

Department of Practical Nurse and Health Care Aide

COURSE OUTLINE – Fall 2023

NP1250: Health Assessment – 3 (2-0-3) 75 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Paige Machuk	PHONE:	780-835-6609
OFFICE:	TIB 234	E-MAIL:	pmachuk@nwpolytech.ca
OFFICE HOURS:	By appointment		

CALENDAR DESCRIPTION:

Introduction to the nursing process and development of assessment skills.

Incorporates the use of clinical technologies necessary to conduct a thorough health assessment. Focus is on individuals across the lifespan.

Note: Available only to Practical Nursing students

PREREQUISITE(S)/COREQUISITE: NP1500, NP1205, NP1280

REQUIRED TEXT/RESOURCE MATERIALS:

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., & Luctkar-Flude, M (2019). Physical examination and health assessment (4th Canadian ed.). Elsevier

Jarvis, C., Tarlier, D., Van Pelt, L., Labrecque, M., & Newton, L. (2019). Student laboratory manual for physical examination and health assessment (4th Canadian ed.). Elsevier.

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online NCLEX prep resource. The EAQ will assist students with preparing to write the NCLEX-PN registration exam. This resource will provide students with a 24-

month online review/prep course to use as they progress through the PN program.

REQUIRED ONLINE RESOURCES:

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Entry-level competencies for licensed practical nurses*. Author. Retrieved from https://www.clpna.com/wp-content/uploads/2019/08/doc_CCPNR_Entry-Level_Compencies_LPNs_2019E.pdf

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). *Competency profile for licensed practical nurses* (5th ed.). Author. Retrieved from <https://www.clpna.com/members/continuing-competency-program/competency-profile-for-lpns/>

DELIVERY MODE(S): Lecture and Lab

LEARNING OUTCOMES:

Upon successful completion of NP1250 learners will be able to:

1. Describe the nursing process.
2. Demonstrate assessment techniques including subjective and objective data collection, physical assessment, and use of various assessment tools.
3. Identify opportunities for clinical reasoning and clinical judgment during the assessment phase of the nursing process.
4. Apply concepts from anatomy and physiology to health assessments.
5. Identify concepts of client safety and safe nursing practice.
6. Demonstrate professionalism and ethical practice during health assessments.
7. Demonstrate clear and concise documentation of health assessment findings using accurate medical terminology.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

Assignment	Weight	Date	Related Course Learning Outcomes
Online Quizzes	20% (2% each)	Weeks 2, 3, 4, 5, 6, 9, 10, 11, 12, 13,	1, 4, 5,
Midterm Exam	30%	Week 7	1, 4, 5,
Laboratory Participation	10%	Week 14	1, 2, 3, 4, 5, 6, 7
Laboratory OSCE	Pass/Fail	Week 13	1, 2, 3, 4, 5, 6, 7
Final Exam	40%	In Exam Week	1, 4, 5,

1. Online Quizzes

The purpose of the online quizzes is to encourage preparatory reading from the textbook prior to the lecture classes each week. Students will have 1-attempt and 1-hour to complete each quiz. Quizzes will be available on D2L and will open and close at a time specified by instructor prior to lecture each week. Quizzes are completed outside of class time. Students can use their textbooks during the quizzes.

2. Midterm Exam

The midterm exam includes all content covered up to and including Week 7. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

3. Laboratory Participation

Attendance is recorded for each student in each lab. Marks are deducted for missed labs. Should a student have an excusable absence, the student must initiate a replacement lab with the instructor.

4. Laboratory OSCE

The purpose of this assignment is for students to demonstrate a thorough bedside assessment of a hospitalized patient. Students will perform this assessment on a standardized patient as per the steps outlined in Chapter 29 of the Student Laboratory Manual. Students must pass the OSCE to receive credit in the course. Students will have a total of three attempts to pass this OSCE. Remedial work may be required should a student be unsuccessful in an attempt.

5. Final Exam

The final exam is cumulative and includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

Scheduling of the final exam is set by the Registrar's Office.

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit IF your grade is less than C-.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Lab Component	Text Resource
Week 1	Critical Thinking and Evidence-Informed Assessment Assessment Techniques and the Clinical Setting	Introduction to the Laboratory setting and various assessment tools	Chapter 1 Chapter 9
Week 2	General Survey, Measurement, and Vital Signs Quiz	Assessment Techniques General Survey, Measurement, and Vital Signs	Chapter 10

Week 3	Pain Assessment Nutritional Assessment Quiz	General Survey, Measurement, and Vital Signs Pain Assessment Nutritional Assessment	Chapter 11 Chapter 12
Week 4	Skin, Hair, and Nails Head and Neck Quiz	Vital Signs Skin, Hair, and Nails Head and Neck	Chapter 13 Chapter 14
Week 5	Eyes, Ears, Nose, Mouth, and Throat Quiz	Vital Signs Eyes, Ears, Nose, Mouth, and Throat	Chapter 15 Chapter 16 Chapter 17
Week 6	Neurological Quiz	Vital Signs Neurological Midterm	Chapter 25
Week 7	Thorax and Lungs Quiz	Thorax and Lungs Vitals Sign	Chapter 19
Week 8	Heart and Neck Vessels Peripheral Vascular Quiz	Vital Signs Heart and Neck Vessels Peripheral Vascular	Chapter 20 Chapter 21
Week 9	Abdomen Genitourinary Quiz	Vital Signs Abdomen Genitourinary	Chapter 22 Chapter 23 Chapter 26 Chapter 27
Week 10	Musculoskeletal Functional Assessment Quiz	Musculoskeletal Functional Assessment Vital Signs	Chapter 24 Chapter 31
Week 11	Complete Health Assessment Bedside Assessment	Vital Signs Bedside Assessment Head to Toe	Chapter 28 Chapter 29
Week 12	Fall Break		

Week 13	Mental Health Assessment Quiz	OSCE Mental Health Assessment Vitals	Chapter 6
Week 14	Pregnancy	OSCE Repeats as needed Head to Toe Pregnancy Assessment Vitals	Chapter 30
Week 15	Final Exam Review		

****Subject to Change**

STUDENT RESPONSIBILITIES:

Refer to NWP Academic Policies

<https://www.nwpolytech.ca/about/administration/policies/>

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the NWP Department of Nursing Education & Health Studies PN Student Handbook on myClass.

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available

at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.