

## Department of Practical Nurse & Health Care Aide

### COURSE OUTLINE – Winter 2025

#### NP2100 (4): Practical Nursing Practice I – 4 (0-2-0) 210 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land, and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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<b>OFFICE HOURS:</b>	By Appointment		
<b>INSTRUCTOR:</b>	Nicki Rosentreter LPN	<b>PHONE:</b>	780-539-2716
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<b>INSTRUCTOR:</b>	Rebecca Groenen LPN	<b>PHONE:</b>	780-539-2827
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<b>OFFICE HOURS:</b>	By Appointment		
<b>INSTRUCTOR:</b>	Cheyenne Richards LPN	<b>PHONE:</b>	780-539-2771
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<b>OFFICE HOURS:</b>	By Appointment		

**CALENDAR DESCRIPTION:** Introduction to practical nursing practice. Focus is on nursing care of adult clients and their families in a continuing care facility.

Note: Available only to Practical Nursing Students

**PREREQUISITE(S):** NP1400, NP1410, NP1600, NP1700, NP1450, NP1480

**REQUIRED MATERIALS:**

- Jarvis, C., Browne, A., McDonald-Jenkins, J., & Luctar-Flude, M. (2023). *Physical Examination and Health Assessment* (4th ed.). Elsevier.
- Lewis, S. L., Bucher, L., Heitkemper, M. M., Harding, M. M., Barry, M. A., Lok, J., Tyerman, J., & Goldsworthy, S. (2019). *Medical-Surgical nursing in Canada: assessment and management of clinical problems* (4<sup>th</sup> Canadian ed.). Toronto, ON: Elsevier.
- Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6<sup>th</sup> ed.). Toronto, ON: Elsevier Canada.

**DELIVERY MODE(S):** In-Person Clinical and Seminar

**LEARNING OUTCOMES:**

Upon successful completion of NP2100 learners will be able to:

1. Demonstrate a caring practice for clients in a continuing care setting.
2. Demonstrate use of various eHealth resources.
3. Apply critical thinking, clinical reasoning, and clinical judgement to care of clients in a continuing care setting.
4. Demonstrate personal and client safety in the clinical setting.
5. Implement the nursing process for the care of a client in a continuing care setting.
6. Perform proper procedure for various clinical nursing skills.
7. Demonstrate self-reflection and evaluate their beginning practice.

**TRANSFERABILITY:**

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**\*\* For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

Assignment	Weight	Date	Related Course Learning Outcome
Comprehensive Review Written Exam	Pass/Fail (60% or greater to pass)	Week 1	1,3,4,5,6
Comprehensive Review Skills Assessment	Pass/Fail	Week 1	1,3,4,5,6
Journal Reflections	Pass/Fail	Week 3, 6, 9, & 12	7
Clinical Research	Pass/Fail	Weekly	1, 2, 3, 4, 5, 6, 7
Practicum Evaluation Tool (PET) - Midterm	---	End of week 8	1, 2, 3, 4, 5, 6, 7
Practicum Evaluation Tool (PET) - Final	Pass/ Fail	End of week 14	1, 2, 3, 4, 5, 6, 7

**EVALUATION DESCRIPTIONS:**

**1. Comprehensive Review Written Exam**

This exam will be a pass/fail exam based on the knowledge you obtained during the first year of your program. To be successful and permitted to continue in NP2100, students must receive a 60% pass on the comprehensive exam and a 'pass' on all skill assessments.

If a student is not successful on the comprehensive exam, you will have *1 exam re-write* opportunity.

**2. Comprehensive Review Skills Assessment**

You will be required to demonstrate competency on the following skills:

- i. Head to Toe Assessment

- ii. Medication Administration
- iii. Sit/Stand and Hoyer Lifts

If a student is not successful on the skills assessments, you will have *2 additional chances* to receive a 'pass'. If a student does not pass the comprehensive exam and the skills assessment, they will not be permitted to continue in NP2100 and will be unsuccessful in the course.

