

DEPARTMENT Humanities and Social Sciences

COURSE OUTLINE – WINTER 2026

PY1050 (D3): SOCIAL AND INDIVIDUAL BEHAVIOR - 3 (3-0-0) 45 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land, and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Connie Korpan, Ph.D.	PHONE:	780-539-2032
OFFICE:	C312	E-MAIL:	ckorpan@nwpolytech.ca
OFFICE HOURS:	Tuesdays 11:30– 12:30 & Fridays 12:00-1:00 or by appointment		

CALENDAR DESCRIPTION: This second introductory course in psychology follows PY1040 and gives students an understanding of themselves and other people through the study of basic concepts, principles, theories and methods used in the scientific study of behavior. The course covers biological and cognitive development, emotion and motivation, social psychology, personality theories, mental and behavioral disorders, treatment of mental and behavioral disorders, and stress and health.

PREREQUISITE(S)/COREQUISITE:

Completed the following: PY1040

COREQUISITE(S):

None

REQUIRED TEXT/RESOURCE MATERIALS: OER (Open Education Resource) Textbook Chapters. Chapters of the open-source textbook are posted on the *myClass* site of this course on the NWP website

DELIVERY MODES: On Campus (In Person)

LEARNING OUTCOMES: As a result of taking this course, students will be able to

- demonstrate fundamental knowledge and comprehension of major concepts, theoretical perspectives, and empirical findings in the areas of intelligence, human development, emotion, motivation, human personality, psychological disorders, therapeutic approaches for psychological disorders, and social psychology
- discuss how principles discussed in these areas enable the understanding of psychological phenomena
- incorporate sociocultural factors in their explanations of psychological phenomena
- demonstrate a basic level of understanding of various research methods used in scientific investigations of psychological phenomena
- apply their knowledge of basic research methodology to critically evaluate psychological research

TRANSFERABILITY

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <https://transferalberta.alberta.ca/>

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

1. 4 Quizzes—5% each; total = 20%
2. Midterm Exam = 30 %
Final Exam = 35%
3. Lecture Attendance/Class Participation= 5%
4. Chapter Assignments—course total = 10%

PLEASE NOTE: In order to preserve an evaluation system that is fair to ALL students, requests for additional/substitute work will NOT be granted to students wishing to compensate for poor grades on assignments, quizzes, midterm exam or final exam.

1. **Quizzes:** There will be four quizzes, each held during class time. They are closed-book exams, meaning that for the duration of the quizzes, students are not allowed to access the course materials (whether they are on paper or on computers/other devices). Questions are based on the material covered in the textbook as well as the lectures. Each quiz is worth 5%, for a course total of 20%. **The dates of the quizzes are posted on page 4.**

- 2. Midterm and Final Exams:** The midterm and final exams will be based on material covered in both the textbook and the lectures. The midterm is worth 30% and the final exam is worth 35%. **THE FINAL EXAM WILL NOT BE CUMULATIVE.**

Note on Quizzes, Midterm and Final Exams:

- During exams, you are not allowed to access course materials (i.e., no access to notes/book, whether in paper format or on devices). Accessing such materials will be considered cheating and will result in an automatic "0" on the exam.
- Activities such as holidays or employment are not considered excusable reasons for missing any exam. Students who choose to miss an exam for employment, holiday, or other unexcused reasons may receive a "0" on the exam.
- The dates of the quizzes and midterm are posted on page 4. The final exam date is to be determined by Student Services (note that the final exam period is from April 16 to 23, inclusive). Please refer to page 6 of this course outline for information on missed quizzes.
- Please refer to page 6 of this course outline for information on missed quizzes & exams

- 3. Attendance/Participation:** Attendance will be taken every class and may be taken more than once during a class period. **Please note that in my courses, students who miss more than 10% of classes without an acceptable excuse may be debarred from writing the final exam**

- 4. Chapter Assignments:** There will be 8 multiple-choice chapter assignments, each comprised of questions taken from the textbook material. These are open-book assignments to be completed out of class. Your marks across all the assignments will be averaged; the average mark of all the assignments is worth 10% of your overall grade. You will answer the questions of each assignment by clicking the relevant link. These links are found under the "Chapter Assignments" widget or by clicking "Quizzes" on the blue banner at the top of the myClass page. **Note—for each assignment, you get 2 attempts. The system automatically keeps the highest grade.**

Deadlines for each assignment are noted in 3 ways:

- this course outline (page 4)
- the PDF version of each chapter assignment posted on myClass
- on the assignment links found on myClass.

Please write these deadlines on your calendar and set up myClass to send you reminders of upcoming deadlines. The links will close at 11:59 (1 minute before midnight) on the dates listed (on page 4) and will not be reopened past the deadline. It is your responsibility to know the deadline of each assignment. Do not ask for an extension if you miss a deadline.

NOTE: The assignments are generally due before I cover the material in class as they are designed to help prepare you for the lectures. Also, note that myClass refers to these assignments as "Quizzes"; the assignments are also accessible.

GRADING CRITERION

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	97-100	C+	2.3	70-74
A	4.0	94-96	C	2.0	65-69
A-	3.7	90-93	C-	1.7	60-64
B+	3.3	85-89	D+	1.3	55-59
B	3.0	80-84	D	1.0	50-54
B-	2.7	75-79	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE

<u>TENTATIVE</u> LECTURE SCHEDULE	TOPIC	REQUIRED READINGS	*myClass Chapter Assignment Deadline 11:59 P.M.
JAN 6	Course Overview		
JAN 8/13/15	LIFESPAN DEVELOPMENT	Chapter 9	JAN 7
JAN 20/22/27	EMOTION & MOTIVATION	Chapter 10	JAN 19
JAN 29	QUIZ 1 (CHPTS 9 & 10)		
JAN 29 FEB 3/5	PERSONALITY	Chapter 11	FEB 2
FEB 5/10/12	SOCIAL PSYCHOLOGY	Chapter 12	FEB 4
FEB 12	QUIZ 2 (CHPTS 11 & 12)		
FEB 24	MIDTERM (CHPTS 9 TO 12)		
FEB 26 MAR 3/5	FORENSIC PSYCHOLOGY	NOTES	FEB 25
MAR 10/12/17	STRESS LIFESTYLE & HEALTH	Chapter 14	MAR 9
MAR 19	QUIZ 3 (CHPTS 13 & 14)		
MAR 19/24/26/31	PSYCHOLOGICAL DISORDERS	Chapter 15	MAR 23
MAR 31 APR 2/7/9	THERAPY & TREATMENT	Chapter 16	MAR 30
APR 9	QUIZ 4 (CHPTS 15 & 16)		
BETWEEN APRIL 16 & 23	FINAL EXAM (Forensic Psychology, chapters 14, 15, 16)		

* The Chapter Assignment links on *myClass* will close at 11:59 p.m. (one minute before midnight) on the dates listed. The assignments will NOT be reopened after the deadlines have passed. It is expected that students will write the deadlines in their calendar so as to not miss the deadlines.

STUDENT RESPONSIBILITIES



1. **TALK TO ME IF YOU HAVE CONCERNS OR IF YOU ARE EXPERIENCING DIFFICULTIES THAT MAY HAVE A NEGATIVE IMPACT ON YOUR ACADEMIC PERFORMANCE.** These concerns may include personal challenges or class-related issues (e.g., difficulty with the material, and disruptions from other students). Please know that I will keep your concerns confidential.

EXAM ACCOMMODATIONS: Exam accommodations are used by any number of students whose learning disabilities affect processing and comprehending printed material, learning, and/or concentration (either due to the condition itself, or the effects of the medication which is used to treat the condition). Accommodations can also be sought by students with conditions that include but are not limited to, mental health conditions, chronic illness, neurological disorders, visual disabilities, and motor disabilities.

If you require exam accommodations due to a disability or condition, you must contact *Accessibility Supports* (in the Learning Commons (aka Library)). More information is available at <https://libguides.nwpolytech.ca/learningcommons/AccessibilityServices>

Please note that when you contact an advisor, you will be asked to provide them with documentation supporting your request for accommodation. After the advisors inform me of your need for accommodation, I will extend the allotted exam writing times by an appropriate amount.

2. **RESPECTFUL BEHAVIOR**

Students are expected to exhibit respectful behavior toward the instructor, guest speakers, and other students. We will discuss topics in class that may cause disagreement. It is expected that all participants will deal with such disagreements WITHOUT resorting to behaviors/comments that are dismissive, demeaning, or threatening to others. Swearing and use of slurs against individuals or groups (racial, religious, gender, etc.) are unacceptable. Students unable to meet these expectations will be required to leave the class in the interest of preserving the learning opportunities of other students. Please refer to the NWP calendar for more information regarding student conduct.

