

DEPARTMENT OF PRACTICAL NURSE AND HEALTH CARE AIDE

COURSE OUTLINE – Winter 2026

NP1410 (2): Practical Nursing Theory II – 3 (3-0-0) 45 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Madison Lovsin	PHONE:	780-835-6635
OFFICE:	TIB 137	E-MAIL:	Mlovsin@nwpolytech.ca
OFFICE HOURS:	By Appointment		

CALENDAR DESCRIPTION:

Exploration of evidence-informed practice, scope of practice for practical nurses, and critical thinking. Focus is on incorporating the nursing process and nursing values into care for an individual with chronic illness. Note: Available only to Practical Nursing students.

PREREQUISITE(S): NP1205, NP1250, NP1280, NP1500

COREQUISITE(S): NP1400, NP1450, NP1480, NP1600, NP1700

REQUIRED MATERIALS:

Potter, P., Perry, A. G., Hall, A., Astle, B., & Duggleby, W. D. (2024). Canadian fundamentals of nursing (7th ed.). Elsevier.

Tyerman, J., Cobbett, S., Harding, M. M., Kwong, J., Roberts, D., Hagler, D., & Reinisch, C. (2022). Lewis's medical-surgical nursing in Canada (5th ed.). Elsevier.



American Psychological Association. (2020). Publication manual of the American Psychological Association: The official guide to APA style (7th ed.).

Ackley, B.J., Ladwig, G. B., Makic, B. B. F., Martinez-Kratz, M., & Zanotti, M. (2022) Nursing Diagnosis Handbook – An Evidence Based Guide to Planning Care. (13th ed.). Elsevier.

DELIVERY MODE(S): In person lecture and seminar

LEARNING OUTCOMES:

Upon successful completion of NP1410 learners will be able to:

1. Identify the Entry-Level Competencies for Licensed Practical Nurses (2019) and explain their application in practice.
2. Identify the Standards of Practice for Licensed Practical Nurses in Canada (2013), and discuss their relevance to daily nursing practice.
3. Identify eHealth resources and technological tools used in Canadian healthcare and describe how they enhance patient care.
4. Analyze the impact of pathophysiology and pharmacology on the management of chronic illnesses, and apply this knowledge to plan effective nursing interventions.
5. Analyze the role of caring in establishing and maintaining a therapeutic nurse-client relationship.
6. Develop individualized nursing care plans for clients with various chronic illnesses.
7. Demonstrate critical thinking in applying the nursing process to individuals with chronic illness, including assessment, planning, implementation, and evaluation.
8. Examine the principles of evidence-informed practice and discuss their application in clinical decision-making.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**



EVALUATIONS: The final grade is based on the following assessments, and there are no additional assignments or marks provided in the course. All evaluation components must be completed to pass the course.

Assignment	Weight	Date	Related Course Outcome
Nursing Care Plan	20%	March 27, 2026 by 2359	3, 4, 5, 6, 7, 8
Midterm Exam	25%	February 9, 2026	1, 2, 3, 4, 7, 8
Clinical Judgement Exam	25%	March 23, 2026	4, 5, 6, 7, 8
Final Exam	30%	In Exam Week- As scheduled by Registrar's Office	1, 2, 3, 4, 5, 7, 8

Nursing Care Plan

Students will develop a comprehensive nursing care plan for a client with a chronic illness. To create their care plan, students can utilize the nursing care plan template their instructor will provide them or can create a PowerPoint with the same content from the template. Students will submit their care plan through D2L. Care plan is due at the end of week 12. Full rubric breakdown is posted on D2L.

Midterm Exam

The midterm exam includes all content covered up to and including Week 5. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

Clinical Judgement Exam

The purpose of this assignment is for students to demonstrate critical thinking through the application of the nursing process. This exam is an in-class, open-book exam. Students will receive a case study about a client living with a chronic illness. The students will have to assess, diagnose, plan, implement, and evaluate their care plan.

Final Exam

The final exam is cumulative and includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. Scheduling of the final exam is set by the Registrar's Office.

GRADING CRITERIA:

Please note that most institutions will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Chapters/Resources
1	Entry Level Competences and standards of practice	OER- (Open Educational Resources)- Posted on my class
2	Chronic Illness	Ch 5
3	End of life care & Cancer - nursing management focus	Ch 13 & 18
4	CAD, Chronic Angina focus, Hypertension, Heart Failure & Vascular Disorders	Ch 5, 35, 36, 37, 40
5	Respiratory Conditions (Asthma, COPD, CF) & Integumentary Conditions	Ch 31 & 26
6	Midterm Exam	
7	Reading Week	
8	Endocrine conditions & Diabetes	Ch 5, 51, 52
9	Nutritional conditions & Obesity	Ch 42, 43
10	Lower GI - Malabsorption, chronic abdominal pain, inflammatory bowel focus	Ch 44, 45

	Upper GI Conditions	
11	Liver, Pancreas, Biliary - chronic pancreatitis focus & Chronic Kidney Disease	Ch 46, 49
12	Male Reproductive - BPH focus & STIs - herpes	Ch 55, 57
13	Chronic Neuro Conditions, Delirium, Dementia & Alzheimer's	Ch 61, 62
14	Musculoskeletal Conditions & Arthritis	Ch 66, 67
15		Exams

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- [NWP Department of Practical Nurse & Health Care Aide: Practical Nurse Handbook](#)

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available <https://www.nwpolytech.ca/about/polytechnic-leadership/policies-directory>.

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL evaluations methods must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension

requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time.

For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

TURNITIN DISCLOSURE:

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.