

**KINESIOLOGY AND HEALTH SCIENCES
COURSE OUTLINE – Winter 2026**

**PE1040 (A3): Introduction to Sociocultural Aspects of Leisure and Sport – 3 (3-0-0) 45 Hours
for 15 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Sim Kaur	PHONE:	780-539-2200
OFFICE:	K220	E-MAIL:	sdeol@nwpolytech.ca
OFFICE HOURS:	By Appointment		

CALENDAR DESCRIPTION: The course explores the study of play, physical education, recreation, sport and leisure as institutionalized ways in which society organizes and teaches attitudes and skills. It provides an introduction to the importance of sociocultural inquiry and the notion of being critical as an empowering process.

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

Scherer, J., & Wilson, B. (2020). *Sport and physical culture in Canadian society* (2nd ed.). Pearson.

The course assessments are based on the textbook readings.

DELIVERY MODE(S): This is an in-person course. This course will be delivered via lectures, class discussions, group work, in-class activities, and individual student work that includes various delivery methods.

LEARNING OUTCOMES:

1. Students will identify social factors, such as class, race, ethnicity, disability, gender, sexuality, and age, that influence sport and sport participation in Canadian society.
2. Students will compare differing positions with respect to social factors that influence sport in Canadian society.
3. Students will construct and present arguments based upon logic and factual evidence around topics introduced in the course.
4. Students will work within a group setting to prepare and present a seminar on a course relevant topic.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

EVALUATIONS:

In Class Activities	25%
In Class Quizzes	30 %
Midterm	20%
Final	25%

All evaluation due dates and details will be provided in class and online.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:**Lecture:** Tuesday and Thursday from 11:30 – 12:50 @ J202

Date	Week	Topic	Readings
Jan 6	1	Course Introduction	Syllabus
Jan 8	1	Sport and Physical Culture in Canadian Society	Chapter 1
Jan 13	2	Thinking Sociologically	Chapter 2
Jan 15	2	Sport and Physical Culture in Historical Perspective	Chapter 3
*Jan 15 – Add/Drop Deadline			
Jan 20	3	In Class Activity	
Jan 22	3	Quiz 1	
Jan 27	4	Sport and Health	Chapter 10
Jan 29	4	Sport and Social Stratification	Chapter 4
Feb 3	5	Physical Culture, Sport, Ethnicity, and Race in Canada	Chapter 5
Feb 5	5	In Class Activity	
Feb 10	6	Quiz 2	
Feb 13	6	Sex, Gender, and Sexuality	Chapter 6
*No Classes: Feb 16 – Feb 20			
Feb 17	7	No Class	
Feb 19	7	No Class	
Feb 24	8	Youth Sport and Physical Culture/In Class Activity	Chapter 7
Feb 26	8	Deviance, Sport, and Physical Culture	Chapter 8
March 3	9	Violence and Sport	Chapter 9
March 5	9	Midterm	
March 10	10	In Class Activity	
March 12	10	Sport, Media and Ideology	Chapter 11
March 17	11	Sport, Politics, and Policy	Chapter 12
March 19	11	Quiz 3	
March 24	12	Business and Sport / In Class Activity	Chapter 13
March 26	12	Globalization, Sport, and International Development	Chapter 14
March 31	13	Overview	
*March 31 – Last Day to Withdraw			
April 2	13	Sport and the Environment	Chapter 15
April 7	14	Sport and Future	Chapter 16
April 9	14	Review	
Final Exam scheduled by Registrar's Office – 1.5 Hours			

This schedule is subject to change based on how we progress as a class. Changes will be announced in class and on MyClass

STUDENT RESPONSIBILITIES:

Late Policy:

Missed quizzes and exams, barring validated emergencies will result in a grade of zero. In class marks, such as quizzes and activities cannot be made up, except for case by case basis informed by attendance and expectations.

Attendance and Exceptions:

For ongoing in class assessment, it is not possible to make up missed marks. Alternate options might be offered to accommodate case by case situations, however documentation may be required, such as a note from a doctor.

Electronic Devices:

You're welcome to use electronic devices as long as they don't disrupt the learning environment, and they serve a purpose for the class. If they become a distraction, you may be asked to step out or adjust your usage. Electronic devices should be used for class purposes only. If a personal reason comes up, please remove yourself from the space to use your device. Under no circumstances can a student record classroom activities (such as lectures, group activities, group presentations delivered in class, etc.). There may be case by case situations where allowances are made, but will require permission from the instructor.

Communication:

Note that communication regarding the course should be in direct conversation between the student enrolled and instructor. Exceptions may be made with the instructor's permission. Please do follow the proper email protocols. Students can expect to receive replies within three business days.

Copy Right Notification:

The course will have available student versions for the ongoing material. However, students are expected to come to class and create their own notes through engagement. All of my teaching material is my own intellectual property, and I reserve the right to distribute at my discretion. As such, the material is for your private use only. It is not to be distributed, publicly exhibited, or sold without the permission of the instructor.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

There will be ongoing articulations regarding the use of AI throughout the course and how it pertains to each assessment criteria.

ADDITIONAL INFORMATION:

Your success in this course is a priority. Please know that we are here to support your academic journey. If you encounter challenges or need clarification on any aspect of the course, do not hesitate to reach out. Together, we'll work towards your growth and achievement.