

GRANDE PRAIRIE REGIONAL COLLEGE

ADULT DEVELOPMENT DEPARTMENT

COURSE OUTLINE

Course Name: Theories of Personality (CM063)  
Instructor: La Vern Stangeland office# - C 220  
Date: March - April 1992  
Time: <sup>2:00 2:50</sup>~~1:35 - 2:25~~ p.m. Monday and Wednesday  
Room: B 307

Materials: hand-outs, slide strips, and transparencies

Course Objectives: The objective of this course is to:

- \* introduce students to the personality theories of the behaviourists: Sigmund Freud, Alfred Adler,, Erik Erikson, Carl Rogers, Ivan Pavlov, B.F. Skinner, and Abraham Maslow
- \* evaluate the contributions made by the above psychologists to the study of human personality
- \* aid students in understanding their own personality development
- \* help students cope more effectively with the normal problems of maturation and growth

Evaluation: A student must have a final mark of 60% or better to receive credit for this course. An outline of the marking system for this course follows.

13 classes worth 1% each . . . . . 13%  
(based on participation and punctuality)  
.5% will be docked to being late for class  
1% will be docked for being absent for a class

4 assignments (4 x 8) . . . . . 32%  
Participation . . . . . 15%  
Final exam (April 18) . . . . . 40%  
**TOTAL . . . . . 100%**