

Department of Practical Nurse and Health

Care Aide

COURSE OUTLINE – Winter 2024

NP1205: Practical Nursing Theory I – 3 (3-1-0) 60 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:

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OFFICE HOURS:

By appointment

CALENDAR DESCRIPTION: Introduction to self as a learner, practical nursing in Canada, contemporary Canadian healthcare context, foundations of professional nursing, and a caring nursing practice.

NOTE: Available only to Practical Nursing Students

PREREQUISITE(S): None

COREQUISITE(S): NP1500, NP1205, NP1250

REQUIRED TEXT/RESOURCE MATERIALS:

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2019). Canadian fundamentals of nursing (7th ed.). Toronto, ON:Elsevier Canada.

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online

resource. The EAQ will assist students with preparing to write the CPNRE registration exam. This resource will provide students with a 24-month online review/prep course to use as they progress through the PN program.

REQUIRED ONLINE RESOURCES:

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-requisite-skills-and-abilities/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Entry-level competencies for licensed practical nurses*. Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns/>

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). *Competency profile for licensed practical nurses* (5th ed.). Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/competency-profile-for-lpns-5th-edition-complete/>

DELIVERY MODE(S): In person– Lecture and Seminar **LEARNING**

OUTCOMES:

Upon successful completion of NP1205 learners will be able to:

1. Discuss the history of practical nursing in Canada.
2. Describe the current role of practical nurses in Canada.
3. Describe caring and the integration into nursing practice.
4. Reflect on personal beliefs and values and how they influence their learning.
5. Reflect on personal beliefs and values and how they influence caring.
6. Identify concepts of self-care.
7. Identify the role of the regulatory body, professional associations, and nursing unions.
8. Demonstrate various learning strategies.

CLPNA COMPETENCIES:

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferralberta.alberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

EVALUATIONS:

Assignment	Weight	Date	Related Course Learning Outcome
Personal Values Assessment	15%	Week 4	4, 5, 8
Midterm Exam	25%	Week 7: In Person	1, 2, 3, 4, 5, 6, 7
Professional Testament	25%	Week 12	3, 4, 5, 6, 8
Final Exam	35%	Exam Week: In Person	1, 2, 3, 4, 5, 6, 7

1. Personal Values Assessment

The purpose of this assignment is to introduce self-reflection and assessment of personal values and beliefs. Students will reflect on their values that make them who they are today. This will serve as a starting point for the Professional Testament assignment. Students will submit a written reflection of no more than four (4) pages, double spaced, which addresses the following:

- o What values/beliefs do you live by?
- o Which of your values/beliefs do you deem necessary for practical nurses?
- o How do you learn best?
- o What does self-care mean to you?
- o How do you practice self-care?

Use APA 7th edition formatting. Include a title page. First person allowed.

2. Midterm Exam

The midterm exam includes all content covered up to and including Week 7. Question format includes a variety of styles including, but not limited to multiple choice, short answer, long answer, matching, and select all that apply.

3. Professional Testament

The purpose of this assignment is to compare individual values/beliefs with professional values/beliefs. Using the Personal Values Assessment as a starting point, students will compare their personal values/beliefs with the professional standards for practical nursing and the Code of Ethics. Students will submit a written paper of no more than six (6) pages, double spaced, which addresses the following:

- How do your personal values/beliefs align with the professional values/beliefs needed for practical nursing?
- What personal values/beliefs do you plan to uphold and why?
- What additional values/beliefs do you plan to incorporate and why?
- How will the Code of Ethics guide your development as a practical nurse?
- How will you practice self-care throughout the program and into your practice as a practical nurse?
- How do you plan to accommodate your learning style throughout the program and into your practice as a practical nurse?

Use APA 7th edition formatting. Include a title page. First person allowed.

4. Final Exam

The final exam is cumulative and includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to multiple choice, short answer, long answer, matching, and select all that apply.

GRADING CRITERIA

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Grading Chart for courses with Alpha Grading:

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

PROGRESSION CRITERIA

Academic Progression Criteria

A grade of C- is the minimum passing grade for all Practical Nursing courses in the program. For promotion from term to term in the program and for graduation, students must have successfully completed all the required Practical Nursing and non-Practical Nursing courses of the previous term.

A student with a GPA of 1.69 or lower must withdraw from the Practical Nursing program. Readmission to the program is subject to departmental review. Students who withdraw or fail twice from a required practical nursing course will be withdrawn from the program and ineligible for re-admission.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Resources/Readings
1	Self-reflection, personal values and beliefs	OER posted on MyClass
2	Self-care and learning strategies	OER posted on MyClass
3	Health and Wellness	Chapter 1 – Potter and Perry
4	The Canadian Health Care Delivery System Assignment: Personal Values Assessment Due end of week 4 by 1159hrs	Chapter 2 – Potter and Perry

5	The Development of Nursing in Canada	Chapter 3 – Potter and Perry
6	Roles of the Regulatory Body, professional associations, and nursing unions	OER posted on D2L
7	<i>Winter Reading Break</i>	
8	Roles of the Regulatory Body, professional associations, and nursing unions	OER posted on D2L
9	Midterm Exam	
10	Practical Nursing in Canada	Chapter 5 – Potter and Perry
11	Theoretical Foundations of Nursing Practice	Chapter 6 – Potter and Perry
12	Nursing Values and Ethics	Chapter 9 – Potter and Perry
13	Nursing Values and Ethics	Chapter 9 – Potter and Perry
	Professional Testament Due end of Week 13 by 1159hrs	
14	Integration of Caring into Nursing Practice	Case studies
15	Final Exam Review	

*Subject to change

STUDENT RESPONSIBILITIES:

Refer to NWP Academic Policies

<https://www.nwpolytech.ca/about/administration/policies/>

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the NWP Department of Nursing Education & Health Studies PN Student Handbook on myClass.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at

<https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

Late Assignments

To obtain credit in the course ALL assignments, examinations, and knowledge checks must be completed. Students are expected to make every effort to complete assignments on time.

Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time.

For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.