAIL: RGroenen@nwpolytech.ca

CALENDAR DESCRIPTION:

Introduction to the nursing process and development of assessment skills. Incorporates the use of clinical technologies necessary to conduct a thorough health assessment. Focus is on individuals across the lifespan. Note: Available only to Practical Nursing students

PREREQUISITE(S): None

REQUIRED TEXT/RESOURCE MATERIAL

- Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M (2019). Physical examination and health assessment (4th Canadian ed.). Elsevier
- Jarvis, C., Tarlier, D., Van Pelt, L., Labrecque, M., & Newton, L. (2019). Student laboratory manual for physical examination and health assessment (4th Canadian ed.). Elsevier

REQUIRED ONLINE RESOURCES:

- Canadian Council for Practical Nurse Regulators [CCPNR] (2013). Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-requisite-skills-and-abilities/>
- Canadian Council for Practical Nurse Regulators [CCPNR] (2013). Code of ethics for Licensed Practical Nurses in Canada. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>
- Canadian Council for Practical Nurse Regulators [CCPNR] (2019). Entry-level competencies for licensed practical nurses. Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns>

DELIVERY MODE(S): In Person Lecture and Lab

LEARNING OUTCOMES:

Upon successful completion of NP1250 learners will be able to:

1. Describe the nursing process.
2. Demonstrate assessment techniques including subjective and objective data collection, physical assessment, and use of various assessment tools.
3. Identify opportunities for clinical reasoning and clinical judgment during the assessment phase of the nursing process.
4. Apply concepts from anatomy and physiology to health assessments.
5. Identify concepts of client safety and safe nursing practice.
6. Demonstrate professionalism and ethical practice during health assessments.

7. Demonstrate clear and concise documentation of health assessment findings using accurate medical terminology.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferralberta.alberta.ca>.

** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Weight	Date	Related Course Learning Outcomes
Ticket To Lab	25% (2.5% each)	Week: 1,2,3,4,7,8,9,10,11,13	1,4,5
Midterm Exam	30%	Week 6	1,4,5
Laboratory Participation	10%	Graded at end of Course	1-7
Laboratory OSCE	Pass/Fail	Week 14	1-7
Final Exam	35%	During Exam Week	1,3,4,5

* All evaluation components must be completed to be successful in the course

1. Ticket to Lab

The purpose of Ticket to Lab is to encourage preparatory reading for each week. They will be a 3-5 question quiz weighted at 2.5% each and will be completed at the beginning of each lab day. Students will have 1-attempt to complete each quiz. Missed quizzes will be assigned a score of zero. **There will be no deferred or make-up quizzes.** Students can use their textbooks during the quizzes but are expected to complete them independently.

2. Midterm Exam

The midterm exam includes all content, including lectures, required readings,



laboratory components, and posted materials, covered up to Week 7. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

3. Laboratory Participation

Attendance is recorded for each student in each lab. It is recommended all students attend drop-in lab times to ensure competencies and skills are met. An email must be submitted prior to the missed lab. It is the instructor's discretion to determine if the absence is excusable or not, unexcused absences will result in a 0 for that lab. To receive full marks for laboratory participation, students must: arrive prepared with the appropriate materials, in appropriate attire, and participate actively in each lab. Rubric posted on D2L.

4. Laboratory OSCE (Objective Structured Clinical Examination)

Students will perform a focused assessment on a standardized patient. Further instruction and rubric will be posted on D2L. Students must pass the OSCE to receive credit in the course. **Students will have a total of three attempts to pass the OSCE.**

The three attempts include the initial OSCE test and no more than two OSCE re-tests. All OSCE re-testing must be completed prior to the end of the course to receive a pass in NP 1250. **If the student is unsuccessful in passing the OSCE after three attempts, the student will be deemed unsuccessful in the course.**

5. Final Exam

The final exam is cumulative and includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. Scheduling of the final exam is set by the Registrar's Office.

GRADING CRITERIA:

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

*Subject to Change

Week	Lecture
Week 1	<u>Chapter 1, 9, 10</u> Critical Thinking & Evidence-informed Assessment. Assessment Techniques & the Clinical Setting. General Survey, Measurement & Vital Signs
Week 2	<u>Chapter 13</u> Skin, Hair & Nails Assessment
Week 3	<u>Chapter 24 & 14</u> Musculoskeletal Assessment. Head & Neck Assessment
Week 4	<u>Chapter 25 & 11</u> Neurological Assessment. Pain Assessment
Week 5	<u>Chapter 6 & 12</u> Mental Health Assessment. Nutritional Assessment
Week 6	Midterm
Week 7	Reading Week
Week 8	<u>Chapter 15, 16, 17</u> Eyes, Ears, Nose, Mouth & Throat Assessment <u>Chapter 31</u> Functional Assessment
Week 9	<u>Chapter 20 & 21</u> Heart & Neck Vessels. Peripheral Vascular
Week 10	<u>Chapter 19 & 22</u> Thorax & Lungs. Abdomen
Week 11	<u>Chapter 26, 27 & 30</u> Genitourinary. Pregnancy
Week 12	<u>Chapter 28 & 29</u> Bedside Assessment. Complete Assessment
Week 13	Review

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Practical Nurse & Health Care Aide, [PN Student Handbook](#)
- NWP Policies: <https://www.nwpolytech.ca/about/administration/policies/>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

**Note: all Academic and Administrative policies are available on the same page.

Additional Information:

Turnitin Disclosure

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.