

**University of Alberta Collaborative Baccalaureate
Nursing Program
with
Grande Prairie Regional College**

Course Outline

NS 1000

**Nursing I
Credits 3(3-0-0)**

Fall 1995

Time: T-R 0800-0920

**Room: F 321 (T)
J202 (R)**

Faculty

Sheila Elliott, R.N., M.N.

Office: H214

Office Phone: 539-2756

Office Hours: Tuesday and Thursday 1000-1130 or by appointment

**Nursing 1000 Lecture A2
Fall 1995**

NS 1000 - Nursing I

3(3-0-0) Introduction to the profession of nursing, including historical perspectives, roles and functions, levels of organization, and models of nursing. Trends in health care systems and nursing in primary health care settings will be addressed.

Course Intent

This survey course is designed to introduce aspects of the discipline of nursing which will evolve into core facets of the program. Caring is seen as an important element in nursing practice. Questions raised in the course include: who are nurses, what do nurses do, how do nurses practice, why do nurses practice the way they do and where do nurses practice. Developing a sense of pride in becoming a nurse will be emphasized.

Course Objectives

The student will be given the opportunity to

1. develop an understanding of nursing as a discipline and a profession.
2. explore the meaning of caring in nursing practice.
3. appreciate the historical development of nursing.
4. understand how nursing knowledge enhances nursing practice.
5. explore factors influencing nursing practice.

REQUIRED TEXTBOOKS

Adam, E. (1991). To be a nurse (2nd ed.). Toronto: W.B. Saunders Company Canada Ltd.

American Psychological Association. (1994). Publication manual of the American Psychological Association (4th ed.). Washington, DC: Author.

DuGas, B.W., & Knor, E. (1995). Nursing foundations: A Canadian Perspective. Scarborough, ON: Appleton & Lange.

Nightingale, F. (1969). Notes on nursing: What it is and what it is not. New York: Dover Publications Inc.

RECOMMENDED TEXTBOOKS

Baumgart, A., & Larsen, J. (1992). Canadian nursing faces the future: Development and change (2nd ed). Toronto: C.V. Mosby,

Canadian Nurses Association. (1991). Code of ethics for nursing. Ottawa, ON: Author.

Kerr, J., & MacPhail, J. (1996). Canadian nursing: Issues and perspectives (3rd ed.). Toronto: C.V. Mosby.

Course Requirements

Preparation for and participation in class discussions.
Completion of all assignments as outlined.

Course Assignments

Assignment #1	Reflective Journal	25%	due September 28, October 26 and November 28
Assignment #2	Nurse Interview	25%	due October 19
Assignment #3	Paper	40%	due December 5
Assignment #4	Participation	10%	due December 7

**NS 1000 - NURSING I
CLASS SCHEDULE**

<u>WEEK</u>		<u>PROPOSED TOPIC</u>	
1	Sept. 7	Introduction to the Course	
2	12 14	Overview of the Canadian Health Care System Health Care Reform	
3	19 21	Primary Health Care Health and Health Promotion	
4	26 28	History of Nursing History of Nursing	Journal due
5	Oct. 3 5	History of Nursing Henderson's Definition of Nursing	
6	10 12	Conceptual Models for Nursing Conceptual Models for Nursing	
7	17 19	Caring Caring	Nurse Interview Paper due
8	24 26	Nursing Research Nursing Research	Journal due
9	Nov. 31 2	Ethical Perspectives of Practice Ethical Perspectives of Practice	
10	7 9	Legal Perspectives of Practice Discussion of Nurse Interview Papers and nursing roles	
11	14 16	Unions and Professional Associations	
12	21 23	Nurses and Political Action	
13	28 30	Health Care Reform Future trends in nursing	Journal due
14	Dec. 5 7	Health Care Reform Wrap-up and Evaluation	Paper due Participation Evaluation due

NURSING 1000 - NURSING I Assignments

All assignments, except when specified, should be typed and follow APA format as outlined in

American Psychological Association. (1994). Publication manual of the American Psychological Association (4th ed.). Washington, DC: Author.

Assignment #1 Reflective Journal

In the next few months you will be faced with many new and different experiences. One way of learning from and integrating these experiences is through journaling. Writing your thoughts and feelings down assists you to identify and clarify them so you can look at them objectively and critically.

In an effort to encourage communication and self-reflection as a means of learning, you will be required to keep a journal through the next thirteen weeks. Entries are to be made twice a week and turned in to the course instructor on days mutually agreed upon. The course instructor will read the journal, make comments and raise questions for your reflection. It will be returned to you for further entries.

