

Department of Practical Nurse & Health Care Aide

COURSE OUTLINE – Winter 2026

NP2130 (A3, S1): Maternity Nursing Theory – 3 (3-1-0) 60 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Dayna Walker BN, RN	PHONE:	780-539-2826
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OFFICE HOURS:	By Appointment		

CALENDAR DESCRIPTION: Introduction to concepts, theories, and practices for practical nursing of maternity clients and their families. Focus is on family-centered care and client teaching for child-bearing families.

PREREQUISITE(S): NP1400, NP1410, NP1450, NP1480, NP1600, NP1700

COREQUISITE(S): NP2100, NP2110, NP2150

REQUIRED MATERIALS:

Ackley, B.J., Ladwig, G. B., Makic, B. B. F., Martinez-Kratz, M., & Zanotti, M. (2022) Nursing Diagnosis Handbook – An Evidence Based Guide to Planning Care. (13th ed.). Elsevier.

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2022). Maternal child nursing care in Canada (3rd ed.). Elsevier.

American Psychological Association. (2020). Publication manual of the American Psychological Association: The official guide to APA style (7th ed.).

DELIVERY MODE(S): In-person lecture and seminar.

LEARNING OUTCOMES:

Upon successful completion of NP2130 learners will be able to:

1. Discuss caring in a nurse-client relationship with family as the client.
2. Plan nursing care for a child-bearing family in a variety of healthcare settings.
3. Apply concepts of growth and development, anatomy, physiology, pathophysiology, and pharmacology to maternity clients and their families.
4. Discuss concepts, theories, and practices with family-centered care.
5. Discuss client teaching strategies.
6. Demonstrate therapeutic communication techniques for care of the child-bearing family.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check the transferability of this course at the Alberta Transfer Guide main page <http://www.transferralberta.alberta.ca>.

**** For courses with alpha (letter) grading, a grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Weight	Date	Related Learning Outcomes
Creative Project	25 %	Due Week 9	1, 2, 3, 4, 5, 6
CJE	20 %	Week 12	1, 2, 3, 4, 5, 6
Midterm Exam	25 %	Week 6	1, 2, 3, 4, 5, 6
Final Exam	30 %	During Exam Week	1, 2, 3, 4, 5, 6

***All evaluation components must be completed to receive a pass in the course.**

Creative Project: Students will create an informative project on a topic related to course content.

Clinical Judgement Exam (CJE): The purpose of this exam is for students to demonstrate critical thinking through the application of the nursing process to a

given scenario. The CJE is an in-class exam, and students are permitted to use their course textbook.

Midterm Exam: The Midterm Exam includes all content covered up to and including Week 5. Question format may include a variety of styles, but not limited to multiple choice, short answer, long answer, matching, fill in the blank, and select all that apply.

Final Exam: The Final Exam is cumulative and may include all content covered throughout the course. Question format may include a variety of styles, but not limited to multiple choice, short answer, long answer, matching, fill in the blank, and select all that apply.

GRADING CRITERIA:

Please note that most institutions will not accept your course for transfer credit IF your grade is less than C-.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Required Readings
1	Introduction to Perinatal Nursing	Chapters 1, 4
2	Health Assessment & Promotion	Chapters 5, 6
3	Reproductive Health	Chapters 7, 8
4	Conception, Pregnancy & Fetal Development	Chapters 9, 10

5	Pregnancy Risks & Conditions	Chapters 13, 14, 15
6	Midterm Exam	
7	Reading Week	
8	Labor & Delivery	Chapters 16, 17
9	Labor & Delivery Continued	Chapters 18, 20
10	Postpartum Care	Chapters 21, 22, 23
11	Postpartum Complications	Chapter 24
12	In-class CJE	
13	Care of the Newborn	Chapter 26
14	Newborn Nutrition & Feeding	Chapter 27
15	Review Week	

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- Practical Nurse Program Student Handbook

https://docs.google.com/document/d/1rC9OZjozQmSUDuEdrgUaiC0g5_8GtIJYx6y7PAtkHyA/edit?tab=t.0

- NWP Policies: <https://www.nwpolytech.ca/about/leadership/policies/>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available <https://www.nwpolytech.ca/about/polytechnic-leadership/policies-directory>.

****Note:** all Academic and Administrative policies are available on the same page.

Turnitin Software

As part of NWP's commitment to academic integrity, all written assignments submitted by students will be reviewed using Turnitin software, an online plagiarism detection tool, to verify originality and ensure academic integrity. Turnitin compares student work to a vast database of academic sources, publications, and previously submitted assignments to identify potential instances of plagiarism or improper citation(s). By enrolling in this course, students acknowledge and consent to the use of Turnitin for assignment submissions.

LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade.