

**GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION, ATHLETICS & KINESIOLOGY**

**DANCE 1000: THE SPECTRUM OF DANCE IN SOCIETY**

**COURSE OUTLINE  
FALL 2004**

**INSTRUCTOR:** Bethe Goldie  
**OFFICE:** K216  
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**CLASS SCHEDULE AND LOCATION:**

LECTURES: (The whole class!)

Mondays: 10:00 am – 10:50 am Gym

Wednesdays: 10:00 am – 10:50 am J227

LABS: Tuesdays L1: 11:30 am – 1:20 pm L106

Thursdays L2: 11:30 am – 1:20 pm L106

**TRANSFERABILITY:** DANCE 200 (3) – University of Alberta  
DCED 243 (3) – University of Calgary  
PHAC 1xxx (1.5) – University of Lethbridge

**COURSE DESCRIPTION:**

This course covers the theory and practice of dance as a human physical activity. The focus will be on the aesthetic, expressive, rhythmical dimensions of movement in a culture's artistic and social life. The study will include movement content, techniques, improvisation and composition in a variety of dance forms including modern/creative, social/ballroom, jazz, and folk.

**COURSE OBJECTIVES:**

To experience, understand, and appreciate:

- a. a variety of dance forms fundamental to the field of dance in today's world,
- b. the roles of dance in society: as a performing art, as a recreational, social, and therapeutic activity, as an educational endeavor, and as a reflection of a culture,
- c. the unique contribution that dance can make to the study of physical education and sport,
- d. human physical activity as an aesthetic, expressive, rhythmic endeavor,
- e. the movement content of dance and relationships of content, technique, and improvisation to dance composition.

**COURSE TEXT:** Ambrosio, N. (2003). *Learning about dance: dance as an art form and entertainment (3rd Ed.)*. Dubuque, Iowa: Kendall/Hunt Publishing Company.

## 2.

### **COURSE CONTENT:**

Labs: Labs will be practical experiences requiring participation, performance, and creativity in four areas of dance: Folk, Jazz, Modern/Creative, and Social/Ballroom. *Lab schedule to follow.*

Lectures: September 8 Introduction  
(Wednesday) *Complete lecture schedule to follow.*

**October 20 Midterm Exam**

**THE FINAL EXAM WILL BE GIVEN DURING EXAM WEEK.**

### **ATTENDANCE:**

- a.) This course is a participation process. You are expected to participate in **ALL** scheduled classes and labs. Your active involvement **is** the course experience. Make-up lab opportunities are not possible.
- b.) Should medical emergency reasons make attendance impossible, please bring a statement from your doctor to the next class. Late assignments will receive a deduction of 20% per day late. Missed exams (written and practical) will receive a grade of zero unless a proven emergency is accepted by the instructor, at which time the student may write an alternate exam with a 20% per day late deduction.
- c.) If intercollegiate events necessitate your being away from class, consult with your instructor well in advance. Alternate assignments may be required to ensure that you receive full benefit from your program.
- d.) An inordinate number of absences (10% or 5 classes/labs) may be reason for denial of permission to write the final exam. This is our department policy. (Also see the Regulations and Policies section of the GPRC calendar.)
- e.) Attendance will be checked in all classes and labs. A student who is present in a lab but unable to participate actively may be given in-class assignments in order to qualify for attendance.
- f.) If a student is injured prior to the withdrawal deadline (Nov. 5) and the injury will preclude participation in the labs for a period of more than one week, that student may be required to withdraw from the course.

**DRESS:** Appropriate apparel for each activity class is expected. As members in the profession of Physical Education, your clean and well-groomed appearance is a necessity. Avoid tight non-stretch clothing like jeans or jean shorts. Also avoid baggy clothing that interferes with proper evaluation of your movements. Suggested clothing is as follows: T-shirts and shorts, or slim-fitting stretch pants, track or gymnastics pants, running or cycling shorts, or dance leotards, unitards, or tights. Required footwear – bare feet for the Modern dance section and jazz oxfords or slippers for all other sections although appropriate dress shoes may be worn for the social dance section. (See map in this handout for the location of Stitch & Lit where you may buy your dance slippers for a 20% discount if you show your GPRC ID card.)

3.

<b>EVALUATION:</b>	Folk Dance	10%
	Modern Dance	25%
	Jazz Dance	15%
	Critique	5%
	Social Dance	10%
	Midterm Written	15%
	Final Written	<u>20%</u>
		100%

**Grading will follow these GPRC approved guidelines as closely as possible:**

<u>Alpha Grade</u>	<u>4-pt Equivalent</u>	<u>Percentage Guidelines</u>	<u>Designation</u>
A+	4.0	90-100	Excellent
A	4.0	85-89	Excellent
A-	3.7	80-84	First Class Standing
B+	3.3	76-79	First Class Standing
B	3.0	73-75	Good
B-	2.7	70-72	Good
C+	2.3	67-69	Satisfactory
C	2.0	64-66	Satisfactory
C-	1.7	60-63	Satisfactory
D+	1.3	55-59	Poor
D	1.0	50-54	Minimal Pass
F	0.0	0-49	Fail

**You are encouraged to buy a blank cassette tape to hand in to the instructor for dubbing of music used in practical testing.**

- Folk Dance: Students will be required to perform 2 folk dances of contrasting styles taught in class.
- Modern Dance: Two assignments will be given. The first, worth 10%, will be an in-class duet performed in the same class as assigned. The second, for 15%, will be a dance choreographed and performed by the student individually.
- Jazz Dance: Student groups will perform a jazz dance sequence learned in class with a portion of their own included. Emphasis will be on technical presentation, choreography, and group cohesion.
- Social Dance: Students will be required to perform three dances, as given in class, with a partner of their choice.

4.

YOU MAY USE THIS SPACE TO KEEP TRACK OF YOUR MARKS THROUGHOUT  
THE TERM:

Folk Dance	/10
Modern Dance	/25
Jazz Dance	/15
Critique	/5
Social Dance	/10
Midterm Written	/15
Final Written	<u>    </u> /20
	/100

## DA 1000 LAB SCHEDULE – FALL 2004

**MONDAYS (all in the gym)**  
**(10:00 – 10:50 am)**

**TUESDAYS & THURSDAYS (labs in L106)**  
**(11:30 am – 1:20 pm)**

### SEPTEMBER

13 Introduction, Locomotor  
and Axial Movement, Stretching  
20 Folk Dance  
27 Folk Dance – practice

14/16 Folk Dance  
21/23 Folk Dance (Test dances)  
28/30 **Folk Dance – TESTING**

### OCTOBER

4 Intro to Modern Dance  
11 NO CLASS (Thanksgiving)  
18 Modern Dance  
25 Jazz Intro

5/7 Modern Dance  
12/14 Modern Dance  
19/21 Modern Dance  
26/28 **Modern Dance – TESTING**

### NOVEMBER

Tues. Nov. 2: PEAK Fall Conference

1 Hip Hop  
8 Jazz Routine  
15 Jazz Routine  
22 **Jazz Dance – TESTING**  
29 Social Dance

-/4 Jazz Routine  
9/- Jazz Routine  
16/18 Intro to Social Dance  
23/25 Social Dance  
30/Dec.2 Social Dance

### DECEMBER

6 Social Dance

7/9 **Social Dance - TESTING**