

Department of Practical Nurse & Health Care Aide

COURSE OUTLINE – Winter 2024

NP2100 (4): Practical Nursing Practice I – 4 (0-2-0-12) 210 Hours in 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

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OFFICE HOURS: By appointment

CALENDAR DESCRIPTION: Introduction to practical nursing practice. Focus is on nursing care of adult clients and their families in a continuing care facility.

Note: Available only to Practical Nursing Students

PREREQUISITE(S)/COREQUISITE: NP1400, NP1410, NP1600, NP1450, NP1480/ NP2110, NP2130, NP2150

REQUIRED TEXT/RESOURCE MATERIALS:

Lewis, S. L., Bucher, L., Heitkemper, M. M., Harding, M. M., Barry, M. A., Lok, J., Tyerman, J., & Goldsworthy, S. (2019). *Medical-Surgical nursing in Canada: assessment and management of clinical problems* (4th Canadian ed.). Toronto, ON: Elsevier.

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities*. Retrieved from [CCPNR Requisite Skills and Abilities - CLPNA](#)

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from [CCPNR-Code-of-Ethics-ENG-FINAL-08-Jun-2023.pdf](#)

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). *Competency profile for licensed practical nurses* (5th ed.). Author. Retrieved from [CCPNR Entry-Level Competencies LPNs-ID-104799.pdf \(clpna.com\)](#)

DELIVERY MODE(S): In-Person Clinical and Seminar

LEARNING OUTCOMES:

Upon successful completion of NP2100 learners will be able to:

1. Demonstrate a caring practice for clients in a continuing care setting.
2. Demonstrate use of various eHealth resources.
3. Apply critical thinking, clinical reasoning, and clinical judgement to care of clients in a continuing care setting.
4. Demonstrate personal and client safety in the clinical setting.
5. Implement the nursing process for the care of a client in a continuing care setting.
6. Perform proper procedure for various clinical nursing skills.
7. Demonstrate self-reflection and evaluate their beginning practice.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

| Assignment | Weight | Date | Related Course Learning Outcome |
|---|------------|----------------|---------------------------------|
| Journal Reflections | Pass/Fail | Weekly | 7 |
| Clinical Research | Pass/Fail | Weekly | 1, 2, 3, 4, 5, 6, 7 |
| Practicum Evaluation Tool (PET) – Midterm | --- | End of week 7 | 1, 2, 3, 4, 5, 6, 7 |
| Practicum Evaluation Tool (PET) – Final | Pass/ Fail | End of week 14 | 1, 2, 3, 4, 5, 6, 7 |

Note: To successfully complete NP2100 and receive credit learners must achieve a Pass on the final Practicum Evaluation.

EVALUATION DESCRIPTIONS:

1. Journal Reflections

In this weekly journal reflection assignment, nursing students are expected to engage in an exploration of their clinical experiences each week based on provided prompts. This reflective practice aims to enhance self-awareness, critical thinking, and the integration of theoretical knowledge into practical situations.

Rubric:

Pass/Fail Reflective Journal Entry Assessment

| Criteria | Pass | Fail |
|--------------------|---|---|
| Reflection Quality | <ul style="list-style-type: none"> • <i>Demonstrates thoughtful reflection.</i> • <i>Provides meaningful insights.</i> | <ul style="list-style-type: none"> ○ <i>Lacks meaningful insights.</i> ○ <i>Fails to demonstrate thoughtful reflection.</i> |
| Self-Awareness | <ul style="list-style-type: none"> • <i>Acknowledges personal biases and emotions.</i> • <i>Recognizes the impact of personal perspectives.</i> | <ul style="list-style-type: none"> ○ <i>Fails to acknowledge personal biases and emotions.</i> ○ <i>Demonstrates little to no self-awareness.</i> |
| Communication | <ul style="list-style-type: none"> • <i>Communicates ideas clearly.</i> • <i>Presents a well-organized reflection.</i> | <ul style="list-style-type: none"> ○ <i>Expression is unclear with errors.</i> ○ <i>Lacks structure and coherence.</i> |

2. Clinical Research

Students will be expected to complete thorough patient research prior to clinical shifts. Research will be submitted to their instructor for review and evaluation.

