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GRANDE PRAIRIE REGIONAL COLLEGE
COLLABORATIVE COURSE OUTLINE: NURSING 1030

Nurs 1030 - Growth and Development

*3 (either term, 3-0-0). Focuses on theories of human growth and development and assessment of individuals and families throughout the life span.

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MINIMUM COURSE HOURS:

Classroom: 39

Clinical: 0

Laboratory: 0

COURSE DESCRIPTION:

Introduction to growth and development and its relevance for nursing. Focus is on theories of human growth and development and application of these theories to the assessment (understanding) of physical, cognitive, psychosocial and spiritual development from conception to death. Cultural and individual variations will be explored.

COURSE OBJECTIVES:

1. Identify the principles of psychosocial, physical, cognitive and spiritual growth and development and their relevance to nursing.
2. Identify growth and development assessment tools and explain their application to nursing
3. Discuss the impact of past influences and development on the individual's subsequent development throughout the life span.
4. Describe various theoretical perspectives of the process and nature of human development across the life span.
5. Predict how biological, environmental and lifestyle stressors affect growth and development.
6. Demonstrate an awareness of cultural and individual variations throughout the life span.

COURSE EVALUATION CRITERIA

	Mark
■ A Journal detailing observations of different ages and stages	10%
■ A film critique detailing observations of the older adult	10%
■ Midterm Multiple choice exam	20%
■ Group Presentation based on a family scenario	30%
■ Final exam	30%

STUDENT PROGRESSION CRITERIA

2.

Grading System (9 point grading system)

9	90-100%	Excellent. First class standing.
8	80-89%	Excellent. First class standing.
7	72-79%	Good. Second class standing.
6	65-71%	Pass. Good. Second class standing.
5	57-64%	Pass (Failure for Nursing).
4	50-56%	Pass (Failure for Nursing).
3	45-49%	Failure.
2	26-44%	Failure.
1	0-25%	Failure.

FOR A SUCCESSFUL COMPLETION IN ALL NURSING COURSES, A GRADE OF "6" IS REQUIRED.

REQUIRED TEXTBOOK:

Craig, G. J. (1992). Human development (6th ed.). Englewood Cliffs: NJ: Prentice-Hall.

LEARNING EXPERIENCES AND RESOURCES:

- Field observations
- Introduction to selected assessment tools

REFERENCES:

Backer, B.A., Hannon, N. R. & Russel, N. A. (1994). Death and dying: Understanding and care. (2nd ed.). New York: Delmar Publishers Inc.

***Murray, R. B. & Zentner, J. P. (1993). Nursing assessment & health promotion strategies through the life span. (5th ed.). California: Appleton & Lange.

***Novak, M. (1995). Aging & society: A Canadian reader. Ontario: Nelson Canada.

***Rice F. P. (1995). Human development: A life-span approach. (2nd ed.). New Jersey PrenticeHall Inc.

***Santrock, J. W. (1994). Child development. (6th ed.). Dubuque: W.M.C. Brown & Benchmark.

***** COPY OF EACH TEXT ON RESERVE IN THE LRC*****

NS 1030 Schedule

Date	Topic	Assignment/exam
Jan. 5	Course Introduction: Principles of Growth and Development Research Methods	
Jan. 8-12	Theories of Human Development	
Jan. 15	Introduction to Journals Theories of Human Development (Self-Study Day)	
Jan. 19		
Jan. 22-26	Infant/Toddler	
Jan. 29-Feb. 2	Preschool/School-Age	
Feb. 5-9	Adolescent/Adult	
Feb. 12-16	Middle-Age/Older Adult Review	
Feb. 19 Feb. 23	FAMILY DAY-no class EXAM Family, Lifestyle, Temperament, and Attachment	Midterm exam
Feb. 26-Mar. 1	WINTER BREAK	
Mar. 4 Mar. 8	Introduction to Group Presentation Culture/Hereditry	Journal or Film Critique due March 4
Mar. 11-15	Death and Dying	Journal or Film Critique due March 11
Mar. 18-22	Gender Roles and Sexuality	
Mar. 25 Mar. 29	Family Presentation # 1 Family Presentation # 2, and # 3	Family Presentations
April 1 April 5	Family Presentation # 4 GOOD FRIDAY-no class	Family Presentations
April 8	Last Class Course Evaluation Significance of Growth and Development for Nurses	Take Home Exam
TBA		Final Multiple Choice Exam