



DEPARTMENT of NURSING & HEALTH STUDIES

COURSE OUTLINE – Winter 2025

NS 2240 (A3/B3): Foundations in Nursing III
3 (3-0-0) 45 Hours/15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR: Sarah Worton MN, RN, IBCLC **PHONE:** 780-539-2892
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OFFICE HOURS: Available upon request

CALENDAR DESCRIPTION:

The focus is on evidence informed assessment and management of health challenges in both episodic and chronic illness. This course aligns with concepts from NS2160 and NS2250 intentional clinical learning activities.

PREREQUISITE(S):

NS2200 - Foundations of Nursing II (3)

NS2210 - Introductory to Acute Care Nursing Practice I (6)

COREQUISITE(S):

NS2160 - Pathophysiology and Pharmacology II (6)

NS2250 - Introductory Acute Care Nursing Practice II (6)

REQUIRED MATERIALS:

Astle, B.J., & Duggleby, W., Potter, P.A., Perry, A., Stockert, P.A., & Hall, A.M. (2019).
Canadian fundamentals of nursing (6th edition). Milton, ON: Elsevier

American Psychological Association (2019). Publication Manual of the American Psychological
Association

Giddens, J. F. (2021). Concepts for Nursing Practice (3rd ed). St. Louis, MO: Elsevier

Ignatavicius, D. (2021). Developing clinical judgement for professional nursing and the
next generation NCLEX-RN examination. (1st ed.) Elsevier.

Jarvis, C. (2019). Jarvis physical examination & health assessment (3rd Canadian Edition). Toronto, ON: Elsevier. Lewis, Dirksen, Heitkemper.(4th Ed) - Medical surgical nursing in Canada (2019).

Lewis, S., Bucher, L., Heitkemper, M., & Harding, (2019). Medical Surgical Nursing in Canada (4th edition). Toronto, ON: Elsevier

Pagana, K., Pagana, T.J., & Pike-MacDonald, S.A. (Eds.). (2018). Mosby's Canadian manual of diagnostic and laboratory tests. Toronto, ON: Elsevier

Perry, P., Potter, P. A., Ostendorf, W. & Cobbert, S. (2020). Canadian clinical nursing skills and techniques (1st ed.). Toronto, ON: Elsevier Canada

Urden, L. D., Stacy, K. M., & Lough, M. E. (2022). Critical care nursing: Diagnosis and management (9th ed.). Elsevier/Mosby.

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online NCLEX prep resource. The EAQ will assist students with preparing to write the NCLEX-RN registration exam. This resource will provide students with a 36-month online review/prep course to use as they progress through the BScN program.

DELIVERY MODE(S): On campus lecture, face to face instruction.

LEARNING OUTCOMES:

Upon completion of this course the student must be able to:

1. Implement the nursing process based on key evidence-informed data with clients experiencing episodic and chronic health challenges across the lifespan
2. Build relational nursing practice and inquiry skills/abilities;
3. Explain the Registered Nurse's role in managing clients with episodic and chronic illness;
4. Examine safety as a foundational concept in nursing practice;
5. Analyze the relationship between ethics and nursing practice.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Percentage of Final Mark	Due Date	Related Course Objectives
Reflective Journals X4	20% (5% each)	January 31, 2025 February 28, 2025 March 28, 2025	1,3,4

		April 11, 2025	
Midterm	25%	February 25 th (A3) February 27 th (B3)	1,2,3,4,5
Elsevier Adaptive Quizzing	20%	April 11, 2025	1,2,3,4,5
Final Exam	35%	During Exam Week TBA	1,2,3,4,5

EAQ Expectations NS 2240

Description: 20% Grade

The EAQ is an assessment tool that contains exam style questions and is used to help students both succeed in their courses and to study effectively for the NCLEX. The goal is to achieve mastery through practice. In 2nd year the goal is to achieve a Mastery Level of 1 “Novice”.

To fulfil the requirements for the EAQ in NS 2240, students will log onto Evolve and open the course titled Elsevier Adaptive Quizzing: EAQ for NCLEX-RN Exam (36 Month) (eCommerce Version), 4th Edition, no marks will be allocated for students not working within this course.

To open the assignments, click on Assignments in the left-hand column of the course. There are four assignments that you need to be working in that have Perfusion, Fluid & Electrolytes, Intracranial Regulation & Palliative as their first name in the title of the assignment: Students are expected to achieve a Mastery Level of Novice in each of the assignments posted for the 4 topics.

Students need to achieve a Mastery Level of Novice in all 4 topic assignments to get full marks. However, if all four topics are not attempted, no marks will be allocated even if Mastery Level of Novice is achieved in other topics.

Note that answering questions correctly will facilitate levelling up more quickly. You can log in as much as you like before the due date of April 11, 2025

Requirements for marks towards the final EAQ grade are as follows:

0 Marks	Did not attempt all four topics and/or did not achieve novice mastery in any topic
5 Marks	All four topics were attempted and achieved Mastery level ‘Novice’ in <u>1</u> of the topics
10 Marks	All four topics were attempted and achieved Mastery level ‘Novice’ in <u>2</u> of the topics
15 Marks	All four topics were attempted and achieved Mastery level ‘Novice’ in <u>3</u> of the topics
20 Marks (Full Marks)	All four topics were attempted and achieved Mastery level ‘Novice’ in <u>4</u> of the topics

Students are encouraged to work on EAQ questions throughout the semester. No marks will be awarded after the due date.

Reflective Journals:

Students will complete 4 reflective journals using Gibb's Reflective Cycle. Students will select one of the concepts covered in this course and apply it to a scenario they experienced during clinical. Concepts include clinical judgment, fluid & electrolytes, acid-base balance, perfusion, cellular regulation, hormone regulation, substance abuse & addiction, intracranial regulation, safety, adherence, caregiving, reproduction, palliative care, anxiety, and self-management. Journals will be submitted on MyClass.

GRADING CRITERIA:

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

January 6-10	No Class
January 13-17	Clinical Judgment & Fluid & Electrolytes
January 20-24	Acid-base balance
January 27-31	Perfusion
February 3-7	Intracranial Regulation
February 10-14	Hormone Regulation & Reproduction
February 17-21	Winter Break
February 24-28	Midterm Exam
March 3-7	Substance Abuse & Addiction
March 10-14	Cellular Regulation
March 17-21	Safety & Adherence

March 24-28	Caregiving & Reproduction
March 31-April 4	Palliative Care
April 7-11	Anxiety & Self-management
Final Exam	During Exam Week

STUDENT RESPONSIBILITIES:

Students should refer to the following link for Northwestern Polytechnic policies regarding Student Rights and Responsibilities.

<https://www.nwpolytech.ca/about/administration/policies/fetch.php?ID=69>

Furthermore, all pertinent Academic and Administrative policies can be found at the link below.

<https://www.nwpolytech.ca/about/administration/policies/>

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at 90% would receive an adjusted grade of 85% if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. There will be no makeup assignments offered. Concerns regarding grading are to be discussed with the faculty member involved.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

**Note: all Academic and Administrative policies are available on the same page.

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.