



## DEPARTMENT OF NURSING EDUCATION AND HEALTH STUDIES

### COURSE OUTLINE – Fall 2024

#### NS2220 (A2/B2/C2): Indigenous Health in Canada – 3 (3-0-0) 45 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTOR:** Alise Rombs  
**OFFICE:** HEC 347  
**OFFICE HOURS:** By Appointment

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#### CALENDAR DESCRIPTION:

This course is offered in response to the Truth and Reconciliation Commission of Canada: Calls to Action and is the beginning step to culturally safe interaction and practice. Focus is on introducing students to a variety of historical realities and contemporary issues relevant to Indigenous health in Canada. Students will examine issues and contributions facing settler relations from a historical, contemporary and critical perspective, with a focus on health and well-being. Students not enrolled in the Nursing Program require permission of the department.

#### PREREQUISITE(S)/COREQUISITE:

There are no prerequisites for this course.

#### REQUIRED TEXT/RESOURCE MATERIALS:

Douglas, V. (2020). An introduction to Indigenous health and healthcare in Canada. Bridging Health and Healing. 2 ed. Springer Publishing.



Please note that in some weeks there will also be additional readings listed on the current week on the myClass page.

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Retrieved from <https://www.cna-aiic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive.pdf?la=en>

College and Association of Registered Nurses of Alberta. (2011). *Primary health care: Vision, roles, and opportunities*. Edmonton, AB: Author. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5\\_14](https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5_14)

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f\\_10](https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10)

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from [http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN\\_ProfessionalBoundaries\\_May2011.pdf](http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_ProfessionalBoundaries_May2011.pdf)

## **DELIVERY MODE(S):**

In person delivery. This course is delivered on GPRH NWP HEC campus. There are onsite requirements. Technological support is available through [helpdesk@gprc.ab.ca](mailto:helpdesk@gprc.ab.ca)

Note: NWP reserves the right to change the course delivery.

## **LEARNING OUTCOMES:**

1. Understand the historical and contemporary realities relevant to Indigenous health in Canada.
2. Develop self-awareness about Indigenous peoples relationship to colonialism and its impacts.
3. Examine our own attitudes and beliefs of Indigenous histories and cultures in Canada.
4. Develop and explore cultural humility.
5. Develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders.
6. Reflect and critically analyze perceptions and knowledge through / in Indigenous worldviews.
7. Understand the major healthcare issues facing Indigenous peoples in Canada today in the context of social determinants of health.

## TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page

<http://www.transferalberta.alberta.ca>.

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.

**Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

## EVALUATIONS:

Assignments/Course components	Dates	Weight
<b>Weekly Knowledge Checks</b> – content will be tested from the assigned weekly readings from textbook. Knowledge checks will be completed during class time.	Weekly in each class.	30%
<b>Weekly Discussion Forums</b> – Students will engage in a weekly discussion forum. <i>The intention of the forum is to display acquisition of knowledge, application of concepts, critical thinking, and insight in relation to the content presented each week.</i> The forum posting (including responses) will be due each week on Sunday by 11:59pm. No exceptions or extensions will be given.	Due by Sunday at 11:59 pm, each week of the course starting Week 2.	25%
<b>In-Class Presentation</b> <ul style="list-style-type: none"> <li>Group Contract (5%) to be submitted October 13<sup>th</sup>, 2024 by 23:59PM.</li> <li>Group Outline (5%) to be submitted by November 3, 2024 by 23:59PM.</li> <li>Group Presentation (25%) to be submitted November 24, 2024 at 23:59PM.</li> </ul>	Present during Week 13-14	10%  25%
<b>Class Participation:</b> Be present and active in each class, participate in large class and smaller group discussions. Group contracts are submitted and agreed upon by all individuals by September 30 <sup>th</sup> , 2023 at 11:59PM (to be discussed in class orientation).	Weekly	10%

## ASSIGNMENT DESCRIPTIONS:

### 1. Weekly Knowledge Checks 30%

Content will be tested from the assigned weekly readings. Knowledge checks will be completed on myClass and each student will independently complete the quiz to consolidate their class learning for the week during class time as scheduled by the instructor. 20-minute allotments to complete the knowledge checks in class. In-person attendance is mandatory to complete knowledge checks with no exceptions unless determined with the instructor prior to the scheduled class date.

### 2. Weekly Reflection / Discussion Forums 25%

***Being able to reflect is essential to nursing practice.*** Students will engage in a weekly discussion forum. The intention of the forum is to display acquisition of knowledge, application of concepts, critical thinking, reflection, and insight in relation to the content presented each week. The guiding and/or reflective prompts/questions will help you to explore your own thoughts, feelings, and experiences surrounding Indigenous health in Canada and consider how this learning will change your nursing practice. **Each student will respond to the initial forum posting with a thorough response, and respond to a minimum of two peers postings** with a thorough and adequate engaging response to support additional learning and understanding of content material by each weekly deadline date.

Evaluation Criteria:
Reflexivity: Writing conveys the student's point of view, personal understanding, or experience in relation to the question (s) posed. Writer asks questions or challenges assumptions. /5 mark
Writing: Text is descriptive, clear and concise. Adheres to 250-500 word limit. No spelling or grammatical errors. /5 mark

### 3. In-Class Presentation: 35%

In your groups you are asked to create and present on the topic you have selected. The digital presentation should either be in the form of an electronic poster, a photovoice, a video and/or PowerPoint on an issue relevant to Indigenous health in Canada. Your presentation may address any number of different issues as long as they fall within the concepts discussed throughout the course in sections. Concepts related to this course can be found on myClass on the course schedule. Your presentation will include the following:

- **Group Outline and Group Contract (10%)** - The group outline will be one page in length following the formatting guidelines available on MyClass. The purpose of the group outline is to provide a concise description of the topic or issue your presentation will address, the goals of the presentation, how you will present your work (presentation) and what your presentation will be about. Literature must be integrated and referenced using current APA guidelines (minimum of 4 resources). If group outline is judged to be



underdeveloped, you may be asked for a revised copy to be submitted. In such case the original mark will not be modified. The group outline is submitted as one assignment for all group members. Group Contracts are to be submitted by the assigned due date on myClass in the appropriate assignment dropbox. All group members must contribute equally and uphold to their shared duties in the established group contract to receive grading for this assignment and group presentation. Failure to uphold to your assigned contributions will result in a grade of zero.

- **Presentation (25%)** - The 10-minute digital presentation must demonstrate your group's ability to integrate relevant resource materials (ex: photographs, graphs, brochures, etc.) to engage your audience and have them develop a deeper understanding of your topic/issue related to Indigenous Health. The presentation will be evaluated for content, interactive and creativity, images, mechanics and time limit, and APA referencing. Rubric for grading is posted to myClass for review. All group members must contribute equally and uphold to their shared duties to the established group contract to receive grading for this assignment.

Create a 10-minute presentation with your group to present to the class. All presentations are required to include 1-2 slides on how your topic of choice can be incorporated into nursing practice. Use the following guidelines below to choose a topic related to:

- Current issue Indigenous people have faced from the gaps within a healthcare system and strategies to close these gaps.
- Current health inequity encounter an Indigenous person has faced and provide at least three recommendations on how nurses can help break the barriers and close the gaps within the healthcare system.
- Issue relevant to Indigenous health in Canada related to interpersonal violence.
- Topic related to one of the health TRC Calls to Action (#18-24).
- Topic related to Culture and Spirituality of Indigenous People and include strategies nurses can incorporate the topic into their nursing practice.
- Topic related to intergenerational trauma and how nurses can support Indigenous patients.
- "What is your call to action?": Identify one of the 7 health related TRC Calls to Action and activities nurses can incorporate into their practice to support the call.

Presentations are up to your own creativity, however each presentation must include: background on the topic of choice, how to incorporate this into your nursing practice, why this topic is important, and a minimum of 5 references in APA formatting.

#### 4. Guest Speaker and Class Participation: 10%

- There are many guest speakers being invited as guests to our classrooms and providing us their valuable time to assist us with our classrooms learning. We will also be doing a lot of group discussion, reflection, and activities during classes, therefore participation is imperative for learning.
- The instructor will assign a grade based on individual student classroom participation. The parameters include being present (5%) and active in each class and participating in large class and smaller group discussions (5%).

#### GRADING CRITERIA: (The following criteria may be changed to suite the particular course/instructor)

Please note that most universities will not accept your course for transfer credit **IF** your grade is less than C-.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

**COURSE SCHEDULE/TENTATIVE TIMELINE:** Please refer to the myClass page for class schedule.

#### STUDENT RESPONSIBILITIES:

Please refer to the Students Rights and Responsibilities Policy on the main NWP website.

<https://www.nwpolytech.ca/about/administration/policies/fetch.php?ID=69>



## **LATE ASSIGNMENT POLICY:**

To obtain credit in the course ALL assignments, examinations, and quizzes must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date, and should be submitted in writing to the faculty member involved for review. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. Papers/assignments may not be rewritten for a higher grade. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Concerns regarding grading are to be discussed with the faculty member involved.

## **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <https://www.nwpolytech.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.nwpolytech.ca/about/administration/policies/index.html>

## **STATEMENT ON ACADEMIC MISCONDUCT:**

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

\*\*Note: all Academic and Administrative policies are available on the same page.