

DEPARTMENT OF PRACTICAL NURSE & HEALTH CARE AIDE

COURSE OUTLINE – Fall 2025

NP2130 (VA2, VS1): Maternity Nursing Theory – 3 (3-1-0) 60 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Jaclyn Hayward	PHONE:	780-835-6620
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OFFICE HOURS:	By Appointment		

CALENDAR DESCRIPTION: Introduction to concepts, theories, and practices for practical nursing of maternity clients and their families. Focus is on family-centered care and client teaching for child-bearing families.

PREREQUISITE(S): NP1400, NP1410, NP1450, NP1480, NP1600, NP1700

COREQUISITE(S): NP2100, NP2110, NP2150

REQUIRED MATERIALS:

Ackley, B.J., Ladwig, G. B., Makic, B. B. F., Martinez-Kratz, M., & Zanotti, M. (2022) *Nursing Diagnosis Handbook – An Evidence Based Guide to Planning Care*. (13th ed.). Elsevier.

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2022). *Maternal child nursing care in Canada* (3rd ed.). Elsevier.

American Psychological Association. (2020). *Publication manual of the American Psychological Association: The official guide to APA style* (7th ed.).

LEARNING OUTCOMES:

1. Describe how caring for maternity clients involves supporting the whole family, not just the individual client.
2. Develop comprehensive nursing care plans for child-bearing families in a variety of health care settings.
3. Integrate growth, development, anatomy, physiology, and pharmacology principles into the care of maternity clients and their families
4. Discuss how family-centered care theories apply to nursing practices for maternity clients in a range of scenarios
5. Design, develop and evaluate client teaching strategies tailored to the needs of child-bearing families
6. Demonstrate therapeutic communication techniques for maternity clients and their families.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page

<http://www.transferalberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Weight	Due Date & Time	Related Learning Outcome
Knowledge Checks (5)	10% (2% Each)	All due by 2100 Sept 21, Oct 19, Nov 2 & 29, Dec 13	1, 2, 3, 4, 5, 6
Midterm	25%	October 22, 2025 – In-class	
Clinical Judgement Exercise	20%	October 29 – In Class	1, 2, 3, 4, 5, 6
Group Project/Case Study	20%	Nov 17 & 19 – In Class	1, 2, 3, 4, 5, 6
Final Exam	25%	Week 15 – To be announced	1, 3, 5

*All evaluation components must be completed to be successful in the course

1. Knowledge Checks

Knowledge checks will be completed throughout the course. These will be review questions on different topics completed during the course. Question format includes but not limited to multiple-choice, matching, true and false, and select all that apply. These are to be done outside of class and your textbook may be used if needed.

2. Midterm

The midterm exam includes all content, including lectures, required readings, laboratory components, and posted materials, covered up to Week 7/8. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

3. Nursing Clinical Judgement Assignment

The purpose of the assignment is to assess students understanding of maternal health, pregnancy and/or labour and demonstrate critical thinking through a written care plan. Students will be given a case study and will complete a written care plan within 1.5hr of class time. The care plan will need to be submitted to the instructor before leaving class. Assignment will be open book. APA format is not required for this assignment. A rubric will be posted on D2L.

4. Group Project

Students will receive a case study that pertains to a particular maternal complication. Case studies will be found on D2L. APA 7th edition formatting. Do not include a title page. Minimum of 3 peer reviewed references, one of which may include your textbook. Must include a reference page. Students may use a variety of presentation strategies, such as PowerPoint, poster, ext. Students will work in groups of 2-3. Rubric & full assignment to be posted on D2L.

5. Final Exam

The final exam is a cumulative including content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. Scheduling of the final exam is set by the Registrar's Office.

GRADING CRITERIA

Please note that most universities will not accept your course for transfer credit IF your grade is less than C-.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66

A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

* Grades for this course will be assigned as a percentage. The minimum passing grade is 60%.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Reading
1	Course Overview & Introduction to Maternal Nursing & Perinatal Nursing	Chapters 1 & 4
2	Women's Health	Chapters 5 & 6
3	Women's Health	Chapters 7 & 8
4	Pregnancy	Chapters 9 & 11
5	Pregnancy	Chapters 12 & 13
6	Pregnancy	Chapters 14 & 15
7	No class on Monday Labour & Birth Process	Chapter 16 & 17(start)
8	Labour & Birth Process	Chapters 17 & 18 (Maybe start 19)
9	Labour & Birth Process Nursing Judgement Exercise	Chapters 19 & 20
10	Post-Partum	Chapters 22 & 23
11	Fall Break	No Classes
12	Group Presentations	-----
13	Post-Partum/Newborn	Chapters 24 / 27
14	Newborn	Chapters 28 & 29
15	Review & Final Exam	

***Subject to change – See D2L for up-to-date changes**



STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- Department of Practical Nurse & Health Care Aide Handbook: [Practical Nurse Handbook](#)

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available <https://www.nwpolytech.ca/about/polytechnic-leadership/policies-directory>.

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

ATTENDANCE:

Attendance for all lectures and seminars is expected. Absences will jeopardize overall clinical performance and success in the course and may result in a Failure.

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty.

If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered.

Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment.

If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.