



DEPARTMENT OF EDUCATION

COURSE OUTLINE – Winter 2026

HS 1000 (A3): Interpersonal Communication – 2 (3-0-0) 30 Hours 10 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land, and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR: Lindsay Campbell

OFFICE: ()

PHONE: N/A

E-MAIL: lcampbell@nwpolytech.ca

OFFICE HOURS: By Appointment

CALENDAR DESCRIPTION: Students develop awareness of and skills for interpersonal communication. Self-understanding and growth are emphasized as a foundation upon which effective interpersonal communication skills are built.

PREREQUISITE(S): n/a

REQUIRED TEXT/RESOURCE MATERIALS:

Adler, R.B., Proctor, Rolls, J. A. & Proctor, R. F. (2020) LOOK: Looking Out Looking In. (4th Canadian Ed.). Scarborough, Ontario: Nelson

DELIVERY MODE(S): Classes will be delivered face to face all materials available through myClass. There will be lectures, small group work, class discussions, and a variety of other activities designed to promote active learning of the course content.

LEARNING OUTCOMES:

Upon completion of this course learners will effectively:

1. Explain why human communication is important and describe the characteristics that define interpersonal communication.
2. Understand the principles that underline interpersonal communication and identify the components of effective interpersonal communications.
3. Understand the development of self-concept and self-esteem and the role that they play in interpersonal communication.
4. Identify steps to improve self-concept.
5. Gain a clearer understanding of the relationship between perception and communication and develop skills to understand others more effectively
6. Understand characteristics of our spoken language and apply strategies that are designed to make verbal communication more effective.
7. Identify types of non-verbal communication and explain how they affect our interpersonal relationships.
8. Understand the role our culture plays in the expression of emotions and how emotions impact interpersonal communication.
9. Identify barriers to effective listening and use the skills of active listening to promote interpersonal communications.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page
<http://www.transferalberta.alberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

In Class Assignments	10%
Assignment #1	25%
Assignment #2	25%
Quiz #1	20%
Quiz #2	20%

LATE ASSIGNMENTS: Late assignments will only be accepted if prior arrangements have been made with the instructor prior to the assignment due date.

GRADING CRITERIA: *A minimum grade of C- is required to pass this course.*

Please note that most universities will not accept your course for transfer credit IF your grade is less than C-.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE: Monday & Friday

DATE	TOPIC/CHAPTER	ASSIGNMENT/TEST
January 5	Course Outline Course Overview	
January 9	Chapter One – A look at Interpersonal Communication	
January 12	Chapter One – A look at Interpersonal Communication	
January 16	Chapter Two – Communication and Identity	
January 19	Chapter Two – Communication and Identity	Assignment #1 Due
January 23	Chapter Three - Perception	

January 26	Chapter Three - Perception	
January 30	Chapter four - Emotions	
February 2	Chapter four - Emotions	
February 6	Quiz #1	
February 9	Chapter Five - Language	
February 13	Chapter Five - Language	
February 17-21	Winter Break	
February 23	Chapter Six - Nonverbal Communication	
February 27	Chapter Six - Nonverbal Communication	
March 2	Chapter Seven- Listening	Assignment #2 Due
March 6	Chapter Seven- Listening	
March 9	Final Review	
March 13	Quiz #2	

Although the instructor feels that all the material in the textbook is important and interesting, **limited class time prevents discussion of all the material covered in the text.** You are responsible for learning textbook material that is not discussed in class.

STUDENT RESPONSIBILITIES:

The Polytechnic expects students' conduct to be in accordance with basic rights and responsibilities. Please refer to the NWP website regarding rights and responsibilities.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.