Guidelines:

- it may be helpful to keep in mind the new ideas you are being exposed to, and become actively involved in your journal. Rather than using it to record facts, make it a process of self-conversation and self-reflection, related to the experiences you are having.
- your instructor will concentrate on guiding you toward further exploration and self-reflection through written feedback.
- reflect on specific classroom experiences or class material and how those experiences affect you. How are you feeling right now, today about being a nursing student? Be sure to include any questions that come to your mind that you may not have answers for yet.

Evaluation:

The journal will be evaluated on the following criteria:

1. handing in journal punctually with 2 entries per week.
2. level of depth of self-reflection
3. clarity of expressed thoughts

Assignment #2 Nurse Interview

The goal of this experience is to introduce you to the varied roles of nurses. You will be required to identify and interview one nurse currently employed in practice. Any questions or difficulty identifying a nurse to interview should be addressed to the course instructor. A guideline for topics and questions that you should address during the interview is provided.

Part 1 Interview a Nurse

Guidelines:

1. Explore the nurse's view of nursing in the past, present and future.
2. What made them choose nursing? What keeps them in nursing?
3. What type of education program prepared them for practice as a nurse?
4. Where do they work? What types of roles do they have in their practice?
5. How do they demonstrate caring in their practice?
6. What guides the way the nurse practices in the profession?

Part 2 Written report

Write a comprehensive summary of the interview describing the experience and the nurses's views about nursing. Compare what the literature says about caring to what the nurse identified. At least 3 references from the literature should be used. Briefly explain your thoughts or feelings as a result of this experience.

The written paper should be a maximum of 5 pages, format should be APA.

Assignment #3 Scholarly Paper

This assignment is a scholarly paper on any topic related to course content you wish to explore in more depth. Examples of topics include, but are not limited to, roles and functions of nursing, primary health care, the history of nursing, image of nursing, legal or ethical issues, political action in nursing or health care reform. Any questions concerning the paper or the proposed topic should be addressed to the course instructor. The paper should be typed, double-spaced and use APA format. The length of the paper should be a maximum of 8-10 pages.

Assignment #4 Self-Evaluation of Participation **due** December 7, 1995

Each student is expected to complete selected assigned reading and contribute to class discussions.

Although the final decision of grade rests with the course instructor, to encourage development/refinement of skill in self-evaluation, students will provide a proposed grade and a brief rationale (maximum 1 page) to support the grade for this assignment. The evaluation you submit should include your preparation and contribution to class discussions in general.

Marking Criteria

CONTENT Assignment #2 (12 marks), Assignment #3 (25 marks)

detail reflects understanding of topic
 appropriate use of references to support ideas
 critical examination of evidence and observations

STRUCTURE/ORGANIZATION Assignment #2 (6 marks), Assignment #3 (6 marks)

clear introduction and identification of topic
 logical and coherent middle development of paper
 appropriate sequencing and smooth transitions between paragraphs
 relevant conclusion
 appropriate length as requested

STYLE Assignment #2 (4 marks), Assignment #3 (4 marks)

spelling, grammar, choice of words, vocabulary, punctuation.

APA FORMAT Assignment #2 (3 marks), Assignment #3 (5 marks)

appropriate use of headings
 appropriate acknowledgement of sources cited in text
 citations and quotations in text in correct format
 reference list correct format and congruent with text
 evidence of adequate use of a variety of appropriate resources

GRADES

Raw scores from each assignment will be added at the end of the term and converted into a 9 point grading system. This mark will be submitted as the final grade.

9 Point Grading System:

9	90-100%
8	80-89%
7	70-79%
6	65-71%
5	57-64%
4	50-56%
3	45-49%
2	26-44%
1	0-25%

*** In order to obtain credit for this course, students must achieve a minimum grade of 6 or 65%. (Refer to GPRC calendar 1995-1996).**

ACADEMIC GUIDELINES

1. Attendance is encouraged and will be factored into participation grades. Students will be accountable for material covered in any missed classes as well as any announcements made in class.
2. Assignments must be submitted **ON** or **BEFORE** the date they are due. The N.Q.A.(no questions asked) coupon may be used for any assignment. Late assignments will be penalized at a rate of 5% per day. For example, an assignment graded at 75% would be credited 70% after one day late, 65% after two days, etc.

****Students are advised to review the 1995-96 GPRC Calendar for policies on plagiarism and other academic guidelines.**