It is also expected that students arrive to class on time and stay in class; arriving late and leaving/returning is disruptive to the class.

3. **ATTEND CLASS AT THE SCHEDULED CLASS TIMES:**

Students are to attend lectures at the scheduled class times. Attendance will be taken in every class and may be taken more than once per class.

Missed Lecture Material: Although notes are available on *myClass*, they are not complete; attendance is required to get full lecture information. If you miss a class, you are to obtain missed material by approaching a classmate, not the instructor. It would be unfair for students who miss lectures to be advantaged by getting the instructor's notes.

Missed Quizzes/Exams: Dates for the quizzes and midterm are included on page 4 of this course outline. Missed quizzes will *not* be rescheduled. If you miss a quiz due to illness, medical/dental/other emergency, or NWP obligations the weight of the quiz will be transferred. If you miss a quiz/exam for these reasons, the weight of Quiz 1 or 2 will be transferred to the midterm exam, and the weight of Quiz 3 or 4 will be transferred to the final exam. **Note: these reasons must be verified (e.g., doctor's note)**

Quizzes/exams missed for reasons that do NOT include verified illness, emergency, or NWP obligations, will be assigned a "0" (zero). Also, holidays, employment, etc. are NOT considered to be excusable reasons to miss any exam in this course. Furthermore, students who miss a quiz/exam and do not provide an explanation **BEFORE** the quiz/exam will receive a zero on that missed quiz/exam,

According to NWP policy, deferring a missed Midterm Exam is at the discretion of the instructor. In my courses, students who miss a midterm because of illness, emergency, or NWP obligation (verified) may write the midterm at a later date (set by me—I will choose a date that is mutually convenient for me and the student). When students miss the midterm for reasons that do not include verified illness, emergency, or NWP obligations, a "0" is assigned to that midterm. Students who miss the midterm without explanation will receive a "0" on the midterm. Absences from a registrar-scheduled Final Exam fall under the NWP Examination Policy. It is the responsibility of the student to be informed about these policies prior to the final examination period.

If you miss the final exam due to illness, emergency, or NWP obligation you will be required to submit an application to the Registrar's office for permission to write a deferred exam and must do so within 48 hours of the scheduled exam time. You may defer the final exam for up to 20 days from the end of the examination period. You will be required to provide documentation for your illness.

4. **LEARN & RECORD ASSIGNMENT DEADLINES AND EXAMINATION DATES/TIMES**

These dates/times are announced in class and/or are included on course materials (e.g., chapter assignment deadlines are on page 4 of this course outline). For the sake of fairness for ALL students, assignment deadlines will NOT be extended for those who miss an assignment. If you know that you will be away when an assignment is due, it is expected that you hand in that assignment earlier than the announced/posted date. FYI—*myClass* chapter assignments can be started/completed before the announced/posted deadlines.

5. **OUT-OF-CLASS WORK**

Students are expected to prepare for each lecture by reading the assigned chapters, lecture slides, and handouts. Although the instructor feels that all the material in the textbook is important and interesting, limited class time prevents discussion of all the material covered in the assigned chapters. You are responsible for learning the material covered in the assigned chapters, including material that is not discussed in class. Please feel free to approach me outside of class if you wish to get clarification on this material.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/leadership/policies>

****Note:** all Academic and Administrative policies are available on the same page.

STUDENT RESOURCES



- For students with accommodations, I strongly recommend that you come to speak to me within the first 2 weeks of class. I am making this suggestion so that I support you to the best of my ability.
- For students who are struggling due to other challenges, I also suggest that you talk to me sooner rather than later. Please do not wait until you are overwhelmed or in crisis.
 - Additionally, you can download the Telus Health Student Support app and/or contact mental health services at
 - Office: F306
 - Phone: 780-539-2069
 - Toll-free: 1-888-539-4772
 - Email: mentalhealth@nwpolytech.ca



SOME IMPORTANT DATES

Jan 15	Last day to add courses and drop courses (UT) for refund; winter fees due; last day to opt out of benefits
Feb 16-20	Family Day/Winter Break—no classes
March 31	Last day to withdraw classes with permission (i.e., "W")
April 3	Good Friday—no class
April 13	Last day of classes
April 16-23	Final Exam Period