

**GRANDE PRAIRIE REGIONAL COLLEGE**  
**DA 1550**  
**SOCIAL DANCE ✓**  
**COURSE OUTLINE 1994**

**1. General Information**

Instructor: William Shaw (supervisor - Bethe Goldie)  
Phone 539-7833 - h Office K216  
Phone 539-0333 - w Phone 539-2972 - w

Department of Physical Education & Athletics  
Room K220  
Phone 539-2063

Class Times: Tuesdays, Thursdays 16:00 - 17:20 p.m.  
Room L106

January 4 - April 14, 1994 and Written Final Exam

Credit: 3 credits

Transferability: Equal to DAC 155 - University of Alberta  
Equal to DEAT 279/379 (1.5 credits) University of Calgary  
Equal to PHAC 1215 (1.5 credits) University of Lethbridge

**2. Course Objectives**

1. This is a dance activity course (DAC) that includes the learning of six different ballroom dances: the foxtrot, waltz, tango, cha cha, rumba, and jive. Emphasis will be placed on the acquisition of a few variations for each dance which can then be combined in a variety of ways to form many interesting sequences. Also, each student will be required to demonstrate the unique stylistic and rhythmic components of each dance.
2. Based on the nature of the course, several less apparent goals are sought:
  - a) communication - because of the "social" aspect of the course you will have an opportunity to improve your communication skills;
  - b) performance - the testing situations require that you learn something about your ability to "perform" under some pressure. Unlike lecture type courses where only your professor sees your performance on exams and papers, here you are placed in front of your peers and asked to "show your stuff". Most people experience some amount of fear or anxiety in such circumstances. Here you have the opportunity to learn about how you can deal effectively with these types of "up in front of the group" performance situations;
  - c) learning about learning - more than just learning some ballroom dance skills you have the opportunity to learn about how you learn; visually, auditorily, kinesthetically, through memorization, generalization and concept building. You will experience the value of sharing in enhancing the learning process.

Learning is always a bit of a "risk-taking" adventure and because of the necessity of social interaction and the fact that your performance is "out in the open", learning to dance is perceived by many people as being especially risky.

PLEASE UNDERSTAND THAT MAKING MISTAKES IS AN UNAVOIDABLE PART OF THE LEARNING PROCESS. We will all make many mistakes if we are really trying to challenge ourselves. Deal with them, learn from them, and be patient with yourself and with your partners.

### 3. Resources

Printed materials will be made available by the instructor.

### 4. Evaluation

1.	School figures (man's and lady's)	10%
2.	Resource Kit (Written and Media)	15%
3.	Smooth Dances: Foxtrot, Waltz, and Tango (Danced with a partner of your choice)	15%
4.	Rhythm Dances: Cha Cha, Rumba, and Swing (Danced with a partner of your choice)	15%
5.	Group Instruction (Group teaching assignment, with a partner of your choice)	15%
6.	Mid-Term Exam	15%
7.	Written Final Exam	15%

SPECIFIC DATES WILL BE IDENTIFIED AT THE FIRST CLASS