

Department of Practical Nurse and Health Care Aide

COURSE OUTLINE –Spring 2024

NP2230 (3): Mental Health Nursing Theory – 3 (6-2-0) 60 Hours in 7 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Nicki Rosentreter, LPN	PHONE:	780-539-2716
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OFFICE HOURS:	By appointment		

INSTRUCTOR:	Miranda Retzler, RN, BScN	PHONE:	780-539-2729
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OFFICE HOURS:	By appointment		

CALENDAR DESCRIPTION:

Introduction to practical nursing for mental health clients. Focus is on the promotion of mental health, prevention and management of mental illness, and community resources.

Note: Available only to Practical Nursing Students

PREREQUISITE(S)/COREQUISITE:

PREREQUISITE(S): NP2100, NP2110, NP2130, NP2150

COREQUISITE: NP2250

REQUIRED TEXT/RESOURCE MATERIALS:

Halter, M. J., Pollard, C. L., & Jakubec, S. L. (2019). *Varcarolis's Canadian psychiatric mental health nursing* (2nd ed., Canadian ed.). Elsevier.

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online resource. The EAQ will assist students with preparing to write the CPNRE registration exam. This resource will provide students with a 24-month online review/prep course to use as they progress through the PN program.

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Entry-level competencies for licensed practical nurses*. Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns/>

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). *Competency profile for licensed practical nurses* (5th ed.). Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/competency-profile-for-lpns-5th-edition-complete/>

DELIVERY MODE(S): In person lecture and seminar

LEARNING OUTCOMES:

Upon successful completion of NS2230 learners will be able to:

1. Discuss relationship between mental health and mental illness.
2. Differentiate between acute care, community care, and continuing care settings for mental health clients.
3. Apply concepts of growth and development, anatomy, physiology, pathophysiology, and pharmacology to mental health clients.
4. Discuss prevention and management of mental illness.
5. Identify various community resources for mental health clients.
6. Identify collaborative interdisciplinary practice.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>.

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

EVALUATIONS:

Assignment	Weight	Date Due	Related Course Learning Outcome
Disorder Poster	20%	June 9 at 1159 PM	3,4,5,6
EAQ	15%	June 18 th at 1159 PM	1, 2, 3, 4, 5, 6
Case Study (In-Class)	30%	June 13 th at 1430	3, 4, 5, 6
Final Exam	35%	June 20 th at 1300	1, 2, 3, 4, 5, 6

EVALUATION DESCRIPTIONS:

To pass NP2230, students must complete all assignments and evaluation strategies.

1. Disorder Poster

This assignment is aimed at deepening our understanding of mental health disorders by selecting a specific disorder and creating a poster board presentation. This will explore various facets including description, symptoms, prevalence, etiology, and treatment approaches. This will also be graded on visual presentation and proper APA referencing. The project emphasizes a comprehensive understanding of the chosen disorder to enhance your knowledge and awareness of mental health care.

2. Elsevier Adaptive Quizzing

To be completed on Elsevier EAQ platform. Refer to Appendix A as well as the myClass Course Page for further information.

3. In-Class Case Study Critical Thinking Assignment:

Students will be given a case study assignment and expected to complete it during scheduled class time and will be expected to answer questions based on the information presented in the case study. This case study assignment is to be

administered the same as a course exam. The case study will test the student's ability to think critically about the care of a patient experiencing a mental health disorder. Students are expected to complete this assignment on an individual basis. Student absences from this assignment will be graded as zero. A physician's note will be required for absences due to illness. Any acts of cheating or incidences of academic dishonesty will result in a grade of zero. Any additional material used to complete the case study assignment is at the instructor's discretion.

4. Final Exam

The final exam includes all content covered throughout the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply. See course calendar for date of final exam.

GRADING CRITERIA

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	95-100		C+	2.3	67-69
A	4.0	85-94		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/TENTATIVE TIMELINE:

Week	Topic	Text Resource
Week 1	Mental Health, Mental Illness and Mental Health Nursing	Chapter 1, 2, 3
Week 2	Ethical Responsibilities and Communication	Chapter 7, 9, 10
Week 3	Psychotropic Drugs & Anxiety Related Disorders	Chapter 11, 12

Week 4	Depressive, Bipolar and Schizophrenia Spectrum Disorders	Chapters 13, 14, 15
Week 5	Eating, Feeding, Neurocognitive Disorders and Psychoactive Substance Use	Chapters 16, 17, 18
Week 6	Personality and Sleep-Wake Disorders	Chapters 19, 20
Week 7	Review and Final Exam	

STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN Student Handbook and to clarify any areas of concern with the Instructor. It is also your responsibility to be familiar with NWP Policies.

Please take the time to familiarize yourself with the policies that might impact you while you attend NWP:

- NWP Academic Policies, and Students Rights & Responsibilities:
<https://nwpolytech.ca/about/administration/policies/>
- NWP Practical Nurse Handbook: <https://nwpolytech.ca/doc.php?d=PNHBK>

STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

****Note:** all Academic and Administrative policies are available on the same page.

Additional Information:

Appendix A:

Elsevier Adaptive Quizzing (EAQ) Grading Guide

Total: 10% Grade

The EAQ is an assessment tool that contains exam-style questions and is used to help students both succeed in their courses and to study effectively for the CPNRE. The goal is to achieve mastery through practice. In 2nd year the goal is to achieve a Mastery Level of 2 "Intermediate".



To fulfil the requirements for the EAQ in NP 2230, students will sign into NP 2230 Mental Health GP S24. No marks will be allocated for students not working within this course.

Students are expected to achieve a Mastery Level of Intermediate in each of the assignments posted.

*Note that answering questions correctly will facilitate leveling up more quickly. You can log in as much as you like before the due date.