

Department of Practical Nurse & Health Care Aide

COURSE OUTLINE –Spring 2026

NP1410 (3): Practical Nursing Theory II – 3 (3-0-0) 45 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Dayna Walker MN, RN	PHONE:	780-539-2826
OFFICE:	HEC 370	E-MAIL:	Dwalker@nwpolytech.ca
OFFICE HOURS:	By Appointment		

CALENDAR DESCRIPTION: Exploration of evidence-informed practice, scope of practice for practical nurses, and critical thinking. Focus is on incorporating the nursing process and nursing values into care for an individual with chronic illness. Available only to Practical Nursing Students.

PREREQUISITE(S): NP1205, NP1250, NP1280, NP1500

COREQUISITE(S): NP1400, NP1450, NP1480, NP1600, NP1700

REQUIRED MATERIALS:

Potter, P., Perry, A. G., Hall, A., Astle, B., & Duggleby, W. D. (2024). Canadian fundamentals of nursing (7th ed.). Elsevier.

Tyerman, J., Cobbett, S., Harding, M. M., Kwong, J., Roberts, D., Hagler, D., & Reinisch, C. (2022). Lewis's medical-surgical nursing in Canada (5th ed.). Elsevier.

American Psychological Association. (2020). Publication manual of the American Psychological Association: The official guide to APA style (7th ed.).



Makic, M. B. F., & Martinez-Kratz, M. R. (Eds.). (2026). *Ackley & Ladwig's nursing problems & care planning handbook: An evidence-based approach* (14th ed.). Elsevier.

Canadian Council for Practical Nurse Regulators. (2023). *Code of ethics for licensed practical nurses*. [CCPNR Code of Ethics LPNs-ID-104895.pdf](#)

Canadian Council for Practical Nurse Regulators. (2023). *Entry-level competencies for licensed practical nurses*. [CCPNR Entry-Level Competencies LPNs-ID-104799.pdf](#)

College of Licensed Practical Nurses and Health Care Aides of Alberta. (2023). *LPN practice guideline: Evidence-informed practice*. [LPN-Practice-Guideline-Evidence-Informed-Practice-ID-921.pdf](#)

College of Licensed Practical Nurses and Health Care Aides of Alberta. (2023). *Standards of practice for LPNs in Canada*. [Standards of Practice English Final \[95\].pdf](#)

DELIVERY MODE(S): In-person lecture

LEARNING OUTCOMES:

1. Identify the Entry-Level Competencies for Licensed Practical Nurses (2019) and explain their application in practice.
2. Identify the Standards of Practice for Licensed Practical Nurses in Canada (2013) and discuss their relevance to daily nursing practice.
3. Identify eHealth resources and technological tools used in Canadian healthcare and describe how they enhance patient care.
4. Analyze the impact of pathophysiology and pharmacology on the management of chronic illnesses and apply this knowledge to plan effective nursing interventions.
5. Analyze the role of caring in establishing and maintaining a therapeutic nurse-client relationship.
6. Develop individualized nursing care plans for clients with various chronic illnesses.
7. Demonstrate critical thinking in applying the nursing process to individuals with chronic illness, including assessment, planning, implementation, and evaluation.
8. Examine the principles of evidence-informed practice and discuss their application in clinical decision-making.

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

To obtain credit in the course ALL assignments, examinations, and quizzes must be completed.

Assignment	Weight	Date	Related Course Learning Outcomes
Care Plan	20%	Week 5	1-8
Midterm Exam	25%	Week 8	1-8
Clinical Judgement Exam (CJE)	20%	Week 13	1-8
Final Exam	35%	Exam Week	1-8

1. **Care Plan:** This in-class assignment will require students to create a nursing care plan and apply the nursing process to a patient scenario.
2. **Midterm Exam:** This exam will cover content up to and including week 7 of the course. Question formats may include but are not limited to multiple choice, matching, true or false, select all that apply, short/long answer.
3. **Clinical Judgement Exam (CJE):** This in-class exam will require students to apply clinical judgement and the nursing process to a patient care scenario related to a chronic illness.
4. **Final Exam:** This exam will be cumulative covering all course content. Question formats may include but are not limited to multiple choice, matching, true or false, select all that apply, short/long answer. The final exam will be written during final exam week which is scheduled by the Registrar's office.

GRADING CRITERIA

Please note that most institutions will not accept your course for transfer credit IF your grade is less than C-.

Grading Chart for courses with Alpha Grading:

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

Grades for this course will be assigned as a percentage. The minimum passing grade is 60%.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Resources
1	Entry level competencies, Standards of Practice, Evidence-informed practice, Critical Thinking in Nursing, eHealth Resources	OERs posted on Myclass Ch 7, 8 Potter & Perry
2	The Nursing Process	Ch 14, 15 Potter & Perry Ackley Part A
3	Chronic Illness-Cardiovascular	Ch 5, 35, 36, 37, 40 Med Surg
4	Chronic Illness- Oncology	Ch 18 Med Surg
5	Chronic Illness- Respiratory In-class Care Plan Assignment	Ch 31 Med Surg

6	Chronic Illness- Gastrointestinal	Ch 42, 43, 44, 45 Med Surg
7	Chronic Illness-Endocrine/Metabolic	Ch 51, 52 Med Surg
8	Midterm Exam	
9	Spring Break	
10	Chronic Illness-Neurological	Ch 61, 62 Med Surg
11	Chronic Illness-Musculoskeletal	Ch 66, 67 Med Surg
12	Chronic Illness- Renal/Hepatobiliary/Integumentary	Ch 46, 49, 26 Med Surg
13	CJE In class	
14	Chronic Illness-Reproductive/Urinary End of Life Care	Ch 55, 57, 13 Med Surg
15	Final Exam TBD	

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Nursing Education & Health Studies Handbook [Practical Nurse Handbook](#)
- NWP Policies: [NWP Policies | Northwestern Polytechnic](#)
- NWP Students Rights & Responsibilities Policy: [Student Rights & Responsibilities Policy](#)

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available <https://www.nwpolytech.ca/about/polytechnic-leadership/policies-directory>.

****Note:** all Academic and Administrative policies are available on the same page.
Additional Information:

Late Assignment Policy:

Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

TURNITIN:

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.