

Department of Practical Nurse & Health Care Aide

COURSE OUTLINE –WINTER 2025

NP2130 (A3, S1, S2): Maternity Nursing Theory– 3 (3-1-0) 60 Hours in 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR: Amanda Hickson, LPN.

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OFFICE HOURS: By appointment only.

CALENDAR DESCRIPTION:

Introduction to concepts, theories, and practices for practical nursing of maternity clients and their families. Focus is on family-centered care and client teaching for child-bearing women families.

Note: Available only to Practical Nursing Students

PREREQUISITE(S): NP1400, NP1410, NP1450, NP1480, NP1600, NP1700

COREQUISITE(S): NP2100, NP2110, NP2150

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REQUIRED MATERIALS:

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2022). *Maternal child nursing care in Canada* (3rd ed.). Elsevier.

Ackley, B.J., Ladwig, G. B., Makic, B. B. F., Martinez-Kratz, M., & Zanotti, M. (2022) *Nursing diagnosis handbook: An evidence-based guide to planning care* (13th ed.). Elsevier.

American Psychological Association. (2020). *Publication manual of the American Psychological Association: The official guide to APA style* (7th ed.).

DELIVERY MODE(S): In person Lecture and Seminar

LEARNING OUTCOMES: Upon successful completion of NP2130 learners will be able to:

1. Discuss caring in a nurse-client relationship with family as the client.
2. Plan nursing care for a child-bearing family in a variety of healthcare settings.
3. Apply concepts of growth and development, anatomy, physiology, pathophysiology, and pharmacology to maternity clients and their families.
4. Discuss concepts, theories, and practices with family-centered care.
5. Discuss client teaching strategies.
6. Demonstrate therapeutic communication techniques for care of the child bearing family

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.

EVALUATIONS:

Assignment	Weight	Date	Related learning outcome
Group project	25%	Week 8	1,2,3,4,5,6
Quizzes	15%	Week 1-13	1,2,3,4,5,6
Midterm	30%	Week 6	1,2,3,4,5,6
Final Exam	30%	During Exam Week	1,2,3,4,5,6

*All evaluation components must be completed to be successful in the course.

1. Group Project - 25%

This assignment allows you to create a concise, informative pamphlet or poster that provides essential postpartum care information. The goal is to focus on key aspects of postpartum care and present them in a visually engaging and easy-to-understand format that can be used as an educational tool for new mothers, their families, or healthcare providers. APA 7th edition formatting. Do not include a title page. Minimum of 3 peer reviewed references, one of which may include your textbook. Must include a reference page. Students will work in groups of 3-4. Students may use a variety of presentation strategies, such as PowerPoint, poster, discharge instructions, pamphlet. Etc.

Breakdown of full rubric is found on D2L.

2. Quizzes – 15%

There will be **three quizzes** during this course, each focusing on a different stage of childbirth:

1. Prenatal Quiz
2. Labour Quiz
3. Postnatal Quiz

Each quiz will be worth **5% of your final grade.**

3. Midterm – 30%

This midterm exam includes all content covered up to and including Week 8. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

4. Final Exam - 30%

The final exam is non-cumulative including content covered from week 8 to week 15 in the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

Scheduling of the final exam is set by the Registrar's Office.

GRADING CRITERIA

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

*subject to change

Week	Topic	Text resource
Week 1	Introduction to Maternal Nursing Family as Client Perinatal Nursing	Chapter 1+4
Week 2	Women's Health	Chapter 5+6

Week 3	Women's Health Pregnancy	Chapter 7+8
Week 4	Pregnancy	Chapter 9+10+12
Week 5	Pregnancy	Chapter 13+14+15
Week 6	Pregnancy	MIDTERM
Week 7	Reading week	
Week 8	Childbirth	Chapter 16+17
Week 9	Childbirth	Chapter 18+19
Week 10	Childbirth	Chapter 20
Week 11	Postpartum period	Chapter 21-22
Week 12	Postpartum period	Chapter 23+24
Week 13	Postpartum period	Chapter 26
Week 14	Review	
Week 15	Final Exam (Scheduled by Registrar's Office)	

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN Student Handbook and to clarify any areas of concern with the Instructor. It is also your responsibility to be familiar with NWP Policies.

Please take the time to familiarize yourself with the policies that might impact you while you attend NWP:

- NWP Academic Policies, and Students Rights & Responsibilities: https://docs.google.com/document/d/1rC9OZjozQmSUDuEdrgUaiC0g5_8GtJYx6y7PAkHyA/edit?usp=sharing
- NWP Practical Nurse Handbook: <https://nwpolytech.ca/doc.php?d=PNHBK>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

ADDITIONAL INFORMATION



Turnitin Software

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or

improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.