

## DEPARTMENT OF PRACTICAL NURSE AND HEALTH CARE AIDE

### COURSE OUTLINE – Winter 2026

#### **HC 1090 VAC1-3: Consolidated Clinical Placement– 3 (0-0-40) 80 Hours in 2 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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**OFFICE:** HEC 353  
**OFFICE HOURS:** By appointment

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**INSTRUCTOR:** Amanda Hickson  
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**OFFICE HOURS:** By Appointment

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#### **CALENDAR DESCRIPTION:**

Under the direction of a regulated health-care professional and buddied with an unregulated health-care professional, students will work in a variety of health-care settings such as continuing care or acute care, providing person-centred care and support for clients and their families

#### **PREREQUISITE(S)/COREQUISITE:**

HC1010, HC1020, HC1030, HC1040, HC1050, HC1060, HC1070 & HC1080

## **REQUIRED TEXT/RESOURCE MATERIALS:**

Alberta Government. (2018, April). Alberta health care aide competency profile. Retrieved November 9, 2021, from <https://open.alberta.ca/publications/9781460137253>

Wilk, M. (2022). Sorrentino's Canadian clinical skills: Skills for personal support workers. <https://evolve.elsevier.com>

Wilk, M. (2022). Sorrentino's Canadian textbook for the support worker (5th ed.). Elsevier Inc.

Wilk, M., & Sekhon, N. (2022). Workbook to accompany Sorrentino's Canadian textbook for the support worker (5th ed.). Elsevier Inc.

## **RECOMMENDED TEXTBOOKS**

Murray, L. (2014). Integrating a Palliative Approach: Essentials for Personal Support Workers. Saanichton, BC, Canada: Life and Death Matters.

## **DELIVERY MODE(S):** Clinical

## **LEARNING OUTCOMES:**

1. Perform within the role and responsibilities of the HCA to provide safe, compassionate, and competent person-centred care in the health-care setting.
2. Exhibit professional and effective communication and conflict management skills when appropriate with the collaborative care team in the clinical setting.
3. Apply the principles of documentation according to evidence-informed practices and employer policies and procedures using information technology (electronic records and charting) when applicable in the clinical setting.
4. Develop helping relationships, determine, and maintain professional boundaries when providing person-centred care in the clinical setting.
5. Apply the principles of privacy and confidentiality and communication strategies specific to diverse clients of different cultural backgrounds and to clients displaying responsive behaviours.
6. Apply knowledge in growth and development, structure and function of the human body, and chronic illness when implementing the client's care plan.

7. Perform skills required within the HCA role to provide holistic care for clients with various health needs in their activities of daily living using evidence-informed practices.
8. Perform and prioritize time management strategies, organization of care, and situations for decision-making and problem solving within the role of the HCA.
9. Recognize, respond, and report safety hazards and use government legislation, employer policies and procedures, and evidence-informed practices to promote client, self, and environment safety.
10. Utilize professional feedback and self-reflection to identify areas of improvement and implement strategies for improvement within the HCA competency profile.

## TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

## EVALUATIONS:

| Evaluation                     | Value                   | Date           |
|--------------------------------|-------------------------|----------------|
| Midterm Evaluation             | Successful/Unsuccessful | End of Week 1  |
| Final Evaluation               | Successful/Unsuccessful | End of Week 2  |
| CARE Approach Assignment       | Complete/Incomplete     | April 17, 2026 |
| Clinical Reflection Assignment | Complete/Incomplete     | April 23, 2026 |

This course follows the Health Care Aide Provincial Curriculum Program Standards and Policies developed by the Government of Alberta.

## GRADING CRITERIA:

| Alpha Grade | 4-Point<br>Equivalence | Descriptor |
|-------------|------------------------|------------|
|-------------|------------------------|------------|

|   |     |      |
|---|-----|------|
| P | N/A | Pass |
| F | N/A | Fail |

## **COURSE SCHEDULE/TENTATIVE TIMELINE:**

HC1090 can be offered over days, evenings, and weekends according to their assigned buddy's schedule.

## **STUDENT RESPONSIBILITIES:**

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the HCA student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Practical Nurse & Health Care Aide, [HCA Student Handbook](#)

## **STATEMENT ON ACADEMIC MISCONDUCT:**

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>

**\*\*Note:** all Academic and Administrative policies are available on the same page.

## **ADDITIONAL INFORMATION:**

### **ATTENDANCE AND PARTICIPATION(CLINICAL):**

By the end of each clinical, students are responsible to demonstrate satisfactory performance and competence with each of the learning outcomes outlined in the Clinical Evaluation Tool. Students should consult with their clinical instructor regarding any missed clinical days. Students may be required to make up missed clinical days. To develop proficiency and psychomotor expertise students are encouraged to practice at home or during regularly schedule practice labs.