

GRANDE PRAIRIE REGIONAL COLLEGE

ADULT DEVELOPMENT DEPARTMENT

COURSE OUTLINE

Course Name: INNERCHANGE I (CM062)

Instructor: La Vern Stangeland Office # - C 220

Date: November - December 1991

Time: 9:00 - 9:50 a.m. Monday and Wednesday

Room: B 309

Course Objectives:

- to give students a chance to learn some important things about life and living from one another.
- to increase student awareness of self and others.

Course Content: Students will frequently be given an opportunity to participate in activities that allow and encourage them to talk and listen to one another. Topics covered are:

- feelings
- thoughts
- behavior
- dreaming
- values

Prerequisites: There are no academic requirements but students should be interested in self improvement.

Evaluation: BREAKDOWN OF STUDENT'S MARKS FOR THE ENTIRE COURSE

13 classes (13 x 2).....	26 %
2 % per class for punctuality	
1 % per class if student is late	
0 % if absent	
12 assignments (12 x 5).....	60 %
First 6 assignments due Nov. 13	
Last 6 assignments due Dec. 4	
Participation.....	14 %
Total possible mark for this course.....	100 %

Note: Students must have a final mark of 60 % or better to receive credit in this course.