

## Department of Practical Nurse & Health Care Aide

### COURSE OUTLINE – Spring 2025

#### **NS2220 (A4): Indigenous Health in Canada – 3 (6-0-0) 45 Hours for 7 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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#### **CALENDAR DESCRIPTION:**

This course is offered in response to the Truth and Reconciliation Commission of Canada: Calls to Action and is the beginning step to culturally safe interaction and practice. Focus is on introducing students to a variety of historical realities and contemporary issues relevant to Indigenous health in Canada. Students will examine issues and contributions facing settler relations from a historical, contemporary, and critical perspective, with a focus on health and well-being.

**PREREQUISITE(S):** None

**COREQUISITE(S):** None

**REQUIRED MATERIALS:** There are required readings and other resources available to access each week on the myClass page, along with the required resources listed below:

American Psychological Association. (2020). Publication manual of the American Psychological Association: The official guide to APA style (7th ed.).

**DELIVERY MODE(S):** In person

**LEARNING OUTCOMES:**

1. Understand the historical and contemporary realities relevant to Indigenous health in Canada.
2. Develop self-awareness about Indigenous people’s relationship to colonialism and its impacts.
3. Examine our own attitudes and beliefs of Indigenous histories and cultures in Canada.
4. Develop and explore cultural humility.
5. Develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders.
6. Reflect and critically analyze perceptions and knowledge through/in Indigenous worldviews.

**TRANSFERABILITY:**

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

\*\* For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

**EVALUATIONS:**

Assignments/Course Components	Due dates	Weight
1) Critical Reflections (4 x 10 % each)	<ul style="list-style-type: none"> <li>• Minimum 2 Due by May 27, 2025 @ 2359 hrs</li> <li>• Remaining Due by June 17, 2025 @ 2359 hrs</li> </ul>	40%
2) Indigenous Healthcare Solutions Paper	<ul style="list-style-type: none"> <li>• June 3, 2025 @ 2359 hrs</li> </ul>	20%

3) In-Class Presentation: i. Project Outline/Group Rules (10%) ii. Group Presentation (25%)	i. May 22, 2025 @ 2359 hrs ii. June 17, 2025 @ 0800 hrs <i>(presenting in class June 17 &amp; 19th)</i>	35%
4) Guest Speaker and Participation Marks	<ul style="list-style-type: none"> <li>Weekly Class Time</li> </ul>	5%

\*\*All evaluation components must be completed in order to be successful in NS2220

## 1. Critical Reflections

Being able to reflect is essential to nursing practice. The intention of the reflections is to display acquisition of knowledge, application of concepts, critical thinking, reflection, and insight in relation to the content presented each week. The guiding and/or reflective prompts/questions will help you to explore your own thoughts, feelings, and experiences surrounding Indigenous health in Canada and consider how this learning will change your nursing practice. Reflections should adhere to minimum 250-500 word limit. APA formatting not required.

## 2. Indigenous Healthcare Solutions Paper:

Each student will research a current issue Indigenous people have faced from the gaps within a healthcare system. The student will find a current Canadian news article or research publication on a current health inequity encounter an Indigenous person has faced and provide at least three recommendations on how nurses can help break the barriers and close the gaps within the healthcare system for Indigenous peoples. Minimum 1000 words to a maximum of 1300 words required. APA 7th edition formatting including title page and reference page for citing event source.

Assignment must include **3 headings** clearly answering the following:

- 1). Description of the incident related to health equity.
- 2). Your opinion as to why the incident occurred within the healthcare system.
- 3) Minimum of three recommendations describing how nurses can assist in changing the outcome of the incident if future occurrences were to take place.

## 3. In-Class Group Presentation

Groups will be assigned and asked to collaborate, create, and present on a topic relating to one of the TRC Calls to Action (#18-24). The presentation should either

be in the form of an electronic poster, a video and/or PowerPoint on an issue relevant to Indigenous health in Canada. Presentation must include:

- A description of the chosen ‘Call to Action’ and how it is or is not being implemented currently.
- A question posed to your audience that enhances discussion of your presentation afterwards.

### ***i.) Project Outline***

Each student is required to submit an individual project outline. This outline will detail the student's specific contributions and planned tasks within the group project. It should demonstrate a clear understanding of the overall group objectives while highlighting individual accountability and planning.

### ***ii.) Presentation***

- The 10-20 min presentation must demonstrate your group’s ability to integrate relevant resource materials (photographs, graphs, brochures, etc.) to engage your audience and have them develop a deeper understanding of your chosen “Calls to Action”. The presentation will be evaluated for content, interactive component, and length of time. There will be one mark assigned for the whole group.

## **4. Guest Speaker & Class Participation Credit (All or nothing Credit 5%)**

There are many speakers being invited as guests to our classrooms. We will also be doing a lot of group discussion, reflection, simulation, and activities during classes, so participation is imperative for learning. This mark is an all-or-nothing credit. In order to receive this mark students must:

- a) Be present during all days we have guest speakers
- b) Be present for all classes. Demonstrates active listening, participation in group discussions, and engagement in every class in order to receive credit.

## **GRADING CRITERIA:**

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54

## COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Content
<b>Week 1</b>	<ul style="list-style-type: none"> <li>• <i>Introductions, Course Review</i></li> <li>• Colonization and Bias. Residential Schools and Indian Hospitals/Treaties, Settler Society, Metis History, Health in the North</li> </ul>
<b>Week 2</b>	<ul style="list-style-type: none"> <li>• Intergenerational Trauma Racism and Marginalization</li> <li>• Sixties Scoop and MMIWG</li> </ul>
<b>Week 3</b>	<ul style="list-style-type: none"> <li>• Determinants of Health &amp; Indigenous Healthcare</li> </ul>
<b>Week 4</b>	<ul style="list-style-type: none"> <li>• Royal Commission of Aboriginal Peoples, Aboriginal Healing Foundation, Resilience, Resistance</li> <li>• Indian Residential Schools Agreement, Common experience payment</li> <li>• Official Apologies, TRC call to Action</li> </ul>
<b>Week 5</b>	<ul style="list-style-type: none"> <li>• Government and Policy Changes - Changing Healthcare in Canada</li> <li>• United Nations Declaration of Rights of Indigenous Peoples (UNDRIP) Cultural safety and humility</li> </ul>
<b>Week 6</b>	<ul style="list-style-type: none"> <li>• Indigenous Ways of Knowing</li> <li>• Allyship and Reconciliation</li> </ul>
<b>Week 7</b>	<ul style="list-style-type: none"> <li>• In-Class Class Presentations</li> </ul>

## **STUDENT RESPONSIBILITIES:**

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Nursing Education & Health Studies [PN Student Handbook](#)
- NWP Policies: [Northwestern Polytechnic administrative/academic policies](#)
- NWP Policies: [NWP Students Rights & Responsibilities Policy](#)

## **STATEMENT ON ACADEMIC MISCONDUCT:**

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.

## **Additional Information:**

### **Late Assignments:**

Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by the faculty. If extensions are necessary, they may be requested up to 48 hours before the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48 hours may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.