### 3. Journal Reflections

In this journal reflection assignment, nursing students are expected to engage in an exploration of their clinical experiences based on provided prompts. This reflective practice aims to enhance self-awareness, critical thinking, and the integration of theoretical knowledge into practical situations. If a student receives a Fail on two or more journal reflections, they will be unsuccessful in NP2100. Rubric is available on D2L.

### 4. Clinical Research

Students will be expected to complete thorough patient research during their clinical shifts. Research will be submitted to their instructor for review and evaluation. If a student receives a Fail on two or more clinical research assignments, they will be unsuccessful in NP2100. Rubric is available on D2L.

### 5. Practicum Evaluation Tool (Pass/Fail)

A formative assessment of nursing practice will be completed by the student and instructor midway and at the end of the course. This will be accomplished through observation, assessment, and evaluation of the student in various activities in the clinical setting. Feedback may be supplemented with input from peers, faculty and staff at the clinical site, and the clients/families.

The instructor will provide the students with a summative written final evaluation at the end of the course.

**At midterm students who are at risk for failing or receive an Unsatisfactory (U) rating on any section of the PET will develop a Learning Support Plan in collaboration with the clinical instructor.** Students must successfully meet the requirements of the Learning Support Plan by the agreed upon date. The clinical instructor determines if the student has met the appropriate level of achievement with consideration given to the Levels of Independence applicable to the course. Consistent Growth throughout the term is expected in each of the five competencies.

**Note:** To successfully complete NP2100 and receive credit learners must achieve a Pass on the final Practicum Evaluation. A copy of the PET is available on the D2L page.

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-Point Equivalence	Percentage Conversion (unless otherwise specified in the Course Outline)	Descriptor
P	N/A	60-100	Pass
F	N/A	0-59	Fail

**Note:** To successfully complete NP2100 and receive credit learners must achieve a Pass on the final Practicum Evaluation.

**COURSE SCHEDULE/TENTATIVE TIMELINE:** Each week contains one (1) 12-hour clinical day and (1) 110-minute seminar.

**STUDENT RESPONSIBILITIES:** This course outline acts as an agreement between the student and the instructor of this class regarding the details of the course. If there are differences in wording about grading between the course outline and the information posted on myClass or gradebook the wording in the course outline is the official document.

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with the prior written consent of the instructor or as a part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

### **Fitness to Practice**

As health profession students it is important to assess your individual fitness to practice prior to and during each clinical course as part of your professional responsibility.

If you have concerns about your Fitness to Practice, contact your clinical instructor.

### **Clinical Practice Preparation**

Professional responsibility for nursing students includes clinical practice preparation related to evidence-informed practice and patient safety. Preparation includes appropriate understanding, synthesis, and integration of relevant knowledge. The clinical instructor, in conjunction with the clinical site, will identify appropriate timeframes for students to access patient records.



Clinical practice preparation is required in addition to direct course hours. Students who are not adequately prepared to provide safe and competent patient care will not participate in clinical activities.

All students and instructors have obligations under the [Alberta Health Information Act \(2020\)](#) and [Alberta Electronic Health Record Regulation \(2018\)](#) related to the safeguarding of a client's personal health information. See CLPNA privacy policy: <https://www.clpna.com/lpn-knowledge-hub/privacy-legislation-in-alberta-continuing/> Students are accountable for ensuring that they follow all relevant privacy legislation and policies and understand the privacy requirements that apply to their nursing practice. Secure access and handling of health information, along with mandatory reporting of potential or actual breaches are required of students and faculty.

### **Attendance:**

Attendance is mandatory for clinical and seminar. Absences will jeopardize overall clinical performance and success in the course and may result in a Failure.

Absences from clinical may result in the instructor being unable to effectively evaluate the student's clinical performance resulting in a Fail.

### **Required Supplies**

NWP uniforms and supplies as per student handbook.

### **Health & Safety Requirements**

Students are required to complete all Health and Safety requirements for each clinical course prior to orientation at the clinical site. These requirements are referenced in the [NWP PN HANDBOOK](#)

### **STATEMENT ON ACADEMIC MISCONDUCT:**

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.

**Additional Information:** As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of

plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.