

GRANDE PRAIRIE REGIONAL COLLEGE

ADULT DEVELOPMENT DEPARTMENT

COURSE OUTLINE

Course Name: ASSERTIVENESS TRAINING (CM061)
Instructor: La Vern Stangeland Office # - C 220
Date: January - February 1992
Time: ^{1:30 2:50} ~~1:35 - 2:25~~ p.m. Monday and Wednesday
Room: B 307

Course Objectives:

- to introduce students to the components of assertive behavior.
- to provide students with the opportunity to identify areas in their lives where assertion would benefit them.
- to provide students with an opportunity to practice making responses in controlled situations.
- to provide support through feedback as students apply assertive principles to life situations.

Evaluation: BREAKDOWN OF STUDENT'S MARKS FOR THE ENTIRE COURSE

12 classes (2 x 12).....	24 %
2 % per class for punctuality	
1 % per class if a student is late	
0 % if a student is absent	
8 assignments (8 x 5).....	40 %
6 % for participation.....	6 %
1 final exam (Feb. 20).....	40 %
Total possible marks for this course.....	100 %

Note: A student must have 60 % or better to receive credit for this course.