GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF
EARLY CHILDHOOD DEVELOPMENT

INFANT/TODDLER PROGRAMMING CD207

COMPETENCIES

1

Students will understand the need for and the importance of quality day care for infants.

2

Students will know how to plan and implement basic routines in an infant day care program.

3

Students will know how to program to enhance social and emotional development.

4

Students will know how to program to enhance gross and fine motor development in infants and toddlers.

5

Students will know how to develop and implement a program which fosters language and cognitive development in infants and toddlers.

6

Students will develop an understanding of how infants learn through their senses and will know various materials and techniques that provide infants and toddlers with sense experiences.

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1

Students will understand the need for and the importance of quality day care for infants.

Learning Tasks:

- 1. Research and discuss issues relevant to infant day care.
 - i.e. group care vs. family day homes high cost of infant care distinction between quality and custodial care
- In groups students will develop a questionnaire to investigate the public's opinion of day care for infants.
- Using the questionnaire, interview three people (at least one parent with an infant) and discuss results in class.
- Investigate and submit a brief written report on the existing research
 of the effects of group care for infants on later development.

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Programming for Infants & Toddlers

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2

Students will know how to plan and implement basic routines in an infant day care program.

Learning Tasks:

- Students will discuss reasons underlying the relative importance of routines in infant care.
- Discuss factors which must be considered when planning routines (feeding, toileting, sleeping) for infant day care programs i.e. breast feeding, individual differences, feeding on demand, temperament, physical requirements, health requirements.
- In small groups, students will plan a typical day in an infant day care program scheduling around routines. Factors discussed in learning task two will be taken into consideration.
- Students will become acquainted with appropriate forms used in infant day care programs to record routines and daily activities.

3

Students will know how to program to enhance social and emotional development.

Learning Tasks:

- Research and discuss the social and emotional needs of children under 3 years old. Review Erikson's first two stages of psycho-social development, development of attachment.
- Discuss in small groups characteristics of an infant and toddler day care which are essential to the development of trust and autonomy. Consider the following factors:

caregiver qualities size of program space change in personnel schedule temperament age at intake

- Describe methods of limit setting with infants and discuss their effectiveness and influence on the emotional development of the child.
- Submit a brief paper which identifies ways in which a caregiver by her everyday interactions with children, can promote healthy emotional development in infants and toddlers.

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4

Students will know how to program to enhance gross and fine motor development in infants and toddlers.

Learning Tasks:

- Review fine and gross motor development of children under 36 months of age.
- Examine various physical exercises and body games which promote gross motor development.
- Examine the purpose and function of a variety of equipment used to advance the gross motor skills of toddlers.
- Research and discuss materials (toys and games) which encourage small muscle manipulations and eye-hand coordination.
- Design a toy for an infant which will provide practise for infant grasping and fine motor skills. Identify which particular skills this toy will be helpful in developing.

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5

Students will know how to develop and implement a program which fosters language and cognitive development in infants and toddlers.

Learning Tasks:

- 1. Review the language development of children up to 36 months of age.
- Consider factors which may inhibit the language development of infants and toddlers.
- Discuss ways which infants communicate with caregivers and how caregivers can facilitate language development in their routine interactions with infants (meal time, toileting, rest, dressing).
- Develop a repertoire of activities specifically designed to enhance language development of infants and toddlers. Present some of these activities to the rest of the class.
- Review the early stages of cognitive development as defined by Jean Piaget (sensori-motor stage 1-6 and early preoperational).
- Match several examples of infant behaviour to the appropriate stage of Piagetian development.
- In pairs make up a game in a given Piagetian developmental area.
 Identify purpose of game. equipment needed, and what to do if the game is too difficult or too easy for the infant.

Infant/Toddler Programming

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6

Students will have an understanding of how infants learn through their senses and will know various materials and techniques that provide infants and toddlers with sense experiences.

Learning Tasks:

- 1. Research and discuss how babies learn through their senses.
- 2. Discuss the hazards of too much sensory stimulation.
- Collect a variety of materials which could be used to provide sensory experiences for the infant and toddler.
- 4. Explore the stimulating potentialities of the materials collected.
- Discuss potential sense experiences in the following routine care situations.

meal time diapering bathing settling to sleep time soothing an infant dressing-undressing

 Plan a sensory activity for a child under 36 months of age. Submit a written assessment of the learning experiences that occurred during the activity.