

LEARNING OUTCOMES:

Upon successful completion of NP1400, learners will be able to:

1. Identify principles of growth and development.
2. Discuss factors influencing growth and development.
3. Describe various nursing implications associated with growth and development processes.
4. Apply concepts of anatomy and physiology to growth and development across the lifespan.
5. Compare various developmental theories

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page

<http://www.transferalberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Weight	Date	Related Course Learning Outcomes
Quiz #1 (Week 1-4)	15%	Week 5 June 6 th during Lecture	1,2,3,4,5
Quiz #2 (Week 5-7)	15%	Week 8 June 27 th During Lecture	1,2,3,4,5
Patient Teaching Pamphlet	20%	Week 10 Due July 8 th @ 1159hrs Presenting July 11 th	1,2,3,4,5
Clinical Judgement Exam (CJE)	20%	Week 12 July 25 th during Lecture	1,2,3,4,5
Final Exam	30%	Week 15	1,2,3,4,5

1. Clinical Judgment Exams:

You will be presented with a case study focusing on a stage of growth and development during in-class clinical judgment exams. Each exam gives you the opportunity to demonstrate your understanding of the assigned stage, including expected physical, cognitive, and psychosocial

changes, common health risks and concerns, as well as nursing considerations when caring for individuals and/or their families during this stage. This is an open book exam. The use of the required textbooks, study notes may be used but should not be dependent on. Therefore, Students should complete all required readings to be as successful as they can. Marking Rubric will be posted on D2L

2. Quiz

Quizzes will be given at the beginning of lecture. Those students who are late to class on these days will be given a grade of 0. Quizzes will include all content covered up to the date of the quiz. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. Students who are not in class during this time, will not have a chance for a rewrite and will be given an automatic grade of 0.

3. Patient Teaching Pamphlet:

Understanding Developmental Milestones This assignment encourages collaboration and creativity. Each group will design a 1- page, double-sided pamphlet focused on a specific developmental stage. The pamphlet will aim to promote health or safety for the assigned milestone or developmental stage, designed to be easily understood by patients and/or caregivers. Students will identify cognitive, physical, and emotional milestones, offering practical tips for enhancing patient well-being or safety. Marking rubric will be posted on D2L.

4. Final Exam

The final exam includes all content covered in Weeks 1-15. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

Scheduling the final exam is set by the Registrar's Office.

GRADING CRITERIA:

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66

A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

*Subject to Change

Week	Topic	Chapters
1	Pediatric Nursing in Canada Family, Social & Cultural Influences on Children's Health	Mat Child: Ch 30 Mat Child: Ch 31
2	Developmental Influences on Child Health Promotion	Mat Child: Ch 32
3	Conception to Newborn Maternal Nutrition Newborn to Infant	Potter & Perry: Ch 23 Mat Child: Ch 12 Potter & Perry: Ch 23
4	The Infant and Family Promoting Optimum Health During Childhood	Mat-Child: Ch 36 Mat Child: Ch 35
5	QUIZ #1 The Toddler and Family Promoting Optimum Health During Childhood	Mat Child: Ch 37 Mat Child: Ch 35
6	The Preschooler and Family Promoting Optimum Health During Childhood	Mat Child: Ch 38 Mat Child: Ch 35
7	The school-Age Child and Family Impact of Intellectual Disability or Sensory Impairment on the Child and Family Promoting Optimum Health During Childhood	Mat Child: Ch 39 Mat Child: Ch 42 Mat Child: Ch 35
8	QUIZ #2 The Adolescent and Family	Mat Child: Ch 40
9	Spring Break	Spring Break
10	Patient Teaching Pamphlet (Presentations)	

11	Caring for the Mental, Emotional, and Behavioral Health Needs of Children and Adolescents Promoting Optimum Health During Childhood Young Adult	Mat Child: Ch 55 Mat Child: Ch 35 Potter & Perry: Ch 34
12	CJE	
13	Middle Adulthood Older Adult	Potter & Perry: Ch 24 Potter & Perry: Ch 25
14	Review	
15	Final Exam – To be determined	

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Practical Nurse & Health Care Aide, [PN Student Handbook](#)
- NWP Policies: <https://www.nwpolytech.ca/about/administration/policies/>

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the Northwestern Polytechnic Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the Student Rights and Responsibilities policy which can be found at <https://www.nwpolytech.ca/about/administration/policies/index.html>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

TURN IT IN DISCLOSURE

As part of NWP's commitment to academic integrity, all written assignments submitted by

students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments, examinations, and quizzes must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time.

For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved