



University of Alberta Collaborative BScN Program
 Grande Prairie Regional College
 Keyano College
 Red Deer College
 University of Alberta

DEPARTMENT NURSING EDUCATION AND HEALTH STUDIES

COURSE OUTLINE – WINTER 2019

NS1035 (A3/B3/C3/D3/E3): INTRODUCTION TO NURSING THEORY

6 (3-3-2) 120 HOURS 15 WEEKS

THEORY INSTRUCTORS:	LAB INSTRUCTORS:	
Teresa Evans (A3) B208 Office: H201 Phone: (780) 539-2805 Email: tevans@gprc.ab.ca	Velna Clarke Office: L224 Phone: (780) 539-2897 Email: vclarke@gprc.ab.ca	L1 Labs Monday 1430-1620 J131
Bonnie Hessler (B3) H211 Office: H202 Phone: (780) 539-2757 Email: bhessler@gprc.ab.ca	Jim Wohlgemuth Office: H132 Phone: (780) 539-2709 Email: jwohlgemuth@gprc.ab.ca	L2 Labs Monday 1430-1620 H225
Jim Wohlgemuth (C3) A308 Office: H132 Phone: (780) 539-2709 Email: jwohlgemuth@gprc.ab.ca	Janice King Office: H226 Phone: (780) 539-2914 Email: jaking@gprc.ab.ca	L3 Labs Wednesday 1600-1750 J131
Velna Clarke (D3) B201 Office: L224 Phone: (780) 539-2897 Cell: (780) 217-5566 Email: vclarke@gprc.ab.ca	Kelly McNaught Office: H228 Phone: (780) 539-2028 Email: kmcnaught@gprc.ab.ca	L4 Labs Wednesday 1600-1750 H225
Janice King (E3) A209 Office: H226 Phone: (780) 539-2914 Email: jaking@gprc.ab.ca	Tracy King Office: H213 Phone: (780) 539-2874 Email: tking@gprc.ab.ca	L5 Labs Friday 1430 – 1620 H225

OFFICE HOURS: See individual instructors for office hours

DELIVERY MODE(S):

Lecture/Seminar/Labs

PREREQUISITE(S)/COREQUISITE:

Co-requisites: PZ1515 and NS1055

REQUIRED TEXT/RESOURCE MATERIALS:

Ackley, B.J, Ladwig, G.B., & Flynn Makic, M.B. (2017). Nursing diagnosis handbook: An evidence-based guide to planning care (11th ed.). St. Louis, MO: Elsevier.

American Psychological Association. (2010). Publication manual of the American Psychological Association (6th ed., 3rd printing). Washington, DC: Author.

Balzer-Riley, J. (2017). Communication in nursing (8th ed.). Toronto, ON: Mosby.

Chabner, D.E. (2011). Medical terminology: A short course with online access code (8th ed.) Online Course. St. Louis, MO: Elsevier Saunders. (***Must not be a used book***)

Chow, J., Ateah, C.A., Scott, S.D., Ricci, S.S. & Kyle, T. (2012). Canadian essentials of maternity and pediatric nursing. Philadelphia, PA: Lippincott, Williams & Wilkins.

Lewis, S.L., Bucher, L., Heitkemper, M., Harding, M. (2019). *Medical-surgical nursing in Canada* (4th ed.).Milton, ON: Elsevier.

Potter, P.A., Perry, A.G., Ross-Kerr, J.C., Wood, M.J., Astle, B.J. & Duggleby, W. (2019). Canadian fundamentals of nursing (6th ed.). Toronto, ON: Elsevier Mosby.

SafeMedicate Software at www.safemedicate.net

CALENDAR DESCRIPTION: 6 (3-3-2) UT 120 HOURS 15 WEEKS

Focus is on the basic concepts of the nursing profession and discipline: nursing, person, health and environment. These concepts will be explored within the context of primary health care and changing perspectives of health and how this evolution has impacted the development of the profession of nursing. The philosophical, theoretical, historical, ethical, and legal underpinnings of professional nursing practice will be examined.

LEARNING OUTCOMES:

At the end of this course, the students will be able to describe, understand and articulate nursing history and theories at a novice level. The students will gain an understanding of the nursing process and nursing as a profession and a discipline. They will be able to demonstrate professional communication, self-directed learning, critical thinking and group process skills. The students will be able to identify concepts related to patient centred care, interprofessional practice, global citizenship, health equity and social justice in relation to nursing practice.

COURSE OBJECTIVES:

1. Describe, understand and articulate an understanding of theory related to key patient safety concepts including communication, teamwork, environmental and human factors, safety risks and adverse events disclosure.
2. Describe, understand and articulate an understanding of theory related to patient centred care and interprofessional practice.
3. Describe and discuss nursing as a profession and discipline and be able to identify the role of the nurse in the current Canadian health care system.
4. Demonstrate professional communication in all learning environments.
5. Demonstrate an understanding of the processes of self-directed learning, critical thinking, and group process skills in learning activities.
6. Identify the primary goals and activities of professional nursing organizations at provincial, national, and international levels.
7. Demonstrate an introductory level of understanding related to global citizenship, health equity and social justice as it applies to nursing practice.
8. Integrate knowledge generated from course scenarios, labs and seminars and apply this knowledge to introductory nursing situations.
9. Demonstrate an understanding of the nursing process and apply the nursing process to specific client related situations.
10. Demonstrate communication, teaching and learning strategies.
11. Identify nursing's meta-paradigms and demonstrate an understanding of a nursing model.
12. Demonstrate an introductory understanding of key documents relevant to nurses in Alberta and Canada (Nursing Practice Standards, Entry-to-Practice Competencies, CNA Code of Ethics and Professional Boundaries for Registered Nurses).
13. Demonstrate knowledge of the determinants of health, primary health care, health promotion, and disease prevention in relation to nursing practice.
14. Demonstrate knowledge about nursing history and the changing roles of nurse.

