

DEPARTMENT OF PRACTICAL NURSE AND HEALTH CARE AIDE

COURSE OUTLINE – Winter 2026

**HC 1080 AC1/AC2/AC3: HCA Clinical Placement Experience II – 5 (0-0-40) 160 Hours
for 4 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:

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CALENDAR DESCRIPTION:

Under the direction of a regulated health-care professional, learners will work in a health-care setting such as continuing care or acute care, providing person-centred care and support for clients and their families.

PREREQUISITE(S)/COREQUISITE:

HC1010, HC1020, HC1030, HC1040, HC1050, HC1060 & HC1070

REQUIRED TEXT/RESOURCE MATERIALS:

Alberta Government. (2018, April). Alberta health care aide competency profile.

Retrieved November 9, 2021, from

<https://open.alberta.ca/publications/9781460137253>

Wilk, M. (2022). Sorrentino's Canadian clinical skills: Skills for personal support workers. <https://evolve.elsevier.com>

Wilk, M. (2022). Sorrentino's Canadian textbook for the support worker (5th ed.). Elsevier Inc.

Wilk, M., & Sekhon, N. (2022). Workbook to accompany Sorrentino's Canadian textbook for the support worker (5th ed.). Elsevier Inc.

RECOMMENDED TEXTBOOKS

Murray, L. (2014). Integrating a Palliative Approach: Essentials for Personal Support Workers. Saanichton, BC, Canada: Life and Death Matters.

DELIVERY MODE(S): Clinical

LEARNING OUTCOMES:

1. Apply the knowledge of the roles and responsibilities of the HCA to provide safe, compassionate, and competent person-centred care in the health-care setting.
2. Demonstrate professional and effective communication and conflict management skills when appropriate with the collaborative care team in the clinical setting.
3. Apply the principles of documentation according to evidence-informed practices and employer policies and procedures using information technology (electronic records and charting) when applicable in the clinical setting.
4. Develop helping relationships, determine and maintain professional boundaries when providing person-centred care in the clinical setting.
5. Apply the principles of privacy and confidentiality and communication strategies specific to diverse clients of different cultural backgrounds and to clients displaying responsive behaviours.
6. Apply knowledge in growth and development, structure and function of the human body, and chronic illness when implementing the client's care plan.

7. Demonstrate skills required within the HCA role to provide holistic care to the client with various health needs in their activities of daily living using evidence-informed practices.
8. Demonstrate time management strategies, organization of care, and situations for decision-making and problem solving within the role of the HCA.
9. Recognize, respond, and report safety hazards and use government legislation, employer policies and procedures, and evidence-informed practices to promote client, self, and environment safety.
10. Utilize professional feedback and demonstrate self-reflection to implement changes to show improvement within the HCA competency profile.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

EVALUATIONS:

Evaluation	Value	Date
Midterm Evaluation	Successful/Unsuccessful	AC1 & AC2 groups- March 30 th AC3- March 27 th
Final Evaluation	Successful/Unsuccessful	AC1 & AC2 groups- April 8 th AC3 group- April 10 th
CARE Approach Assignment	Complete/Incomplete	March 27th, 2026
Clinical Reflection Assignment	Complete/Incomplete	April 6th, 2026

This course follows the Health Care Aide Provincial Curriculum Program Standards and Policies developed by the Government of Alberta.

GRADING CRITERIA:

Alpha Grade	4-Point Equivalence	Descriptor
P	N/A	Pass
F	N/A	Fail

COURSE SCHEDULE/TENTATIVE TIMELINE:

HC1080 will take place in an Acute setting consisting of 12-hour day shifts. More Clinical information will be posted on MyClass.

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the HCA student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Practical Nurse & Health Care Aide, [HCA Student Handbook](#)
- NWP Policies: <https://www.nwpolytech.ca/about/administration/policies/>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>

****Note:** all Academic and Administrative policies are available on the same page.

ADDITIONAL INFORMATION:

ATTENDANCE AND PARTICIPATION(CLINICAL):

By the end of each clinical, students are responsible to demonstrate beginning proficiency and competence with each of the skills offered in this course. Students should consult with their clinical instructor regarding any



missed clinical days. Students may be required to make up missed clinical days. To develop proficiency and psychomotor expertise students are encouraged to practice at home or during regularly schedule practice labs.