

# DEPARTMENT OF HUMAN SERVICES COURSE OUTLINE

**HS 1203: Interpersonal Communication in the Workplace** 

INSTRUCTOR: Tanya Ray PHONE: 780-539-2043
OFFICE: H203 E-MAIL: tray@gprc.ab.ca

Monday 1:00 – 3:00

**OFFICE** Tuesday 10:00 - 12:00

**HOURS:** or by appointment

PREREQUISITE(S)/COREQUISITE: HS1000

REQUIRED TEXT/RESOURCE MATERIALS: Adler, R.B., Proctor, R.F.,

Towne, N., and Rolls, J. A. (2008) Looking Out Looking In.

(3rd Canadian ed.). Scarborough, On: Nelson Thomson Learning.

**CALENDAR DESCRIPTION:** This course builds on the interpersonal communication skills from HS1000 and applies them to the development of skills for more complex situations including conflict management and communication in the work environment.

**CREDIT/CONTACT HOURS:** 1 credit (15 hrs)

**DELIVERY MODE(S):** Classes will involve a variety of activities. There will be small group work, class discussions, mini-lectures, and a variety of other activities designed to promote active learning of the course content.

Student participation in learning activities is vital to this course. According to Edgar Dales' (University of Texas) research, we tend to remember 10% of what we read, 20% of what we hear, 30% of what we see, 50% of what we hear and see, 70% of what we say and 90% of what we both say and do.

#### **OBJECTIVES:**

Upon completion of this course, the student will:

- 1. Identify and discuss factors that contribute to a positive or negative communication climate in work settings.
- 2. Apply communication skills to promote a positive communication climate.
- 3. Discuss the significance of conflict in interpersonal and workplace relationships, communication factors that affect it, and methods of dealing with conflicts.
- 4. Demonstrate the use of communication skills to resolve a conflict situation while maintaining a positive communication climate.
- 5. Discuss the role of communication in the workplace.
- 6. Develop knowledge and skills to become productive team members in the workplace.

#### TRANSFERABILITY:

\*\* Grade of D or D+ may not be acceptable for transfer to other postsecondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

#### **GRADING CRITERIA:**

### Assignments and course evaluation

Specific instructions and requirements for the following assignments will be handed out in class.

#### Gibb's Categories

20%

Due: March 25, 2010

Using Gibb's categories of supportive and defensive behaviours, analyze your comments in each of the three scenarios that are provided, both defensive and support. Justify your answers.

#### **Clear Message Format**

20%

Due: April 1, 2010

This assignment is designed to provide students with an opportunity to use assertive communication by using a clear message. Specific instructions and requirements will be given out in class.

# **Working in Groups**

35%

Due: April 15, 2010

This assignment is worth 35% of your course grade. 25% or ¼ will come from the group submission and 75% or ¾ will come from your individual evaluation of the group processes.

The purpose of this assignment is to allow you to work in teams to experience the theory about which you will be exposed to in class. The most important aspect of the assignment is to experience the process of team development and to practice your roles as an effective team member. Knowing and applying the theory of the evolution of groups should help the cohesion and effectiveness of your team.

Quiz 20% Date: April 15, 2010

An exam covering all course content will be given on the last day of class.

#### **Participation**

5%

Participation will be based on attendance, punctuality, participation in group and class activities, participation in class discussions, and even interaction during lectures (e.g. asking clarifying questions, offering illustrative examples, etc.).

Assignments and final grades will be based on the following 4-point grading system: A letter grade of "D" is required to pass this course.

Letter Grade	Numerical Grade	Percentage
A+	4.0	90-100
Α	4.0	85-89
A-	3.7	80- 84
B+	3.3	76-79
В	3.0	73-75
B-	2.7	70-72
C+	2.3	67-69
С	2.0	64-66
C-	1.7	60-63
D+	1.3	55-59
D	1.0	50-54
F	0.0	0-49

**EXAMINATIONS:** There will be one in class quiz.

## STUDENT RESPONSIBILITIES:

Students are advised to familiarize themselves with Grande Prairie Regional College's Academic Regulations regarding Student Conduct as described in the College Calendar.

The following responsibilities are highlighted as they apply directly to classroom climate.

It is your responsibility to arrive on time. Late arrivals are disruptive to classes. If you do arrive late, minimize your disruption of the class by sitting in the first available seat next to the door, taking out your materials quietly and getting to work. Do not disrupt the class by making your way to your usual seat or by asking classmates what you have missed. It disrupts the class's learning as attention is shifted from class content to addressing your needs. Questions asked of the instructor that would have been unnecessary had you arrived on time will not be answered during classes. Learners will be responsible for using course materials to find the information they need.

It is your responsibility to attend all classes. The importance of ATTENDANCE cannot be overemphasized. Learners cannot benefit from active learning strategies if they are not present and the class is denied the participation and input of one of their valued peers. If you must be absent from a class, it is your responsibility to obtain missed material from classmates. If you need further explanation after having reviewed this material, the instructor will be available to you.

It is your responsibility to participate and request clarification. Active participation will facilitate student learning. Student responsibility for requesting clarification reflects the instructor's recognition that students are responsible for their own learning. Only you know when you need help.

**Cell Phones:** Cell phones are disruptive and should only be used in emergency

situations. <u>Texting is NOT allowed during class.</u>

#### STATEMENT ON PLAGIARISM AND CHEATING:

Please refer to pages 48-50 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

# **COURSE SCHEDULE/TENTATIVE TIMELINE:**

DATE	TOPIC	READING	ASSIGNMENT/TEST
Mar 15	Review course outline and		
	assignments		
	Unit One – Workplace culture,		
	climate and communication.		
Mar 17	Unit One – Workplace culture,	Pg. 404-427	
	climate and communication.	Moodle Notes	
Mar 22	Unit One – Responding non-	Pg. 434-449	
	defensively to criticism.	Moodle Notes	
Mar 24	Unit Two – Dealing with	Pg. 454-497	Gibb's Categories
	conflict.	Moodle Notes	
Mar 29	Unit Two – Dealing with	Moodle Notes	
	conflict.		
Mar 31	Unit Two – Dealing with	Moodle Notes	
	conflict.		
Apr 5	Unit Three – Communication	Moodle Notes	Clear Message
	and working in groups		Format
Apr 7	Unit Three – Communication	Moodle Notes	
	and working in groups		
Apr 12	Unit Three – Communication		
	and working in groups		
Apr 14	Exam		Working in Groups
			Exam

Although the instructor feels that all the material in the textbook is important and interesting, **limited class time prevents discussion of all the material covered in the text.** You are responsible for learning textbook material that is not discussed in class.