COURSE SCHEDULE/TENTATIVE TIMELINE:

WEEK	PROPOSED TOPICS, ACTIVITIES, ASSIGNMENTS
1 Jan 2 - 4	Theory: Orientation to 1 st year and to NS 1035 (Review Course Outline, Syllabus, expectations) Lab: No labs
2 Jan 7 - 11	Theory: Library Orientation and Orientation to APA Style of Writing; Discuss Nursing History & Social Determinants of Health Lab: Introduction to Labs/Medical Terminology Software
3 Jan 14 - 18	Theory: Brainstorm and Discuss Michelle; Discuss Context Based Learning; Roles of Group Lab: Indigenous Culture Mini Paper Due: Monday September 14th at 0830
4 Jan 21 - 25	Theory: Finish Michelle and Brainstorm Canadian Nursing Practice Lab: NANDA, Nursing Process & Care Plan Part I Medical Terminology Quiz #1 should be completed by Friday January 25th
5 Jan 28–Feb 1	Theory: Finish Canadian Nursing Practice and Brainstorm Megan Lab: NANDA, Nursing Process & Care Plan Part II
6 Feb 4 - 8	Theory: Finish Megan and Brainstorm Spencer Lab: Documenting and Reporting Medical Terminology Quiz #2 should be completed by Friday February 8th
7 Feb 11 - 15	Theory: Finish Spencer/ Exam Review Lab: CFAM History Paper Due Monday February 11th, at 0830
8 Feb 19 - 23	READING WEEK
9 Feb 26 – Mar 1	Lecture: Midterm Exam: Tuesday February 26th 0830 in your regular classroom. /Brainstorm Mark Hofer Lab: Global Health, Culture and Diversity Medical Terminology Quiz #3 should be completed by March 1st
10 Mar 5 - 8	Theory: Finish Mark Hofer and Brainstorm Clarence and Jenny Lab: Oxygenation Medical Terminology Quiz #4 should be completed by March 8th March 5th Last Day to Withdraw with Permission
11 Mar 12 - 15	Theory: Finish Clarence and Jenny and Brainstorm Shannon Lab: Nutritional Needs of the Older Adult Medical Terminology Quiz #5 should be completed by March 15th
12 Mar 18 - 22	Theory: Discuss Shannon; 10 City Blocks Video and Discussion Lab: Windshield Survey
13 Mar 25 - 29	Theory: Finish Shannon and Brainstorm Health Fair Labs: Glucometers and Diabetic Screening Medical Terminology Quiz #6 should be completed by March 29th
14 Apr 1 - 5	Theory: Discuss Health Fair; Exam Review Labs: Medical Terminology Exam in your separate lab times.
15 Apr 8-12	Theory: Guest Speaker/Review class/Final Evaluations Labs: No Labs this week Final Exam During Exam Week April 15 – 26

EVALUATIONS:

EVALUATION:	VALUE:	DUE DATE:
Mini Paper	10%	January 14 th @ 0830
History Paper	25%	February 11 th @ 0830
Midterm Examination	20%	February 26 th @ 0830
Final Examination	20%	During Exam Week
Medical Terminology Exam	10%	Week of April 8 -12 th in your lab time
Individual Performance in Seminar	15%	At the end of the course; will book with your theory tutor

GRADING CRITERIA:

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A⁻	3.7	80 – 84	FIRST CLASS STANDING
B⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B⁻	2.7	70 – 72	
C⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C⁻	1.7	60 – 62	
D⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

Each assignment in the course will be given an alpha grade or a raw score according to the grading criteria for each assignment. Grades for each assignment will be converted into a 4-point equivalent. This number will then be multiplied by the weighting of the assignment to determine a score. The scores for each assignment will be added together for a total score in the course. This total score will then be used to determine the final alpha

grade in the course. If you have any questions or concerns, please see your tutor / instructor for more information.

Students may receive a grade of D or D+ in an assignment, but must have an overall grade of C- to achieve a passing grade in a nursing course. Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

STUDENT RESPONSIBILITIES:

All students must practice in a manner that is consistent with:

- College and Association of Registered Nurses of Alberta. (2013). Entry-to-practice competencies for the registered nurse's profession. Edmonton, AB: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/RN_EntryPracticeCompetencies_May2013.pdf
- College and Association of Registered Nurses of Alberta. (2013). Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses. Edmonton: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/PracticeStandards_CNA_Ethics_2008.pdf

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

**Note: all Academic and Administrative policies are available on the same page. www.gprc.ab.ca/about/administration/policies

TRANSFERABILITY:

Transfer: UA

***Warning:** Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.** Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**