

DEPARTMENT of Practical Nursing and Health Care Aide

COURSE OUTLINE – Winter 2025

NS2220: Indigenous Health in Canada – 3(3-0-0) UT 45 hours in 7 weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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OFFICE HOURS:	By Appointment		

CALENDAR DESCRIPTION:

This course is offered in response to the Truth and Reconciliation Commission of Canada: Calls to Action, and is the beginning step to culturally safe interaction and practice. Focus is on introducing students to a variety of historical realities and contemporary issues relevant to Indigenous health in Canada. Students will examine issues and contributions facing settler relations from a historical, contemporary, and critical perspective, with a focus on health and well-being.

REQUIRED MATERIALS:

There are required readings and other resources available to access each week on the myClass page, along with the required resources listed below:

American Psychological Association. (2020). *Publication manual of the American Psychological Association: The official guide to APA style* (7th ed.).

Canadian Council for Practical Nurse Regulators [CCPNR} (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from

<https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Entry-level competencies for licensed practical nurses*. Author.

Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Standards of Practice for Practical Nurses in Canada*. Author. Retrieved from:

<https://www.clpna.com/lpn-knowledge-hub/standards-of-practice-for-licensed-practical-nurses-in-canada/>

DELIVERY MODE(S): In-Person

LEARNING OUTCOMES:

1. Understand the historical and contemporary realities relevant to Indigenous health in Canada.
2. Develop self-awareness about Indigenous people's relationship to colonialism and its impacts.
3. Examine our own attitudes and beliefs of Indigenous histories and cultures in Canada.
4. Develop and explore cultural humility.
5. Develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders.
6. Reflect and critically analyze perceptions and knowledge through/in Indigenous worldviews.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**



EVALUATIONS:

Assignment	Grade Weight	Due Date	Related Course Outcome
Critical Reflection – Weekly (x5)	5x10% = 50%	Weekly – Sundays Jan 12, 19, & 26, Feb 2 & 9 @ 2359	2. 3. 4. 6
In-Class Presentation - Outline (10%) - Presentation (30%)	40%	Feb 6 or 11 th during class of 0830-1120	1, 2, 3, 4, 5, 6
Guest Speaker & Participation Marks	10%	Weekly Class Time (Tuesday/Thursdays 0830-1120)	2, 3, 4, 5, 6

1. Critical Reflections

Being able to reflect is essential to nursing practice. The reflections intend to display the acquisition of knowledge, application of concepts, critical thinking, reflection, and insight into the content presented each week. The guiding and/or reflective prompts/questions will help you to explore your own thoughts, feelings, and experiences surrounding Indigenous health in Canada and consider how this learning will change your nursing practice.

- a. This is to be submitted via MyClass using the applicable "Assignment" dropbox. Please ensure it is submitted via PDF or a Microsoft Word Document
- b. Reflections should adhere to a minimum of 250-500 word limit.
- c. The assignment will convey the students point of view, personal understanding, or experience in relation to the posed questions each week. You will also ask questions or challenge assumptions. This will be descriptive, concise and clear within the word limit with no spelling or grammar errors.
- d. Rubric and weekly prompts will be posted to D2L.

2. In-Class Presentation

You will present on a topic relating to one of the TRC Calls to Action. The presentation should either be in the form of an electronic poster, a paper poster, a photovoice, a video and/or PowerPoint on an issue relevant to Indigenous health in Canada. Presentation must include:

- A description of the chosen 'Call to Action' and how it is or is not being implemented currently.
- A question posed to your audience that enhances discussion of your presentation afterwards.

a. Project Outline

Outline to provide a concise description of the "Call to Action" your presentation will address, the goals of the presentation and how you will present your work (presentation). Literature must be integrated.

b. Presentation

The 10–20 min presentation must demonstrate your ability to integrate relevant resource materials (photographs, graphs, brochures, etc.) to engage your audience and have them develop a deeper understanding of your chosen "Calls to Action". The presentation will be evaluated for content, interactive component, and length of time.

Rubric will be posted to D2L.

3. Participation & Guest Speaker

Throughout this course, we will welcome guest speakers into our classroom. Additionally, classes will include group discussions, reflections, simulations, and hands-on activities that require active participation for optimal learning. This participation mark is graded as all-or-nothing, meaning students must meet the following criteria to earn credit:

- a) Attend all classes with guest speakers.
- b) Be present and actively engaged in all classes, demonstrating active listening, contributing to group discussions, and fully participating in classroom activities.

Your presence and involvement are essential to both your success and the collective learning experience of the group.

GRADING CRITERIA

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Content	Readings (To be done before class)
Week 1	<ul style="list-style-type: none"> • Introductions, Course Review, Course expectations etc. • Colonization and Bias. Residential Schools and Indian hospitals/ Treaties, Settler Society, Metis History, Health in the North 	<ul style="list-style-type: none"> • Required Readings & Resources posted on myClass page.
Week 2	<ul style="list-style-type: none"> • Intergenerational Trauma, Racism & Marginalization 	<ul style="list-style-type: none"> • Required Readings & Resources posted on myClass page.
Week 3	<ul style="list-style-type: none"> • Determinants of Health & Indigenous Healthcare • Indigenous Ways of Knowing • Allyship & Reconciliation 	<ul style="list-style-type: none"> • Required Readings & Resources posted on myClass page.
Week 4	<ul style="list-style-type: none"> • Royal Commission of Aboriginal Peoples, Aboriginal Healing 	<ul style="list-style-type: none"> • Required Readings & Resources posted on myClass page.

	Foundation, Resilience, Resistance • Indian Residential Schools Agreement, Common experience payment • Official Apologies, TRC call to Action	
Week 5	<ul style="list-style-type: none"> • Government and Policy Changes, Changing Healthcare in Canada • United Nations Declaration of Rights of Indigenous Peoples (UNDRIP) Cultural safety and humility 	<ul style="list-style-type: none"> • Required Readings & Resources posted on myClass page.
Week 6	Class presentations	Feb 11th
Week 7	Reading Week	

*Subject to change / Tentative calendar

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Practical Nurse & Health Care Aide, [PN Student Handbook](#)
- NWP Policies: <https://www.nwpolytech.ca/about/administration/policies/>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

**Note: all Academic and Administrative policies are available on the same page.

ADDITIONAL INFORMATION

TURNITIN

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered.

Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time.

For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment.

If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received.

Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.