

DEPARTMENT OF PRACTICAL NURSE AND HEALTH CARE AIDE

COURSE OUTLINE – Winter 2024

HC 1090 AC1/AC2: Consolidated Clinical Placement– 3 (0-0-40) 80 Hours for 2 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:

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OFFICE HOURS:

By Appointment

CALENDAR DESCRIPTION:

Under the direction of a regulated health-care professional and buddied with an unregulated health-care professional, students will work in a variety of health-care settings such as continuing care or acute care, providing person-centred care and support for clients and their families

PREREQUISITE(S)/COREQUISITE:

HC1010, HC1020, HC1030, HC1040, HC1050, HC1060, HC1070 & HC1080

REQUIRED TEXT/RESOURCE MATERIALS:

Alberta Government. (2018, April). Alberta health care aide competency profile.

Retrieved November 9, 2021, from

<https://open.alberta.ca/publications/9781460137253>

Wilk, M. (2022). Sorrentino's Canadian clinical skills: Skills for personal support workers. <https://evolve.elsevier.com>

Wilk, M. (2022). Sorrentino's Canadian textbook for the support worker (5th ed.). Elsevier Inc.

Wilk, M., & Sekhon, N. (2022). Workbook to accompany Sorrentino's Canadian textbook for the support worker (5th ed.). Elsevier Inc.

RECOMMENDED TEXTBOOKS

Murray, L. (2014). Integrating a Palliative Approach: Essentials for Personal Support Workers. Saanichton, BC, Canada: Life and Death Matters.

DELIVERY MODE(S): Clinical

LEARNING OUTCOMES:

1. Use knowledge of growth and development and of structure and function of the human body when providing person-centred care
2. Implement effective time management, decision-making, and problem-solving skills (e.g., prioritization).
3. Apply knowledge of the role of the Health Care Aide (HCA) within the health-care system in these areas.
 - a. Applying legislative knowledge governing the HCA
 - b. Completing daily care plans
 - c. Providing person-centred care
4. Collaborate when working within the collaborative care team to provide person-centred care
5. Consistently demonstrate evidence-informed principles associated with meeting the client's care needs and practices including assisting with activities of daily living and complex skills.
 - a. Range of motion
 - b. Skin care



- c. Wound care
 - d. Nasogastric/gastrostomy tube feeds
 - e. Urinary catheters and drainage systems
 - f. Measuring vital signs, pain, height/weight
 - g. Specimen collection
 - h. Ostomy care
 - i. Respiratory care including oral suctioning
 - j. Medication assistance
6. Consistently maintain the skills required to meet the client's:
- a. Nutritional needs
 - b. Bathing needs
 - c. Mobility needs
 - d. Elimination needs
 - e. Personal hygiene and grooming
 - f. Bed making
7. Utilize effective, assertive communication strategies when:
- a. Providing collaborative person-centred client care
 - b. Using telephone communication
 - c. Using electronic forms of communication (e.g., emails)
 - d. Reporting to members of the collaborative care team, including regulated health-care professionals
8. Implement effective communication strategies in specialized situations.
- a. Speech and language disorders
 - b. Mental health and addictions
 - c. (D) Dementia
 - d. (P&E) End-of-life care
 - e. (CCD) Cultural diversity
9. Perform accurate legal documentation in client records by using:
- a. Approved legal abbreviations
 - b. (IT) Information technology (digital literacy)
10. Demonstrate confidentiality in all interactions
11. Implement safety practices in providing person-centred care through the use of the following:
- a. Proper body mechanics

- b. Positioning and transfer aids
 - c. Restraints
 - d. Appropriate client handling and transfers
 - e. Safe operation of mechanical lifts and other health equipment
 - f. Infection control practices (hand hygiene and cleaning personal protective equipment and other equipment)
 - g. Environmental safety (WHIMIS)
12. Recognize, respond, and report safety hazards to the appropriate member(s) of the collaborative care team
13. (PD) Demonstrate professional growth through self-reflection
- a. Accept and incorporate constructive feedback
 - b. Compare self to HCA competencies

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

EVALUATIONS:

Evaluation	Value	Date
Midterm Evaluation	Successful/Unsuccessful	April 19 th , 2024
Final Evaluation	Successful/Unsuccessful	April 26 th , 2024
CARE Approach Assignment	Complete/Incomplete	April 17 th , 2024
Clinical Reflection Assignment	Complete/Incomplete	April 24 th , 2024

This course follows the Health Care Aide Provincial Curriculum Program Standards and Policies developed by the Government of Alberta.

GRADING CRITERIA:

Alpha Grade	4-Point Equivalence	Descriptor
P	N/A	Pass
F	N/A	Fail

COURSE SCHEDULE/TENTATIVE TIMELINE:

HC1090 can be offered over days, evenings, and weekends according to their assigned buddy's schedule.

STUDENT RESPONSIBILITIES:

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements refer to the Health Care Aide handbook on MyClass or at https://www.nwpolytech.ca/doc.php?d=HCA_HBK

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>

****Note:** all Academic and Administrative policies are available on the same page.

ADDITIONAL INFORMATION:

ATTENDANCE AND PARTICIPATION(CLINICAL):

By the end of each clinical, students are responsible to demonstrate satisfactory performance and competence with each of the learning outcomes outlined in the Clinical Evaluation Tool. Students should consult with their clinical instructor regarding any missed clinical days. Students may be required to make up missed clinical days. To develop proficiency and psychomotor expertise students are encouraged to practice at home or during regularly schedule practice labs.