Rubric:

Clinical Research

| Criteria | Pass | Fail |
|--------------------------|---|---|
| Thoroughness of Research | <ul style="list-style-type: none"> • <i>Demonstrates a comprehensive understanding of the patient's medical history, diagnosis, and relevant care needs.</i> | <ul style="list-style-type: none"> ○ <i>Fails to provide a thorough understanding of the patient's medical history, diagnosis, and care needs.</i> |

| | | |
|----------------------|---|--|
| Clinical Relevance | <ul style="list-style-type: none"> Clearly identifies and prioritizes key information that is relevant to the upcoming clinical shift. | <ul style="list-style-type: none"> Struggles to identify or prioritize information crucial for the upcoming clinical shift. |
| Critical Information | <ul style="list-style-type: none"> Includes essential details such as allergies, current medications, recent procedures, and any significant changes in the patient's condition. | <ul style="list-style-type: none"> Fails to include essential details such as allergies, current medications, recent procedures, or significant changes in the patient's condition. |
| Timeliness | <ul style="list-style-type: none"> Completes patient research in a timely manner, allowing for adequate preparation before the scheduled clinical shift. | <ul style="list-style-type: none"> Submits patient research late or not at all. |

3. Practicum Evaluation Tool (pass/fail)

****Students must receive the level of Progressing (P) or Satisfactory (S) in all sections of the PET (Practicum Evaluation Tool) to pass the clinical course.**

A formative assessment of nursing practice will be completed by the student and instructor midway and at the end of the course. This will be accomplished through observation, assessment, and evaluation of the student in various activities in the clinical setting. Feedback may be supplemented with input from peers, faculty and staff at the clinical site, and the clients/families.

The instructor will provide the students with a summative written final evaluation at the end of the course.

At midterm students who are at risk for failing or receive an Unsatisfactory (U) rating on any section of the PET will develop a Learning Support Plan in collaboration with the clinical instructor. Students must successfully meet the requirements of the Learning Support Plan by the agreed upon date. **At final,**

students must achieve a level of Progressing (P) or Satisfactory (S) in all areas of the PET to successfully complete NP2100.

A copy of the PET is available on the D2L page.

GRADING CRITERIA:

| Alpha Grade | 4-Point Equivalence | Percentage Conversion (unless otherwise specified in the Course Outline) | Descriptor |
|-------------|---------------------|---|------------|
| P | N/A | 50-100 | Pass |
| F | N/A | 0-49 | Fail |

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

COURSE SCHEDULE/TENTATIVE TIMELINE: Each week contains one (1) 12-hour clinical day and a two (2) hours seminar.

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information in this Course Outline and the PN student handbook and to clarify any areas of concern with the instructor. It is also your responsibility to be familiar with NWP Policies. Please take the time to familiarize yourself with the policies that might impact you while you are here:

- NWP Department of Nursing Education & Health Studies Handbook [PN Student Handbook](#)
- NWP Policies: Northwestern Polytechnic administrative/academic policies
- NWP Student Rights & Responsibilities [Students Rights & Responsibilities Policy](#)

Refer to NWP Academic Policies

<https://www.nwpolytech.ca/about/administration/policies/>

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the NWP Department of Practical Nurse & Health Care Aide PN Student Handbook on <https://www.nwpolytech.ca/doc.php?d=PNHBK>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

Fitness to Practice

As health profession students, it is important to assess your individual fitness to practice prior to and during each clinical course as part of your professional responsibility.

Please review the CLPNA Competency Profile.

If you have concerns about your Fitness to Practice, contact your Clinical Instructor.

Clinical practice preparation

Professional responsibility for nursing students includes clinical practice preparation related to evidence-informed practice and patient safety. Preparation includes appropriate understanding, synthesis, and integration of relevant knowledge. The clinical instructor, in conjunction with the clinical site, will identify appropriate timeframes for students to access patient records.

To be adequately prepared for clinical experiences, students will participate in activities outside of their scheduled clinical course hours. Activities can include the following: specific clinical patient preparation, clinical site orientation, medication systems orientation, patient health record review and review of textbook and relevant evidence-informed articles.

Clinical practice preparation is required in addition to direct course hours. Students who are not adequately prepared to provide safe and competent patient care will not participate in clinical activities.

All students and instructors have obligations under the [Alberta Health Information Act \(2020\)](#) and [Alberta Electronic Health Record Regulation \(2018\)](#) related to the safeguarding of a client's personal health information [CLPNA Privacy Document](#).



Students are accountable for ensuring that they follow all relevant privacy legislation and policies and understand the privacy requirements that apply to their nursing practice. Secure access and handling of health information, along with mandatory reporting of potential or actual breaches are required of students and faculty.

Attendance:

Attendance for all lectures, labs, seminar and clinical is required. Absences will jeopardize overall clinical performance and success in the course and may result in a Failure.

Absences from clinical may result in the instructor being unable to effectively evaluate the student's clinical performance resulting in a Fail. Students must achieve the level Progressing (P) or Satisfactory (S) on the Final PET for success in the course.

Required Supplies

Clean NWP scrubs and uniforms as per student handbook.

Appropriate clean indoor footwear, stethoscope, pen, penlight, scissors, watch, and other supplies required as outlined in the student handbook.

Health & Safety Requirements

Students are required to complete all Health and Safety requirements for each clinical course prior to orientation at the clinical site. These requirements are referenced in the NWP Nursing Student handbook. [NWP PN HANDBOOK](#)

Please contact the NWP Nursing office or your instructor as soon as possible should you anticipate any difficulties meeting the deadline.